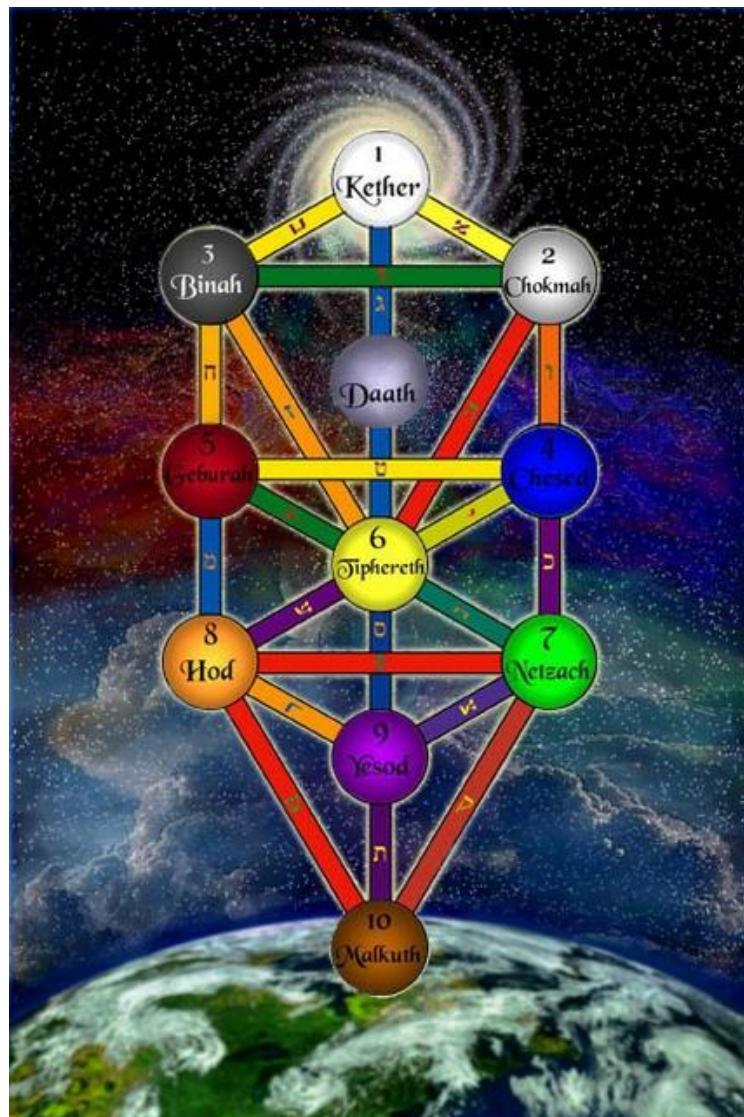


Ten Rules for Spiritual Beginners

By William R. Mistele © 2017



See also:

Undines: Lessons from the Realm of the Water Spirits
Mermaids, Sylphs, Gnomes, and Salamanders: Dialogue with the Kings and Queens of the Elements

Acknowledgements

I want to thank Avaah Blackwell for getting this book going. I had a short essay called *Ten Rules for Spiritual Beginners*. Avaah mentioned to me that she really liked that essay. I told her I would take another look at it. The essay has turned into a book. This is the first draft.

Also, it was Garth Knight's books on Kabbalah that set me off on contemplating the Tree of Life forty five years ago. Living in Tucson, Arizona, every few weeks or so I would go out and sit by myself in the Sonoran Desert and meditate on one of the sephiroth for six or seven hours at a time. It just felt like the right thing to do.

Contents

Acknowledgements

Introduction

Malkuth/the Earth

Yesod/the Moon

Hod/Mercury

Netzach/Venus

Tipareth/the Sun

Gevurah/Mars

Chesed/Jupiter

Binah/Saturn

Chokmah/Uranus

Kether/Neptune

Appendix A: Outline (a brief summary of the book)

Appendix B: A Story: On Becoming a Man or How this Book Might
have Begun

Introduction

Ten Rules for Spiritual Beginners is in the tradition of Garth Knight's *A Practical Guide to Qabalistic Symbolism* in two volumes, Dion Fortune's *Mystical Qabalah*, and William G. Gray's *The Ladder of Lights*.

My version is intended to be more playful and user friendly. It draws heavily on over forty years of practicing Franz Bardon's training system. And its intent is to focus on how magical training interfaces with our daily lives.

The basic idea is that life in practical matters—relationships, career, solving problems, and even how we dream at night—is magical in every aspect. Put simply, magic is the study of how to make the best choices in life.

We all begin some place--in a specific location, family, education, career opportunities, friends, and relationships. It seems to me any serious study of meditation should address these things.

All the same, this book is also a travel guide to life. There is so much to explore in life with its incredible challenges, nearly impossible conflicts to resolve, and, at the same time, with its immense wealth of wisdom to draw upon.

Because I have had opportunities to study with a vast array of masters from many traditions, I sometimes think of myself as a spiritual anthropologist. That is, I try to distill and then extract from each tradition those teachings that are universal in nature. With this outlook, I am primarily interested in exercises that anyone can learn without having to adopt the doctrines, beliefs, or cultural orientation in which these practices originated.

The ten rules are based on the ten sephiroth of the Tree of Life as presented in Kabbalah. I am a gentile drawing upon the mystical

tradition of the Jews that has been expropriated by the Western hermetic tradition. All the same, the beauty of the Franz Bardon tradition is that you are taught to make direct contact with the spirits of nature and of the various planetary spheres associated with the sephiroth of Kabbalah.

In a sense, a kabbalistic magician and a spiritual anthropologist step outside of all human traditions. The idea is to encounter the spiritual worlds through firsthand experience and ultimately to find the greater universe reflected within yourself.

This may sound complicated but it is not. I am simply a part of a community of those who seek to love with all their heart, soul, mind, and strength. In the end, love requires a marriage with wisdom, power, justice, and knowledge. This marriage of love you will see again and again repeated throughout this book.

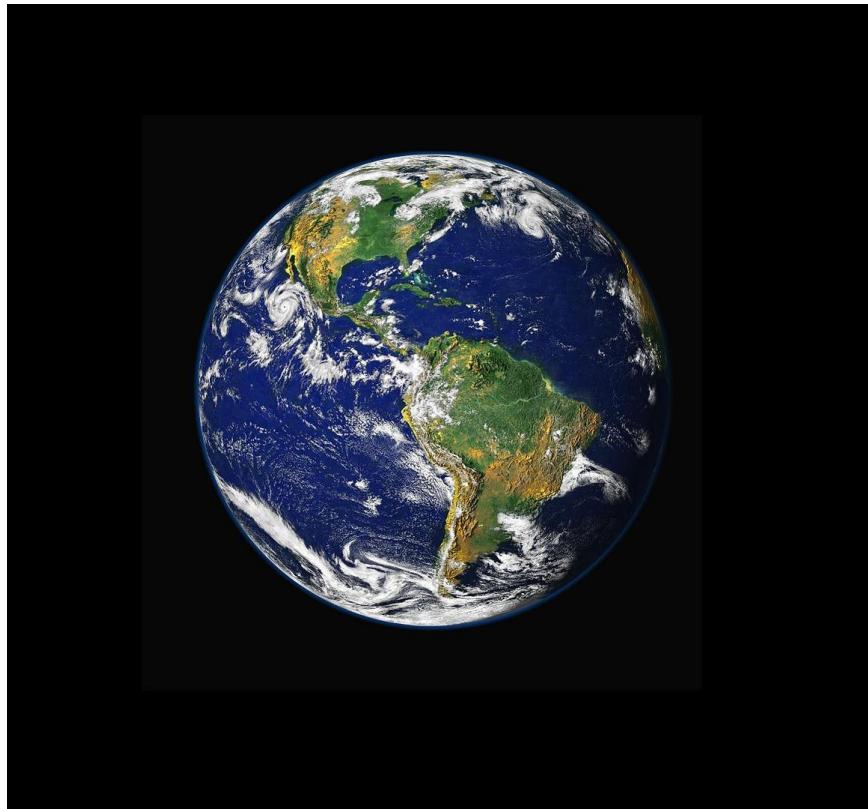
Writing this book has been a very joyful experience. It brings back many memories. In the book, I am simply recounting the best of what I have learned and wish to share with others.

I should also note that in Tarot there are the four suits of cups, wands, swords, and pentacles. Under what I call, *Common Virtues*, I am exploring just one of these four suits in each sephiroth--the cups or water element.

This emphasis comes from the spiritual anthropologist in me. When I study humanity, it seems that by comparison to the will of fire, the knowledge of air, and the productivity of earth that the human race knows next to nothing about the water element with its pure innocence, its super human empathy, and endless ability to give all of itself in each moment.

In the end, this book's value is determined by the extent to which you find something here that enriches your life.

Rule 10. Malkuth: The Kingdom; the earth--our physical world.



Virtue—discrimination, experience, adaptability, survival instinct, productivity, usefulness, adaptability, conscientious, thorough, will to succeed, self-confidence, self-determination, independence, reliable, solid, stable, and endurance.

Vice—rigid, complacent, phlegmatic, inert, insecure, anxious, herd mentality, eccentric, aberrant, stuck, greedy, self-centered, menacing, grim, feeling abandoned, without a home.

Challenge: Get a life. Find something worth doing that is right for you and totally captivating. With the onset of puberty, your hormonal system throws everything it has at you to get you to engage the world. Fail to

fully engage the world and you lose the opportunity to make this world a home.

Note: If you are here in this world wearing a human body, then the prime directive that overrides all other considerations is that you are free to choose for yourself what you wish to do with your life. Other considerations may weigh heavily upon you, but in the end, it is your life to live.

But to actually discover for yourself your best choices in life? Well, that may take you on a journey through all the sephiroth.

Magical Practice: Life is short. Make every effort not to get bogged down--

Part I: Carefully observe your routines and seize opportunities as they occur to improve on what you are doing.

Turning your life into a story worth telling is a supreme accomplishment.

Part II: Body Awareness

Without a physical body, you are not here in this world. You are somewhere else and in that place things like history, nationality, race, social status, social and religious affiliations—none of these carry any weight.

Therefore, make a point of keeping your body healthy. Stick around. There is so much going on in this world here and now.

Keep in mind one of life's greatest secrets—she is full of surprises. For one version of developing awareness of your body, see my essay—Body Awareness: <http://williammistle.com/body1.htm>

Common Virtue: a feeling of well-being and of being at home in this world.



Think of “well-being” as the feeling that enables us to fully accept and appreciate the world in which we live. With it, there is a sense that underlying all of our outer world actions we are participating in life as it unfolds with harmony and beauty. And there is a sense that life is protective, sheltering, and fulfilling.

For example, people with high well-being feel that things in life happen naturally when they are ready to happen; the best in life will come to us spontaneously; the present does not proceed from the past and move into the future. Rather, the past, present, and future are part of the same landscape of time where all events are interconnected and interwoven.

If something important is lost earlier on in life, it can be found again at a later point. Even relationships do not end. The life within them carries on in other relationships.

Well-being, with its sense of life unfolding naturally, borders on the mystical. When this feeling comes to you, stop everything you are doing and focus on it. It is a gift, an appreciation and celebration of the beauty of the world that surrounds us.

Frank Waters sums up this sense of well-being in his book, *Pumpkin Seed Point*. During a long and lonely winter while studying with the Hopi Indians in Arizona, he wrote:

Yet sometimes I awake in the silence of the night with an intuitive feeling of its mysterious context. At these moments of utter peace I feel absolved from the necessity of hurrying through space to reach a point in time ... for time seems then a living, organic element that mysteriously helps to fashion our own shape and growth

Adrift in a sea of motionless time, we come to realize there are worlds enough for becoming ourselves.

Magical Virtue: A quiet ecstasy.



Gnomes (the elemental beings of the earth element) are those beings who are most at home in the physical world. They consider matter itself to be spiritual and they are continuously seeking to shape and to transform it, raising its vibration and adding soul and mind to its nature.

Gnomes possess a quiet ecstasy. Whatever they are working at, they are doing it with all of their heart. For gnomes, a unit of time is measured in terms of when they began and then completed a project. Time is defined from within.

Take a few moments and switch out of human time and into geological time. Imagine you are a mountain, a boulder, a stone, a tree, or a valley.

Feeling rock solid, enduring, and persevering are themselves divine virtues.

Tips

Part I: The physical world is where you will learn the most. It has the highest learning curve of any realm because we are constantly presented with conflicts, with the need to overcome our limitations, and with the struggle to survive.

The physical world offers support for all spiritual actions. As I mentioned, without a physical body, you are not in this world but rather on the astral plane or some other realm. The physical body also has immense powers hidden within it.

Think of your body as a mirror that reflects the entire universe with all its dynamic and creative powers. Find this reflection within yourself.

Part II: As described by one mermaid queen, human beings live in a world of sorrow and loss. Survival is always in question and our world is governed by the principle of scarcity.

There is never enough food, shelter, land, resources, education, justice, freedom, opportunity, etc. Even love and affection are treated as scarce commodities. You have to “win” another’s affection and trust. Love is subject to negotiation, bribes, coercion, and often obtained and sustained by fantasy, lies, and deception.

Or, to put it a different way, if you wanted to design a planet on which you would encounter the greatest challenges and have the greatest opportunities to transform yourself, then this is it. The prime directive overriding all other prime directive is that on earth you not only get to decide what you wish to be.

Like the human race itself, you are free to choose your own destiny. To this end, you are required to discover, imagine, conceive, and create the spiritual resources by which you transform yourself and through which you are reborn.

Mysteries

Part I: Matter contains immense energy that you will not find in any spiritual realm. You can do things here—like Tesla inventing the electric motor using alternating current making the next century a completely different world.

You bring souls into this world through sex and parenting. You can also leave a legacy that enriches the lives of vast numbers of people.

In the physical world is hidden the philosopher's stone. The philosopher's stone is the refinement, integration, and perfection of all energies underlying nature. It can be attained through discoveries in microbiology, chemistry, or through sheer meditation.

And comparable in mystery to the philosopher's stone is sex magic. Polar energies combining, the full power of the masculine spirit united with the full power of the feminine spirit—this glory and act of creation is far easier to experience in a dream or to attain on the inner planes. But here in the physical plane and within physical bodies you are able to unleash creative powers that can change the entire world. The astral and higher planes know nothing of this level of creativity.

In fact, all spiritual ideals, knowledge, and wisdom are able to manifest in the physical world so that their reality can be easily experienced and shared with others. And here you can create spiritual communities that go on enriching the world for thousands of years.

Part II: The 360 spirits of the earthzone relate to each degree of the zodiac. As the sun moves through each degree during the day and night, each spirit for four minutes shares its aura and inspiration with the entire world. These spirits oversee and specialize in almost every area of human science, culture, and evolution.

Though they are extremely diverse, they also share something in common. They are all oriented to manifesting something, making something real, taking the spiritual world and wrapping it in form and matter to produce works of enduring value that enrich the world.

To align your spiritual consciousness with the planet earth, think in terms of changing yourself, your situation, the environment, or the world. This requires concentration, study, commitment, and acquiring experience and mastery in some area. If you work at something and employ a high learning curve, you master your area of specialty and then with ease you accomplish your objectives.

A conversation with one of these spirits involves answering certain questions: “Are you perfectly clear about what you want? Are you willing to acquire the experience you need in order to accomplish your objectives? Are you willing to do the work? Are you willing to become like one of us, for we embody an absolute commitment; we are ever vigilant; we are tireless; we take nothing for granted; and there is no end to our love when it comes to protecting, sheltering, nurturing, and perfecting life on earth.”

Sayings of Earthzone Spirits

For those who are unprepared or insincere, silence is a country whose borders are guarded by nightmares, terror, and whirlwinds of despair. But those who cross over and explore these unknown lands find wealth beyond compare.

Master silence and you will have channels of communication that open to all realms. You will be able to commune with any spiritual being. You will understand the meaning when a spirit speaks.

You will discover there is nothing within you that you need deny or fear. All desires become clear. Silence is where dreams originate, visions are born, and passions enter to be transformed.

--Alosom

Note: For my book on 25 Earthzone Spirits, see
<http://williammistle.com/book3.htm>

Rule 9: Yesod, the Moon, the Foundation; the astral plane and inner harmony with the universe.

Virtue: Independence, inner strength, depth of feeling, soul awareness, innocence, happiness, satisfaction, contentment, inner peace, and being in harmony with your biorhythms.

Vice: Idleness, complacency, moody, depression, addictions, obsessions, guilt, shame, jaded, promiscuous, devouring, insatiable, self-deception, in denial, mentally unstable, paranoid.

Challenge: You get to discover for yourself what it is to be fully alive—what it is that makes you happy, content, and at peace with the universe. And so if you sense that something is missing from life, then you are free to search for it, find it, and share this wonder with others.

Consider: all spiritual quests begin with the maiden, for she gives all of herself to the thing she loves without holding back, without fear or hesitation, without restraint or limitation. This requires receptivity, openness, a willingness to unite, and an innocence that responds to the present moment without being shaped by the past.

The opposite of this is to feel that the world owes you. The implication is that you have the right to take what has been kept from you. The world owes you exactly nothing.

It is true that the astral plane is very giving. It offers elemental energies that nurture our souls the way food, water, and sunlight provide energy

that keeps us alive in physical bodies. Without the astral plane, when we die we would be dead. There would be nothing left since there would be nothing to sustain souls and keep them alive.

Explore life. Satisfy your desires but as Saturn, rule 3, will insist: Discover your deepest lessons in life and then take the time and effort to learn them.

What you become is your own creation. Create something of wonder and beauty.

Magical Practice:

Part I: The power of dreaming--In manifesting something, imagine the future as if what you want is completely real right now in this moment.

Checklist: For example, describe yourself the way you want to be in the future:

Talk about your relationships to friends and family (as they are “now” in the future).

Talk about the flow of your daily life.

Describe your energy level and the effects of this meditation on other people.

Consider what you will have learned from practicing this meditation for five minutes every other day. This includes what you have added to the meditation and ways you have modified it.

Have conversations with people in the future that you want to actually have happen.

Look back from the future and see the changes and new experiences you have gone through in getting there.

Review your responses to opposing energy and situations.

Imagine using this meditation in immediately dissolving opposing energies and overcoming difficult situations.

Have someone give you feedback on the vibration and quality of your meditation.

Put simply, if you dream your dream as real adding depth, imagination, and power to it, then the world will also fall in love with it and do all it can to assist you in becoming fulfilled.

Part II: The Five Senses

Make it a lifelong practice to explore your five senses—there is no end to their revelations, their wisdom, and the power of their transformations.

How? Study your five senses as if your sensory perceptions are new, unknown, and extremely important to you. Set aside time to do this with the goal of discovering what it is to feel fully alive.

Feeling alive is found in the combination of physical sensations (from perception) and the feelings they generate.

Concentrating on the five senses enables your mind to more fully engage the physical world. On some level, you signed up for this trip into physical existence. You are not getting your money's worth unless you embrace your journey and are one hundred per cent here.

*For my essay on the five senses, see
<http://williamrmistele.com/uploads/fivesensepractice.pdf>*

Common Virtue: contentment and inner peace with the universe



The moon said to me last night, “A wise man will not exist until he has internal stillness to perceive directly that he is himself a reflection of the

universe. Find all things in yourself—the cloud, the rain, the stone, the forest and seas, the sun and moon, the stars and constellations; and in every person you meet greet yourself in another form.”

And this got me thinking, What if caregivers had that ability with water—to spend an hour gazing at a lake so that when you look at them afterwards you see the beauty of the universe shining from their face?

What if he could gaze upon a river or a stream so that in his soul he knew how to totally let go and flow, to feel in any moment should be please peace and release? What if she could gaze upon the sea so that the oceans of the earth became the vibration at the core of her being?

Swami Rama once said, “Contentment is the greatest wealth on earth.” A lunar spirit once said to me, “The greatest treasure in all the earth is a woman who loves a man with all of her heart.”

In Yesod/Moon, we encounter the depths of feeling within us. To feel requires we be receptive. To explore the depths of feeling within us, we will need to put aside at some point our egos, our identities, and the conventional ways to look upon the world.

To feel is to be open with our whole being to what is before us. What is it to be open with our whole being to life, to the world, and to the universe? Life has all these things within it: love and also hate; joy and also sorrow; pleasure and also pain; ecstasy and also agony; union and also abandonment.

To touch life with tenderness; to sense the wonder, awe, and beauty that surrounds us. In certain moments, an inner peace wells up from within us. Cherish such moments. Recall and remember them. Gaze upon them until they become as the stars that fill the night sky with beauty and light.

Exercise: Relax. Inhale. Exhale. And now find a place in your soul in this moment so that you feel an absolute contentment or a peace that arises from an inner oneness with the universe.

The Beautiful Park (from Ronda Starkey)



Introduction: Some people experience entering a beautiful park after they die. This park is an actual location on the astral plane that exists independent of our imagination. It is like an astral kingdom. It exists to help people let go of the life they have left behind and to move on.

But you do not have to die to experience it. You can imagine it and also enter it now through meditation.

Meditation: Relax. Now imagine you are in a beautiful park. Except here the colors are far more vivid than anything we experience in our world. The blue of the sky has twenty or more shades of color. The clouds are so soft and real it is like you can reach out and touch them or climb up on one, lie down on it, and float along in the sky.

The songs of birds are enchanting. They sing to you that whatever you may have ever lost is now returning to you and found again.

The flowers are exquisite in form and beauty. The scent of a flower is like sipping a wine that is full of mirth, joy, and play.

And if you touch a tree, placing your hand on its bark, it feels as if you are touching the body of a woman. And like a woman you love, the tree invites you to become one, to share with each other the innermost feelings and dreams within your souls.

There are no heavy feelings here. Your body feels nearly weightless. And though it would not even occur to you, if you thought about it you would notice there is also no fear here, no need to strive in order to survive and nothing that threatens you. You feel absolute safe, secure, and filled with a wonderful sense of well-being.

When you breathe, you do not breathe in air but light itself that flows through your body. And the sunlight touching your skin is a healing caress, rejuvenating and granting you the vigor and exhilaration of youth.

It is as if the divine world has created this park as a way to feel what is so rarely felt while being alive—that nature is not just out there but it is also within you and with this perception you also feel welling up from inside an inner peace with the universe.

Here a great harmony embraces all things. Discord and conflict have been transformed into beauty and wonder. Woven into the park is the soft sound of a magnificent symphony. And if you listen carefully you might hear a voice gently saying, “What you experience here is an act of

creation. All that you sense and feel is not just found inside of you. It is within your power to create as well at any time and in whatever world you dwell.

Note: I wrote about an individual encountering this park in one of my stories from *Stories of Magic and Enchantment*.

The Knight and a Mermaid

(from the book, *Magic and Enchantment*)



The year is 1307. The Church, in great treachery and malice, seeks to destroy all of the Knights Templar throughout Europe. A few manage to escape.

The knight gazes upon his own body lying next to a small stream in a green field at the edge of a mountain cliff. He turns and looks at a young woman sitting next to him.

He says to her, “I am dead and you are an angel.”

She replies, “You are not dead and I am not an angel.”

He looks about himself at the hills, the trees, the stream, the forest, the sky and clouds. He says, “Each thing here shines with its own inner light. The colors here are a thousand times brighter and clearer than they are in my world.”

“I have heard others say those same words,” she replies.

The knight responds, “And you—the light within you flows through me even as this stream. This is a very unusual dream.”

“It is not a dream,” she says calmly.

The knight goes on, “It is like you and the stream are the same energy, the same being. And you and I are also the same energy, the same being.

“Tell me, child of the mysteries, in what world, in what reality does beauty such as this exist? Tell me so that when I awaken in my body I may make it my life quest to find this place again, to find you again that we might be even as we are now.”

“You are a human being,” she replies. “I am from a race that by God’s grace does not require spoken words to express feelings, does not need medicine in order to heal, and we do not require passion or compassion in order to love.

“But you must speak words to express yourself and what you feel. Speak aloud now what you sense this place to be. Speak, so that when you return to yourself you will know this is not a dream and you will remember everything you have heard and seen.”

The knight says,

The stream begins
Where the clouds drift
Enfolding the hills in mist
Moisture so thick
The waters run wild
Dancing in the rain like a child
The current, the pulse, the flow,
Here are secrets only love knows—
How to be one with another's soul.

Knight: "Will you speak to me again? Will you come to me and guide me? Will you be to me even as you are now, part of my own being?"

She replies, "As the sky is a part of the stream, and the earth, and the valley; as the stream nurtures all things, even so I shall be a part of your soul. Forever free, in love and in beauty, as one stream our lives shall unfold."

Magical Virtue: The water element.



If you simply imagine you are water you may change your brain waves so you can say, "I am pure and I purify. I am soothing, relaxing, and releasing. I am flowing, embracing, blending, and uniting. Infinite in adaptability, there is no end to my receptivity.

"I am renewing, rejuvenating, and endless in giving. I reveal what is missing in others' lives so they can feel fully alive. My love is everywhere. I am even there in the empty space between the stars."

No wisdom religion or wisdom tradition on earth has figured out how to teach this. Elemental love revealed through the water element in nature is what is missing from the human conscience. Its absence is why people feel half dead, numb inside, and why they are so aggressive, wasteful, and take such risks in order to feel alive.

Tips: Others can give you pointers, hints, and even visions of what is hidden inside of yourself or missing from your life. But they cannot fill in for those things. You can partner up with others and also work as a team. But you cannot lay claim to another or possess someone in order to feel whole and complete. That is self-deception.

Understand every aspect, detail, history, fiber and nuance of desire. For those who do not accept themselves, the body is not a temple--it is a trap which is used to cage and enslave the spirit.

Mysteries: The Astral Plane

The astral plane, which has strong ties to Yesod/Moon, is like a realm of dreams. The energy is thick and rich. Every feeling you can feel, every dream that can be made real, everything that comes to be—first it must pass through this place before it can manifest.

Magic is in the air—like in a lucid dream, think of something and it instantly appears. Any attraction or repulsion you can imagine is instantly expressed through concrete situations wrapped in vivid colors, images, and dynamic interactions.

Souls are here. Some are departed and some are not yet born. There is a vast array of creatures and spirits in every form. And the beings of the

four elements dwell here as well. They have many things to teach us and so many stories to tell.

Being here feels exactly like being in the physical world except there are few limitations. There is no time and so there is no history that restricts or binds. You are not forced to learn things in order to survive.

Busy or idle, playful or sober, you can pick any mood, express any feeling you want, taste any bliss, make ecstasy your dish. You are free except you are indeed limited by your soul's vibration—which is to say your imagination is inscribe with its own karma—heavy or light, dwelling in darkness or the light—it is you yourself that illuminates your own path here on the Other Side.

The astral plane is often downplayed and considered “inferior.” But the astral plane contains the energies that make us feel fully alive and that are the source of inspiration and motivation that drive us toward our ideals and sustain our core values.

The four elements on the astral plane that enable us to feel fully alive are an electrifying enthusiasm, excitement, and conviction; pure innocence, endless giving, and perfect receptivity; the quiet ecstasy of doing what you love most with all of your heart; and the thrill of discovery and wonder—that the unknown universe is revealing itself as ever new in each moment we are alive.

These four astral elements of fire, water, earth, and air compose the conscience. The conscience enables us to feel whole and complete. Without all four elements present, we will miss countless opportunities and only be partly alive.

Charlie Brown and Lucy



Charlie: Tell me about the astral plane.

Lucy: Five cents.

Charlie: Okay. Here.

Lucy: I will keep this short and to the point. When you meditate on the astral plane you will definitely want to explore its various aspects. First of all, the astral plane is where the dead reside and those not yet born.

Do you know anything about this Charlie?

Charlie: My grandfather appears to me in a dream from time to time. He asks about how the family is doing and if we need anything.

Lucy: Very good Charlie. There is also the beautiful park many people enter when they die. And there is the life review in which you sit with a group of counselors and relive every moment of your life.

Now then, the astral plane is also the domain of the four elemental kingdoms. There are nature spirits who have close contact with the elements of earth, air, fire, and water in our world. Do you know anything about nature spirits Charlie?

Charlie: Sure, the genie in the movie *Aladdin* was a jinn, a fire elemental. They are very powerful. And one of every four women on Kauai says she is a mermaid. But a real mermaid can often tell you about your future like the girl in the movie, *Lady in the Water*.

Lucy: The nature spirits are also masters of aspects of the soul human beings have not yet explored or discovered. The air spirits, sylphs, possess immense harmony and embody freedom. The mermaids are love and possess an innocence beyond human understanding. The gnomes possess inner silence and work as if nothing else exists but completing the task they have started even if it takes centuries or millennia. And the fire spirits, the salamanders, see everything as an expression of will and seek a fire that has no need of external support to sustain its power.

You will want to enter and/or find each of these domains within yourself if you wish to become fully human instead of the carbon copy, half dead zombie humans we see all around us.

Charlie: Sure thing Lucy. What else?

Lucy: The astral plane is where tomorrow already exists today. The image and energy that tomorrow will be is sitting there on the astral plane doing a dress rehearsal for manifesting and becoming reality. Anyone who is “spiritual” will want to meditate on this aspect of the astral plane to insure that their life flows harmoniously and smoothly into the immediate future rather than encountering unexpected and unpleasant experiences. Do you know this Charlie?

Charlie: Once a year I wake up in a dream and I am in the future. I look around and try to remember what I see memorizing every detail even if I don’t understand what is there. That is how I knew about iPods and smart phones—I saw people using them though I didn’t understand at the time what they were.

Lucy: Simply meditate on the astral plane, attune your mind to what shall be, and think “harmonious and smooth transitions.”

Now then, the next thing about the astral is that there are all manner of creatures on the astral, an entire bestiary of beings—there are unicorns and dragons, giants and medusas, gorgons and harpies, banshees and

werewolves, etc. Anything you can imagine shows up there in some form because astral forms are not constrained by physical reality.

They are possibilities of the heart and of the energy within the soul not just of human beings but many other races of creatures as well. There are the Siddhe and the various Buddhist, Hindu, Islam, Christian, Indian and other heavens where people will find themselves when they die--according to their beliefs that is what they will see with their eyes.

Charlie: What about ghosts?

Lucy: And then there is the “lower” astral. Here are found lost souls, those who have died traumatically and who cling to the life they left behind even though the physical world has changed and not a trace of their memory remains. And here are larva and phantoms—creatures created by emotional or sexual excitement and obsessive compulsions.

Charlie: And demons?

Lucy: Well, it goes without saying there are demons. But there are lower and higher demons as well. The higher demons don’t give a damn about taking possession of just anyone’s soul. No, they want high class souls that possess various siddhis or remarkable skills and persuasion and force of personality to serve them. They assign these unfortunate souls various tasks such as deceiving people who are still alive.

The demons are like the mob—you have the ordinary pimps and drug dealers and then you have the professionals who run the big operations. But demons often have to come down to earth to learn from human beings about how to upgrade their skills as demons. No demon could have imagined doing what the CEO of Monsanto is going—Hugh Grant—in compromising and poisoning the entire food supply of the human race or unleashing the radiation of Fukushima to destroy an entire ocean.

Charlie: That is about all my ram memory can hold just now Lucy.

Lucy: Just one more thing Charlie. Astral immorality.

Charlie: What is that?

Lucy: Well, if you fall in love with nature in some aspect so it becomes a part of your soul you attain astral immorality like the elemental beings in their four realms. Then the original purity and force of your emotional life does not deteriorate either when you die or when you are alive. You are like nature—you are in a billion year time frame with the level of your receptivity and creativity.

Charlie: This astral immortality thing is not in the traditional textbooks on the history of esoteric practices.

Lucy: No human gurus and magicians ignore the obvious. But if you meditate on the astral plane and enter the four elemental domains you will learn astral immortality in no time.

Sayings of Spirits of the Sphere of the Moon

In this place

Time pauses from its relentless pace

To show another face--

The union where opposites embrace.

--Ebvep

I ask Ebvep, "Tell me about the matrix of life?"

He replies, "To understand the evolution of your species, you must first find inner peace. You have been fighters and warriors since the beginning striving to survive, to sleep, and to eat. Yet even in the beginning long before the dawn of civilization the wonder of being alive seized members of your race and granted them a taste of cosmic peace.

"Having laid his traps, the hunter waits with his spear on his lap for the sun to rise. Even amid the struggle to survive, he beholds the beauty of the skies. The stars are his companions and the wind

is the breath of his mistress. The hills, valleys, rivers, and forests are the contours of her body. The fruits, herbs, and animals are the nourishing pleasure of her breasts.

"He perceives so clearly what you in your time do not see--that nature and the universe and the soul of a human being freely intermingle. They absorb and transform each other. They are one joy.

"Tinkering, capturing, testing, probing, designing, and producing--your civilization takes a small sip of the bliss which surges through the matrix supporting your existence. You only survey and measure a tiny part of the fields of force which regulate your lives.

"And though you still hunt and struggle to survive, your wars are more professional, your tactics more conceptual. You no longer listen to the pulse of your heart and the rhythm of your breath as you wait in the dark to see if your longing shall be satisfied at dawn. You no longer nourish and guard your hunger like a fire you must keep alive in order to stay warm. You no longer track your desire to its habitation in a wilderness of the unknown.

"And so you no longer perceive the wonder of the world. Its mystery does not flow through you. Its pleasure does not fall upon you. Its beauty does not take you into its arms.

"Consciousness can map the structure, write the formulas, theorize, and apply new technologies. But consciousness can also encompass and unite with the vibratory fields on all planes and levels of the object or the life which you would know. The matrix of life is a oneness encompassing all the parts it enfolds. But this oneness is not impersonal and cold. It is in fact wild and exuberant, ecstatic and intoxicating.

*Note: For my write up on Ebvep, see:
<http://williammistle.com/ebvep.html>*

Also on Emrudue: <http://williammistle.com/emrudue.html>

Rule 8: Hod, Glory; Mercury; the quest for truth and knowledge and the ability to solve any problem.

Blessed are those whose minds are as open and clear as the sky, for their peace shall be as a sea that has no shores and as a stream that flows from the dawn of time to the ends of eternity.

Virtue: Alert, assertive, truthful, clear, brilliant, objective, concise, to the point, a judicial temperament, tolerance for ambiguity, convincing, persuasive, engaging, captivating, curious, and communicative.

Vice: Dull, dishonest, insipid, shallow, superficial, narrow-minded, intolerant, argumentative, opinionated, pessimistic, attached to ideologies, overly mental, rude, secretive, passive-aggressive, facetious.

Challenge: The mind inherently is as open and vast as the sky, as detached and clear as a mirror, and it has the ability to solve any problem that exists. Find this mind within yourself and live your life free of confusion and doubt.

Magical Practice:

Learn to perceive without thoughts intervening. This is the foundation of all magical traditions. This requires that you learn to stop your thoughts and, fully alert, sit in silence as you observe.

Note: Franz Bardon and others have a practice similar to Raja Yoga in which the student practices having an empty mind free of thoughts.

Carlos Castaneda in writing about the Yaqui sorcerer, Dan Juan, dramatized a similar idea of “stopping the world.”

The first time I encountered this practice was back in 1972 when I was living in a Tibetan Buddhist monastery. The Tibetan priest was annoyed with one of his students who talked too much. So he told him to go into the temple and meditate for seven hours on the Tibetan sound of “Ah”

which he was also to visualize in its Tibetan script. This sound/mantra relates to the throat chakra.

In that moment, I saw one of the differences between East and West. I had many relatives who experience no difficulty in concentrating for seven hours on solving a problem in engineering or business. But here was the first time I realize you can take any symbol, any ideal, any feeling, or contemplative concept or insight and focus your mind on this inner experience for seven hours.

Soon after that, I moved to Tucson, Arizona. As I mentioned previously, I often went out into the Senora Desert and meditated for seven hours one by one on each sephiroth of the Tree of Life in the Kabbalah.

Common Virtue: Vivaciousness



Synonyms for vivacious are scintillating, sparkling, animated, effervescent, cheerful, bubbling, upbeat, high-spirited, full of life, lively, etc.

Part I: Answer the question: What feeling (what aspect of the water element) brings fully to life our interactions with others?

Of course, you can easily see this in some young women. They are like sparkling, bubbly champagne. They bring with them a feeling of being alive and free. They are applied happiness, sweet and inviting.

Okay. That is fine. But there is a great mystery here. I see this as an amateur photographer. I will have in front of me a model who won the beauty contest for her country. I put her in front of the camera, not as a photographer but as a spiritual anthropologist. I want to understand human nature. And if I get the photo I want I will have capture that microsecond when the spirit within the girl, her deeper, inner self appears.

But then with the supermodel before me I find only one face—all smiley and happy. That is nice for commercials and beauty contests but it is not what I am after. I want to find the woman who reveals herself when she is in a state of perfect trust with another.

Sometimes I can find this inner woman. And then there are other women. They are so uninhibited and giving that they reveal themselves in a unique and different way in each moment.

This is observable. I have 35 pictures of a woman in which she appears as a different woman in each photo. She sent five photos of herself to an agent. The agent wrote back, “There are nice pictures. But which one is you?”

Vivacious, scintillating, effervescent—it is observable, a study of social linguistics, non-verbal body language, and vocal pitch and intonation.

One individual has perhaps maybe ten observable non-verbal responses in any thirty seconds: the fullness of the lips, the tension in the facial muscles, the eye movements and expressions of the chin, and turning of the head. And many of these are repeated in the next few minutes.

Like actors in Hollywood, they have ten or twelve facial gestures, a shoulder shrug, a smile, and a way of responding that they repeat in movie after movie. It is almost as if it does not matter what movie these actors are in. They walk into the studio, get in front of the camera, and

then speak a few lines. Their stage presence and charisma carries the audience, not their acting.

And then you have these genuine vivacious individuals who are fully alive in each moment. And because they respond to you with not ten or twelve but thirty to a hundred different non-verbal responses some of which they create just for you, what they have inside makes you also feel fully alive in the present moment.

They are like water. In each moment, it is new, adapting, changing, and revealing itself according to the situation it enters without regard to what may have gone before or what is to come next. Alive, they purify and refresh. Their effervescence gets inside of you and make you too feel new.

Part II: The Exact Way To Tell When You Are With A Mermaid Woman



Slightly outside of human experience are mermaids. Unlike human women who embody all five elements, incarnated mermaids embody the one element of water in their auras. How do you distinguish a mermaid woman from a human woman?

Once you know what to look for it is impossible to miss.

She is like the snow at the North Pole—it can sit there for ten thousand or ten million years and still remember the tropical forest that was once there—she is water: that nubile fertility of pure receptivity never disappears.

It is in the way she receives your energy. There is no rip tide pulling you to where you do not want to go; there is no undertow pulling you down so you have to struggle to keep your footing on solid ground; there is no tsunami pushing you back with that muddy, choppy tumbling of emotional jealousy or angry demanding. She has no ego, no fear; the desire to take from you never appears. It is impossible for her to feel neglected—she has no human needs; she already feels complete.

When with her you feel like you are the sun and she is ice. She willingly melts in the presence of your energy because that is the nature of her beauty. She gives freely without attachment to form or identity.

You feel like you are the sun and she is the sea—without difficulty, she absorbs your heat (your desires, everything you can imagine or dream). The warmth she radiates at night, her very being testifies to your presence in her life.

There is more.

When you are with her, you feel like she is a stream and that you are gravity--every single movement she makes is shaped by your presence. Do not take my word on this. Observe a stream. Memorize its sound, touch, scent, taste, and the way it feels as it flows around your body. And then look at her face as you speak: there is not a trace of distraction. A streambed is not more a part of a stream—gentleness, tenderness, affection—there is a feeling of letting go into the flow--that the two of you have become one soul.

She may look, talk, and act human, but I will tell you this: once you discover that this way of being exists, when you experience it again it is impossible to miss.

In summary, her face has that grace, a gift to us like the North Atlantic Current. There is the silent peace of the ocean trench; the warm sensuality of a wave breaking on a tropical beach; and the pristine purity of an iceberg breaking free from a glacial plain at the edge of the Arctic Sea. You may not be able to see or feel these things, but when you leave her presence you may well sense for the first time that you are only half alive.

We all have mermaids and mermen inside of ourselves. The whole point of the ten rules and the ten sephiroth of the Tree of Life is that the greater universe is reflected inside of us. Work with some of the water meditations in this book. Celebrate the universe!

Magical Virtue:

1. Learn to argue both side of any position with equal clarity and enthusiasm. Make this a lifelong ambition. That is, before you take a position, make sure you understand the strengths and weaknesses of opposing points of view.

This involves developing a judicial temperament that can tolerate ambiguity. You weigh evidence and consider case studies without the need to form an opinion in advance. To do this you will need to learn to think others' thoughts without bias or prejudice. Police negotiators, screenplay writers, mediators, and genuine scientists are constantly practicing this.

2. Contemplation is being able to hold before your gaze all aspects of a situation without having to use thoughts to analyze or evaluate. This process generates insight into not only the patterns and organization of what is presented to you. It gives you a sense of what is hidden from view—what is behind and underneath what you are observing.

Tips: Beware the super ego. The super ego is the socially accepted norms, attitudes, opinions, and conclusions that are assumed to be true. Check facts for yourself. Draw your own conclusions.

Assumptions and things taken for granted are usually quite difficult to bring into consciousness. It often takes a black swan effect, some very unusual event of great consequence, to make us aware that our beliefs were poorly construed.

The easiest way to overcome the superego is to practice active listening. Have you talked to someone who believes that anyone who does not agree with him is less than human? How about a religious fanatic or psychologist who feels he or she has access to the absolute truth? Or maybe just a friend who is confused?

You can still carry on a conversation without being drawn into the vortex of their narrowminded prejudice or confusion. Simply give the other person your full, undivided attention. Listen and paraphrase back to the other the cognitive content of what is said and separately how they feel about what they are saying.

You are not agreeing with them. You are acting a mirror that reflects with great accuracy their thoughts and feelings. And you are giving them the kind of attention perhaps no one has ever given them before in their lives.

Practicing active listening you are perceiving without thoughts intervening. You are not thinking anything at all. You are just one hundred per cent present, clear, and detached.

All the same, active listening does not work with someone who is committed to being negative. The negative person will not be satisfied until you are drowning in confusion or hatred the way he is.

For clearing your personal space of negativity, see Rule 3: Saturn.

Mysteries: Language and the Spoken Word

I was somewhat frustrated one day as I sat and listened to a Tibetan lama explaining the nature of the void. These masters of meditation had just lost their entire country because they did not understand how to apply their wisdom when confronting a modern ideology.

Communism is based on the Hegelian dialectic. Whether you are Karl Marx or Hegel, conflict is seen as having an internal dialectic. And

whether you agree or not with Hegel and Marx's theories, all the same their entire systems of thought are derived from observation—thoughts inevitably appear in our consciousness because those thoughts summarize dynamic actions in the world that surround us.

Shortly after my brief stint in a Tibetan monastery, I studied and obtained a master's degree in linguistics. Here too there is an emphasis on observable phenomena:

In any act of communication, meaning is composed of three things: 1. What is intended by the one speaking. 2. What is the actual meaning of what is expressed. 3. And what is understood by the listener, the one who receives the message.

The point is that if you cannot tie what is being discussed into something observable or based on experience, then for all practical purposes no communication has taken place.

It is not just Tibetans. What is the meaning of the doctrine of the trinity or for that matter—purgatory? If there is no evidence for these theological doctrines in the New Testament, then what are these theologians doing—are they making something up out of thin air as if theology is now a matter of who can write the most beautiful and convincing fiction?

The reason why people invent doctrines and ideologies is that they want to control other people—they want their money; they want to control their minds and beliefs; and they want their emotional loyalty. It is like why do they build these magnificent cathedrals when the people remain uneducated and are starving? Because they want to capture people's attention and command their actions.

I have a friend who has no patience for small talk about the weather or the simple acknowledgement in “How are you?” I explained to her that you have to understand what is occurring. People live extremely fragile lives. They are surrounded by the unknown and desperately need reassurance. And so they talk to each other about the weather and engage in small talk that is called phatic communication (a nonreferential use of language to share feelings or establish a mood of sociability).

But underneath this small talk what they are actually saying is, “You are okay and I am okay. We are going to make it at least for another day.” Without that constant validating of each other and the repeated reassurance that life is understandable and normal, there is a terrifying sense of some unknown threat lurking just outside consciousness. So I told her—“Don’t mess with people’s need to feel secure and affirmed.”

People fall in love with words. On Oahu in Hawaii, a blond teenager is beaten up by his classmates because he is not local. But over the summer he learns the local dialect of pigeon English. School starts again in the fall and he is accepted as being local—the sounds of words he speaks override the perception that he has white skin and blond hair.

And people fall in love with ideas. Scientific theories sometimes are only replaced when the authorities who sponsored those theories die out and are replaced by younger scientists. Ideas seem to have a survival instinct. They fight with opposing ideas to see which can attain supremacy.

Actually, ideas are more like tools. You pick up the hammer or the screw driver to fix something and then you put it back on the wall in the garage or in the toolbox. You do not worship the idea or attach yourself to it as if any change in the ideas is a change in your self-image or identity. You use ideas. You do not become slaves to them.

What does Hod/Mercury emphasize when it comes to using language and ideas? Perception precedes thought or ideas derive from observation—ideas summarize, integrate, and clarify our experience. If we let ideas shape what we can feel and perceive, then we lose contact with the world around us and with life. And that is how you lose your country or the political polls can be completely off.

One practice I work with clarifies feelings by first focusing on body sensations and then thoughts arise as a result of those perceptions. You do not think first in order to solve a problem. You feel first and then find ideas that accurately reflect what you are feeling.

See my essay on focusing: body based language:
<http://williammistle.com/focusing.html>

Another problem relating to using ideas rather than perception is related to mega disasters such as Fukushima, Japan where three nuclear reactors in this moment are in full core meltdown. The CEOs of Tokyo Electric and of GE that sold Japan these doomsday machines lack what I call graphic imagination that is necessary in order to accurately foresee the consequences of their actions. They cannot see or sense the future with any clarity. They can only think about the future in statistical terms and in terms of financial considerations heavily weighted toward short term gain.

In general, human beings lack the presence of water (feeling and empathy). The water element, among other things, gives an individual that sense in which if you think about something, then you are there with it right now. If you think about the future, you are in the future the way you are in the present as you sense on an intuitive level the possible outcomes as if you are living them right now.

This is what Greenspan and Saddam Hussein and the newscasters at CNN and elsewhere lack. It is not just that they cannot think both sides of a position with equal clarity and enthusiasm. Their thinking operates without genuine feeling. They cannot imagine something happening that is outside of their comfort zone or in contradiction to the thoughts they hold dear.

Kabbalah and the Spoken Word

In the fables written about magicians, the mage who knows the magical name of a dragon or spirit has power over that creature or being. He can bind it by his will to serve his purposes. In the fantasy story, *Wizard of Earthsea*, by Ursula LeGuin, the wizard Ged, as a young mage, inadvertently allows an unknown entity to enter our world due to an ill-conceived magical experiment.

This entity had no name and it seeks to strip Ged of his will--that is, to disrupt the integrity and reduce the power of his mind and self-awareness.

In the end, Ged confronts this being and discovers it is not alien to his own nature but part of him. During his journey, however, in a typical

manner, Ged demonstrates his authority over dragons by speaking their magical names. Basically, what he is doing in using this form of magic is saying to the dragon, “I understand and am one with what is at the core of your being--you cannot act against me without destroying yourself in the process.”

But one dragon had no fear of Earthsea magicians. He quite willingly allowed his magical name to be widely known. The reason is that the sources of inspiration and energy that animate his spirit are beyond the wisdom and magical arts of that civilization. The power of the spoken word requires that, more than a mystic, we be one with the mystery we seek to comprehend. At times, this requires that we put aside our human perspectives and perceive what we are dealing with from within a cosmic dimension.

This story from fantasy plays upon a theme at the core of Western magical tradition: the power of the spoken word and the magical act of naming. Yet in occult lore this power of naming is often expressed in the most obscure esoteric terminology and symbolism. It invites scholarship rather than experimentation and direct experience.

All the same, regardless of Western esoteric history, at some point and when they are ready, the Creator gets around to teaching his children how to create.

See Franz Bardon's, *The Key to the True Kabbalah*. Bardon has twenty seven “letters” which are words of power or simply the building blocks that make up anything that has been created. You put them in motion through a trained concentration uniting a color vibration, note of sound, and an elemental sensation. See also

<http://williamistle.com/letter.html>

The letters are, after all, not just the words of power by which Creator creates the universe and also that all higher spirits use when fulfilling divine purposes. They are the essence of all love, wisdom, power, and embody everything that can ever become manifest. They are the building of time, space, matter, energy, and spirit too.

However, they are obviously also all around us in every moment. Put simply, as you walk around or look out the window, there is the blue

sky—of the enlightened mind—free of all attachment, encompassing everything in its all-embracing wisdom.

This is Kabbalah. Words carry more than literal meaning and the orthodox interpretations our religions teach us. A word is an act of creation as in “Let there be light” and there was light.

Here are a few “letters” of this divine language that create from out of nothing and a little entertaining dialogue to go with them. A council of angels convenes to meet with the Creator in order to get a few hints as to how to solve some of the difficulties they are encountering in trying to work with human beings.

Letter A is enlightened mind
Behold its presence
As the light blue sky
Open and clear
It is always near
Artistic, sensitive
The sylphs roam here

And the Creator, who sits upon a throne that exists neither in space nor in time but rather is beyond, asks, “Did I not create the blue sky?”

And the angel replies, “Yes, you did.”

And the Creator asks, “Why did I do so? I could have left above the earth darkness and clouds of dust and ash, or else impenetrable mists of dissolving acids.”

And the angel replies, “You created the sky by day so that in one single glance men might see that regardless of the raging storms of life, regardless of being surrounded by death on all sides, and regardless of the horrors that pursue them from the moment they are born, the mind itself is open, pure, and clear.”

“Is that it?” asks the Creator with a tone of voice implying the angel is missing the main point.

And angel, good at improvisation, replies, “And, in contemplating the sky that embodies freedom and the enlightened mind, there shall come a time when each man shall find the universe reflected inside of him.”

And the Creator asks, “Did I not create the sky by night filled with countless stars?”

And the angel replies, “Yes.”

And the Creator asks, “Why?”

And the angel replies, “So that in one single glance men might perceive that the mind is infinite.”

The Creator says, “And?”

The angel replies, “And if they persist in contemplation, perceiving without thoughts intervening, they shall sense a great stillness embracing the universe in which the beginnings and ends of all things are united in peace and harmony.

.....

Letter M is the sea
Blue green,
Watery, fluid, cool,
Blissful ecstasy
Ask any mermaid
She will tell you—
“Love is everywhere,
It is the reason I exist,
It is what I am.”

And the Creator asks, “Did I not create the oceans and the seas encircling the earth?”

And the angel says, “Yes, you did.”

And the Creator asks, “Why do you suppose I did so? I mean, I could have placed the earth outside the goldilocks zone so that it was either too hot or too cold to have liquid water on its surface encircling the planet.”

And the angel says, “So that in one single glance men might behold in front of them extending from horizon to horizon a love that has nurtured life on earth for billions of years. In its very essence it gives without asking for anything in return. All embracing and with infinite receptivity, it seeks to fulfill any being’s deepest dreams and the visions hidden within their hearts.”

And the Creator asks, “How is that going?”

And the angel replies, “Not good. They glance a lot at the sea but the love that it embodies is not yet one of their discoveries.”

And the Creator asks, “Why do you suppose that is?”

And the angel replies, “When they can create love through force of concentration so that it emanates from their own bodies filling the space around them for miles, then truly they will awaken and perceive that the oceans of the earth and the sun that shines down upon it emanate a love that extends to the ends of the universe.”

.....

Letter U is the void

That contains all the stars at night

It is the mother

Of all enlightened beings

It is open, empty,

Free of all form, image,

Vibration, substance,

Or any kind of energy

Letter U will show you

The original source of your being
And if you like
It will set you or any other free
Of any obsession, false attachment,
Dark passion, or anyone's evil intention.

And the Creator asks, “Why did I create a void so empty the density is less than one hydrogen atom per cubic meter and the temperature is just above absolute zero?”

And the angel responds, “So that any intelligent being in one glance at this darkness that lies between the stars might comprehend what it is to be absolutely and totally receptive--to be consciousness without form or image, without space or time to give it definition.”

The Creator says, “And?”

The angel replies, “And, in that moment of complete detachment, to perceive the infinite possibilities that surround us. In so doing, to create something worthy, something glorious and magnificent filled with awe and wonder, as a small token of appreciation for the beauty of the universe in which we exist.

The Creator asks, “Anything else going on here with this void?”

And angel replies, “Yes. When things go wrong each being that possesses intelligence and consciousness might know how to return to the beginning and in so doing to restore life to what it is meant to be.”

Socrates said, “Know yourself.” According to the Kabbalah, the only way to truly know yourself is to find the universe inside yourself.

And this too about language and mystery: Consider the state of mind in which there is faith, conviction, and certainty that there is a solution to any problem, a resolution to any conflict, and the means to accomplish any mission.

More important than clarity of thought is the will to solve problems. If you first determine you are going to accomplish something, then you can search for the ideas that assist you in doing so. Clear ideas by themselves will change nothing unless people act on them.

Note: For my essays on the letters A, M, and U see:

<http://williammistle.com/a2.htm>

<http://williammistle.com/m.html>

<http://williammistle.com/u1.htm>

and also my book for the cosmic letter U: The Perfection of Wisdom:
<http://williammistle.com/perfectionofwisdom.pdf>

A Few Sayings of Spirits of the Sphere of Mercury

What is like unto God?

What breath can express His Presence?

Whose voice can sing His songs?

What created thing reflects His Essence?

What image captures He form?

What priest or sage can measure His mystery?

What prophet or mage can comprehend His plans?

Is there an artist anywhere in the universe,

A sculptor whose hands are so skilled,

He can create beauty like unto the beauty

The Creator creates on a billion billion worlds?

Can the creature ever understand the Creator?

This wonder is at the heart of the universe—

A pageantry like no other,

A drama of immense suspense.

Wisdom, power, and magic play only supporting parts.

I impart faith, conviction, and the perfection of will

That divine love might appear on earth.

By Vehuiah—First Spirit of the Sphere of Mercury

Note: For my write ups on a few spirits of Mercury see:

<http://williammistle.com/achaiah.html>

and

<http://williammistle.com/nithnew.htm>

Rule 7: Netzach, Victory, Venus; poise, charm, charisma, force and integration of the personality, stage presence, personal attraction, magnetism, and self-expression.

Here is found a secret only lovers know—how to become one with another's soul.

To have another by your side who is with you and who feels all that you feel—is this not the greatest mystery of life?

The greatest wealth in all the world is a woman who loves a man with all of her heart.

In four days, he gave me a lifetime, a universe, and made the separate parts of me into a whole.

--From Bridges of Madison County

Virtue: Genuine, unselfishness, empathy, mastery of one's personal life. Beauty that draws together and harmonizes all aspects of oneself.

Vice: Lustful, selfish, deceitful, fake, jealous, entangled, entrapment, codependent.

Challenge: Find someone or something you love with all your heart, soul, mind, and strength. You will never meet the person you are meant to be until you love with this capacity.

Relate to others in an attractive, magnetic, and engaging manner. In Malkuth (rule 10), we are challenged to engage life with passion. In Yesod (rule 9), our challenge is to engage life with depth of feeling. In Hod (rule 8), we add clarity to passion and feeling. These three previous sephiroth are united in Netzach/Venus where we bring into harmony body, soul, and mind.

Magical Practice: *Get your life together. Know where you have been, who you are now, and where you want to go. Examples:*

The inner teaching of Protestant Christianity (you know, he Protestant Ethic): *Great faith and conviction in themselves change the world. Focus from within on the divine and there will always be a path set before to fulfill the deepest purposes of life.*

Tony Robbins: *Make an intensive scrutiny of where you are and what your goals are. Then focus a hundred per cent of yourself on laying hold of those goals and making them real.*

Silva Mind Control: *Picture in your mind a specific problem. Move that picture to the side and picture the problem solved. Move this second picture to the side. Now make a third picture of yourself in the future when this problem no longer exists.*

Ira Progoff—Intensive Journal as “Life Review:” *Review what for you have been the major stages of your life. Note the boundaries that mark the beginning and end of those stages.*

Now note the inner feeling you had during those stages. Find an image or accurate description of what was going on inside of you. Compare the outer world events of each stage with your inner life. Notice when your inner and outer worlds were in sync and flowed together and when they had no link or were in conflict.

Work up to the present with this process. This enables you to see your life and yourself with both detachment and with compassion. At this

point, with trust in yourself and an inner sense of strength, you can now move forward into the next stage of your life which stands open before you.

To summarize the process of acquiring an integrated personality, bring together your body, soul, and mind so they are in harmony. Treat each with respect. Unite them so you attain your greatest strength.

For more on the integration of the personality, see my essay on McKee Psychology: <http://williammistle.com/mckee.htm>

Common Virtue: Magnetic Love

Love is secret sharing heart to heart.

Magnetic love is holding another within your heart. It is caring for another as if the other person is part of yourself.

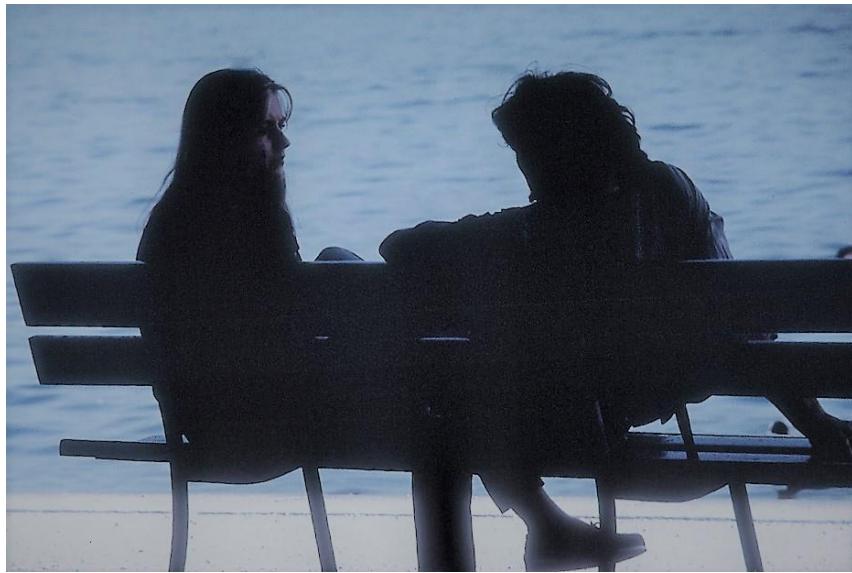
Magnetic love is a feeling and it is also an energy. It is a magnetic field you extend to yourself that surrounds and is within another. As a magnetic field, it holds together, embraces, and unites with the other person.

It dreams the other's dream as if that dream is one's own. In doing so, it creates a sacred space in which two become one. It is a sharing, but this sharing also includes everything the other person is and everything you are.

We can approach magnetic love by asking a question—What is that feeling that best enables two people to express affection and sympathy for each other, to bond, and attain the deepest intimacy?

If you imagine what it is you want in a relationship, the closeness and depth of sharing with another, then you are exploring the beauty and tenderness of magnetic love.

Magical Virtue: Empathy.



To perceive another as yourself is to destroy all that limits the body, soul, heart, and mind. Time and space dissolve in the presence of such perception. All spiritual realms open their gates and welcome you. All races of beings come to consider you as one of their own.

And if you persist in this practice, every creature that exists becomes your friend; when you speak, it is not another person's voice they hear in their ears but their own voice that rises from the core of their being.

I knew a therapist who, when all else fails in a counseling situation, he imagines he is the other person. Invariably, that gives him the insight he needs and also it enhances rapport. People suddenly feel connected to you. I think that may have been the first I heard about someone using this technique other than in magical training. Here is one version of this practice.

You imagine you are inside of another person's body sitting as that person sits. You imagine that you are speaking with the other's voice and using the other's body language. Going further, you imagine thinking the other's thoughts, possessing the other's memories, seeing through the other's eyes, and feeling the other's feelings. You explore the other's self-image until you notice a specific, concrete, and physical sensation in your body that arises in response to imagining you are this person.

When you get this sensation of being the other person, focus on it. Allow it to tell you something new about this person. Then ask yourself, What is this sensation like? Is there an image or symbol that you could use to express it? What does it tell you about this individual and the inner flow of the other's life? Do you sense how that individual feels right now or do you get something deeper like the force that shapes this person's life?

For example, with a young woman whom I consider to be amazingly complex, I get a sensation in my belly as if I have just eaten a piece of Godiva chocolate. It is sweet, warm, and satisfying. The sensation tells me that in spite of my ideas about her, she actually is what she appears to be—a sweet, young, and a loving woman.

With a stock broker whom I just met, I get a sensation of being very relaxed, laid back, and easy going. This sensation is in complete contrast to his physical appearance which is tense and in control. I ask him about this.

He says he is looking forward to retiring and that I seem to know more about him than any of his friends. Getting physical sensations in this manner gives a direct body-to-body and heart-to-heart connection to another person. For a brief period or perhaps longer, you are now connected to this person in a way that no one else in the world is.

Consequently, you may notice an instant change in your body language and that of the other person. Among other things, there is as I mentioned greater rapport. You and the other may feel more relaxed and comfortable so that words are no longer needed to confirm or validate the relationship. The level of connection is more fundamental than that produced by conversation or social interactions.

I taught a woman this form of empathy. Just after imagining that she was one with me, she paraphrased my conversation with her. As she did so, I felt that her words were like my own voice speaking to me from depths inside myself. I do not recall ever having had this experience before.

Almost everyone has had a life-long friend. In talking to such a person there is a feeling of trust, relaxation, an effortless ease and satisfaction that accompanies the conversation. Yet no friend I have ever known

speaks to me with a voice from the depths of my heart. This kind of empathy allows you freedom of movement so your attention can move back and forth between yourself and another. In so doing, you discover an energy and connection that underlies and joins both of you.

People often ask me, How to I make a relationship work? How can I overcome the barriers separating myself and the other person? How can I enhance the relationship so we feel really close to each other?

My mother was really good at overcoming conflicts with others. It was like she was telepathic and could read their minds. If a sorority sister was mean to her, she would offer to do the woman's hair. She then, by accepting and assisting the other, became the woman's closest friend. Sometimes when someone died who my mother barely knew that person would appear to my mother in a "sending." The departed soul would talk to my mother because no one else could see or hear her.

My mother's gift of being receptive involved more than this world. If you want help in a relationship, there are all sorts of things you can do. You can work with a counselor. You can create special experiences which the two of you share only with each other. You can help each other learn something or be there to help the other work through some sort of problem. You can really listen to the other person without trying to insert your own judgments.

But if you want the spice of divinity or the blessing of Divine Providence in your life, then think about making an effort that no one else you know is doing. As in the stories of the Buddha walking down the road, imagine you are the other person. Study the other as if you are reviewing your own life. Do it once a week. This is not "falling in love." This is creating a sacred space through your art in which two separate people can meet and feel they are one.

I practice this and also learn about it from different spiritual beings. It is taught in many spiritual realms. But human beings rarely touch on this. They treat relationships as if they should be as easy as making toast in the morning for breakfast or watering the lawn in the evening.

Actually, getting to know another, to know all you can about another, celebrates the deepest mystery of life. Those who persist in this practice

are offered unique gifts and entrusted with powers beyond the knowledge of our world.

To summarize,

Part I: Use your imagination in asking the question, What if I were this other person? What is this other person feeling? What does this individual think and why do those thoughts arise in that person's mind?

And also, What is it like to be in that individual's body, to have grown up with that individual's biography, and to have faced the conflicts and sought the goals of this person's life? What was it like making those choices that defined this individual's life?

Part II: Ask yourself, What are others' innermost desires and needs?

Make a picture and feel this picture as real of what this individual would be like when his needs are met, his desires satisfied, his conflicts resolved, and his dreams fulfilled?

What is this individual's better self? What are they like when they have become whole and complete inside?

As you do this, you become the other's conscience. Learn to speak to others with the voice at the core of their being.

This act of imagination and empathy changes your relationship to others and has a strong effect on them.

Part III: What is it like to dream this other person's dreams?

There is a little known principle that governs the entire universe--You are free to join with any other being to fulfill the purposes of love.

And another principle follows from it. If you give anyone enough one on one attention you can get that individual to do or to feel nearly anything.

This is seen in the story, *A Christmas Carol*, by Charles Dickens. In one night, three ghosts review the past, present, and future of the life of Scrooge. This graphic and living life review leads Scrooge to ask, "Why show me these things if I cannot change the man I am?"

You could say this level of empathy and life review awakened Scrooge's will, conviction, conscience, and his feeling resulting in a one

hundred per cent commitment to fulfill a new set of life goals. Put simply, our work is not to pursue narrow and self-serving ends. The new Scrooge: “Our work is the world.”

Tips: To avoid the intense isolation that often accompanies any type of original spiritual exploration, have an outlet where you share your experiences with others. In some traditions, the novice is encouraged to use art in some form as a way of sharing. For example, in the druid tradition, becoming a bard is the first stage.

For myself, see my Stories of Magic and Enchantment and also Mermaid Tales.

<http://williammistle.com/storiesofmagicandenchantment2016.pdf>

<http://williammistle.com/mermaidtales2016.pdf>

Almost all the stories in the first book derive directly from the meditations I do. When I meditate I get an insight or a feeling. And then a story pops into my head through which I can place that feeling in a character or within a historical, fairy tale, or science fiction setting. In this way, it is no longer private but rather a shared experience.

If someone were to ask, “What do you do?” I might have said, “I sit and meditate for three hours each day on invisible realms not known to the human race.” Instead, I can say, “I write modern fairy tales and mythological stories like Tolkien and Rowling, except my stories are based on real people with unusual gifts.”

The art gives context and places me within the human community. Otherwise, I would be invisible.

Mysteries: One of the mysteries of the planet earth is that the entire planet and astral plane are saturated with a love the human race knows nothing about. You can experience this directly by entering the mermaid realm which is an astral realm of enchantment that reflects and underlies the energies of nature.

But you do not need to passively take it in. It is there to learn from. Once you experience it you create it in yourself and also share it with others.

Imagine a blue green sea of water around you. It is exactly like water but slightly lighter. Similar to the water meditation in Yesod, this water is wet, cool, flowing, receptive, absorbing and releasing heat, and vast like a sea.

And it also has healing and energizing qualities. It is relaxing, soothing, releasing, innocent, renewing, nurturing, cleansing and purifying, embracing, and uniting.

If you create these energies in and around yourself, you can also flow them through others. Water doesn't hold back keeping itself secret and secluded. It is everywhere granting us life.

Imagine another person you know. And now imagine this blue green sea of cool and refreshing water is surrounding this individual and flowing through him or her. Imagine the other person's body empty inside like a hologram. Flow this watery energy through that person imagining you are both the sea and you are the water moving within the other releasing tension and healing.

If you ever meet incarnated mermaids, you may notice that their auras spontaneously flow through others producing these effects. Being around them is like being on the open ocean or rafting down a river. You are out in nature, free of the pressures of human society, and, as water responds to gravity, the only thing that exists in her awareness is you.

If you are interested in love, in Venus, in Netzach and its principles, then consider embodying the love within elemental water. It enables you to be fully present with another person free of ego and flowing renewing and healing love in and through the other.

Sayings of Spirits of Venus

There are no boundaries love cannot cross over. There is no isolation love cannot dissolve, no darkness it cannot illuminate, no barriers it cannot penetrate, no sorrow, grief, or loss it cannot raise up into joy, no

separation from which it cannot design a reunion, and no destruction from which it cannot make a new creation.

In the art of creation in which two become one, the arc of fire that leaps between your hearts illuminates the world so the stars shine from within you; in the touch of skin upon skin love takes the dreams of the seas, the longings of the winds, the craving within fire, and the songs the earth sings and unites them. Then shall the ideals of the far future be made real here and now in the present world.

Time steps down from its throne and offers you gifts of divinity that you may partake while still mortal and bound by the limitations of your society.

Love is a sacred circle offire. At the center is an emptiness and void so refined, so perfected and divine, that there is nothing you cannot bring through, nothing that you cannot do, and no limits set on the way or extent in which two may join.

--Pomanp

For my write ups on a few Venus spirits see:

<http://williammistle.com/pomanp.htm>

<http://williammistle.com/obideh.html>

Rule 6: Tipareth, the Sun; Beauty; harmony, balance of opposites, radiant light, inner union with the source.

Blessed are those who meet others in their darkest place and walk beside them back into the light, for there is no greater or more sacred celebration of life.

Virtue: Humility, authentic, meditative, peacemaking, conflict resolution, inspiration.

Vice: Pride, arrogance, vulnerability, manipulation, domination, psychic vampire.

Challenge: Find in your heart an inspiration as dazzling as the sun, as soft, serene, and as receptive as the moon, and as magnificent as the stars. Succeed in this endeavor and Life will set a path before you of unfathomable beauty and wonder.

The radiant light of Tipareth occurs as we strengthen and integrate the vitality of our bodies, our depth of feeling and empathy, and our clarity of mind and concentration.

In Netach, Venus, Rule 7, there is a bond of love that unites two lovers together. The love within one is shared with the love within the other. Here in Tipareth, the radiant inspiration we create within ourselves we share freely with all others who are willing to receive it.

It works like this: There comes a time when the health of your body generates a high charge of vitality. Feelings too become rich like an aquifer overflowing with well-being, happiness, and love. Your mind becomes clear, sharp, and brilliant.

Most people do not walk around radiant. But in moments of meditation or inspiration, genuine insight and a sense of being united to all things comes through.

The goal is to be able to touch our inner source of inspiration that renews us from within and joins us to the original source of creation that imbues all things with purpose and life.

Magical Practice: Make Your Own Book of Inspiration

Philip Carr-Gomm, the head of the Order of Bards, Ovates, and Druids, told me that he made for himself a book of his favorite inspirational sayings and quotes. He mentioned this because one of my poems was among them.

The magical practice, then, is to make for yourself a book of your own favorite sayings and quotes of what truly inspires you. You read it on a

regular basis and use it to renew yourself and keep yourself united to the highest light within you.

Sometimes just reading the words and visualizing the images will trigger your memories and feelings. Sometimes the words evoke feelings that are like portals that take you into other realms that can be endlessly explored. Or the words create a vibration like a lucid dream or it unites you to an entire universe of love, wisdom, purpose and missions to accomplish.

Like the words to the song, Silent Night, you want to reproduce in yourself what the author was experiencing when he wrote those words.

Or from the book, Pumpkin Seed Point, by Frank Waters-- “Adrift on a sea of motionless time, I come to see there are worlds enough for becoming myself.”

I can easily fall into a semi-trance whenever I read those words. I relive what Frank Waters felt when he wrote them. And I sense a vision belonging to the sphere of the moon in which the awareness of time encompasses in one moment all past and future civilizations on earth.

Or, “Blessed are those who meet others in their darkest place and walk beside them back into the light, for there is no greater or more sacred celebration of life.”

Those words affect me deeply because I have gone through dark times and no one was there and perhaps no one could have been there with me. All the same, I understand the phrase, “To touch the world with tenderness,” to be available and accessible to others who are in need and what that can mean for them. It is a profound experience for me to be able to assist others when they want help.

Here also in my book are visions and dreams I have had. I once telepathically asked Swami Rama for shaktipat—a transference of the essence of his inspiration to me. For a few minutes, I experienced what is handed down from guru to disciple in his lineage. I felt what he felt—what it is like to have a living woman united to you from inside of yourself. It is that tradition’s way of uniting from within with your opposite.

I have had visions of the founder of Aikido, O’sensei, in how he uses energy like a rolling and breaking wave of water to neutralize

aggressive energy around him. I have seen the magnetic field of energy a Taoist master creates in herself through meditation. I have seen one of the great Tai Chi Chuan masters of the earth who is nearly godlike when he unleashes his full power doing his form.

But there are spirits too who reveal their majesty and inspiration seen through visions. With Gabriel, the entire sky opens and is filled with choirs of heavenly angels. With Vehuiah of the sphere of Mercury, he engages in a kind of Shakespearian dialogue on the mystery of God. The spirit in the earthzone, Jachil, gave me a poem of what it is like to love as that spirit loves.

Or a spirit of the sphere of the moon, Emnepe, gives a vision of the beauty of the universe unfolding. He reflects that unfolding in his aura which acts like a perfect mirror. The wonder of creation is before his eyes.

Some dreams for me have been clairvoyant visions of the future. I saw three books presented as Tarot cards. These turned out to be the three books Franz Bardon published which are summarized in three Tarot cards. I saw a vision of a future event which needed to be prevented. This leads to a divine mission.

And I had a vision of how the heart is big enough to contain the entire universe within itself. I had a vision of spirits of Jupiter and how they can take any individual's life and transform it into beauty and reveal the mystery hidden within it.

And there are spirits like Elyria, a Pleiadian first contact specialist, whose empathy is so great and so cosmic she loves as the Creator himself loves.

Perhaps there is a scene in a movie, an actor's performance, or something you once saw or experienced that inspires you.

I remember watching Hank Cawthra in the sailboat Lightning national championships. With sixty boats competing to get the best position at the starting line, after the starting gun went off Hank Cawthra within a minute was so far ahead that he tacked onto Port and crossed the entire fleet leaving them behind him. You watch an outstanding athlete whose performance rises above everyone as he enters his own zone of accomplishment.

Or favorite songs. For me, Fields of Gold by Eva Cassidy overwhelms me emotionally: <https://www.youtube.com/watch?v=bQB45Vk62ps>

Or Lea Michele in Auld Lang Syne:

<https://www.youtube.com/watch?v=3jO2tlzIBg8>

Or Serenata (choir): <https://www.youtube.com/watch?v=UasoJZSiRkk>

With songs like these, the song becomes a vibration and as I listen I unite with that vibration the way one pitchfork responds to another pitchfork. But then it becomes like Swami Rama with his inner lineage transmission, these singers—their voices, their hearts, and their feeling—become alive within me like the two of us are now one.

We can add experiences and sensations from not just sight and sound but also touch, taste, and smell. In my essay on the five senses, I point out that sensual perceptions can generate experiences of pleasure, bliss, ecstasy, rapture, and mystery. I am working on a book about non erotic touch. All five senses are a source of inspiration.

Also distinguish between inspiration, images, and ideals that refer to the body and physical world, those that refer to the soul or astral plane, and those that refer to the mind and spirit?

You get the idea. What inspires you? In what way can you revisit, recapture, and reproduce inspiration within yourself?

Or simply, in a relaxed state of peace and serenity, recall the various things that inspire you and allow them to pass before your mind as if you are in a stream of consciousness. Free associate. Move freely between one thing and another without evaluating or labeling. Enter a zone of pure feeling. Open yourself up so the light can touch you.

And then, see if you can hold before your mind not just one or two of these inspirations but rather all of them at once. Can you find what underlines all of them? Are they divergent or do they somehow arise from the same source?

You will notice that various spiritual traditions on earth tend to specialize. It takes religions, for example, hundreds if not thousands of years to define what is sacred so there is a consensus within that community. But what is your sense of the sacred and your source of

inspiration that renews your soul and transforms you connecting you to the deepest sources of purpose and life?

A few of my inspirational videos:

Franz Bardon Video: <https://www.youtube.com/watch?v=a6A078ikyi8>

A Magician's Prayer:

<https://www.youtube.com/watch?v=y8dmuV0mNYU>

Immortality: <https://www.youtube.com/watch?v=fIIvHWh3abw>

How to Meet a Gnome:

<https://www.youtube.com/watch?v=vqoaC7JMPUM>

A Blessing: <https://www.youtube.com/watch?v=EvS5cqx7KFw>

Common Virtue: Unconditional Love



What is the feeling that best nurtures, preserves, and acts as a channel for inspiration?

I usually ask myself, when I am making contact with a spirit, “What is this spirit’s inner source of inspiration?” That is, I want the original authority and divine commission under which this spirit operates. This gives me an immediate connection to the spirit. I then understand the purposes that govern its existence.

I know a woman whose soul is incarnated from the Pleiades. She is very good with wild animals. When face to face with a mountain lion in the wild, the mountain responds to her as if she is a goddess. When I ask

her how she does this, she replies, "I imagine the highest dream of the specific animal I am with. And then the animal treats me like I am the alpha."

We can do this with people in a similar way as I have suggested in other sephiroth. You imagine the better self of the person you are with. What is this person like after she has resolved her conflicts, solved her problems, and made the best choices that lead to the highest learning curve and deepest fulfillment in life?

A Poem:



I love your eyes
So quiet and peaceful--
A place to let go and forget who I am
Until I awaken to the sound
Of waves breaking on the shore
And the scent of the sea
I see the man I am meant to be
Walking toward me
Your eyes dream him into being.

What is unconditional love? You love without condition the person who is in front of you. You are not just doing the Venus thing of weaving a spell or even creating a sacred space in which two souls join as one.

Instead, you are acting more like a guardian angel or a higher spirit who seeks the fulfillment of the other person in every conceivable way. Such love requires not just accepting the person as she is. It also imagines who this person can become. The future self of the other is also as equally real as the person is in her past and in her present.

Through you, the other individual's past, present, and future are joined. Through you, all the diverse aspects of the individual—subconscious, conscious, and spiritual are united.

What is the feeling that best nurtures, preserves, and acts as a channel for inspiration? It is a feeling, a love, that accepts, sustains, nurtures, heals, uplifts, and fulfills the other person. Your presence makes the other feel whole and complete.

May we all experience such love and in turn offer it to all whom we meet.

Magical Virtue: Stillness

I noticed something interesting about the aura of the 45 spirits of the sphere of the sun as described by Franz Bardon. Their auras all shine with the brilliant, dazzling light of the sun. But within their auras is an opposite energy. They embody pure receptivity. They are perfectly empty like a mirror or a vast void with nothing in it.

These spirits, within their assigned areas of authority, are wildly creative. This is because they are united to the Creator from within themselves. They are so empty and receptive that like a mirror they can perfectly reflect outward into the universe the very emanation of the light that appears to them from the void that is inside of them.

You have heard the phrase, “Be still and know that I am God.” Each person can interpret that saying as themselves. For me, it means—“Get

to know my mind, heart, and purposes so that you think what I think, feel what I feel, and act as I act.”

In tantra the idea is to become one with what you are gazing upon or contemplating. Duality is overcome because you are joining with your opposite. The mind is without form or image and this is why it can understand anything and become one with anything.

Like Alosom of the earthzone, let your inner silence be so deep and rich that when you meditate the minds of the great world teachers appear within your mind so that you share the same brain waves and the same through processes.

Like the lunar spirit, Emnepe of the sphere of the moon, become so still and serene inside that you are able to reflect within yourself the unfolding of the universe and perceive a great harmony underlying all things.

Like Vehuiah of the sphere of Mercury, let your mind and concentration be so pure, clear, and focused that the work you accomplish you accomplish as if it has been designed by a divine being.

Like Gomah of the sphere of Venus says, “Silence is a wine you sip to renew your spirit.”

Like Emedetz of the sphere of the sun, “Be so receptive and open inside that the powers of creation appear within you as they appear within me.”

Like Idida of the sphere of Mars, let your stillness and inner silence be so great it becomes a force of creation that can accomplish any mission, complete any assignment, and fulfill any purpose.

In other words, when you meditate find a stillness that joins you from inside to the universe. Become a mirror within that is pure receptivity and then the light you emit will make the world new.

A Psalm of Stillness

Those who in stillness listen shall be renewed. The years shall not age them and their strength shall not fail them. They will fly with the wings archangels ascending and descending through all planes, entering all spheres, defending all domains.

Every realm shall be their home. Every race of beings shall consider them one of their own.

Every mind and the thoughts that arise shall be clear before their eyes. The feelings that make men feel alive, the innermost desires that drive them, the highest dreams that inspire them, and the sea of love that embraces them—every story they shall know, every mystery before them shall unfold.

He who waits in stillness listens so well that Divine Providence considers him part of itself.

It shall turn to him and say, “Go forth. Fulfill my will. Accomplish my work. Protect the earth. Make all things new. My powers I give to you. Do what I myself do.”

Those who in stillness listen.

Tips:

As I mentioned, religions often take hundreds or thousands of years to gain a consensus concerning what is sacred. Tipareth, as I am discussing it, involves the individual becoming aligned not with a tradition or religion, but with the universe, with the divine, with Divine Providence, and the Creator.

A Conversation with an Arch Demon

Some say that demons are angels in disguise whose assigned task is to destroy our false attachments so that we can become free.

Arch Demon: “The spiritual laws governing the operation of spiritual communities are indisputable. It does not matter how loving a community is or how productive and helpful it is in serving others. All we require to put an end to any spiritual development of any kind in an individual is to control one of three things—either what people think, that is, their beliefs, what they feel, or their actions.

“Have you joined a loving community where everyone cares for each other with genuine affection? It does not matter. Get these people to accept without question any set of doctrines, no matter how profound, and that spiritual community now falls under demonic jurisdiction. Without freedom of thought, the heart is like a beautiful song bird imprisoned in a gilded cage.

“Do you have a group of people whose thoughts are free, independent, and completely benevolent, who are generous and philanthropic? It does not matter. There is no elevation of their consciousness occurring. All you need to do is have them feel vulnerable, insecure, unsure of themselves, and easily threatened by others whose beliefs are different from their own. You see, they have no access to inspiration because they are frightened of anything new and unknown.”

At some point, an individual may wish to make a transition from dependence on a tradition with its sacred ideals and ceremonies, with its beliefs and doctrines, and its accepted and comfortable outlook on life. He may wish to discover his own source of inspiration from within. If you are in a human body, you are free to choose what you wish to become. The inspiration you decide to draw upon will nurture and sustain and give birth to a new you.

When is an individual ready to undergo such a process? If you pursue your own spiritual journey, then as in Joseph Campbell’s Hero’s Journey you may have to “leave the familiar world behind.” All the guardians of traditions and spokesmen for authority are agreed that you are incapable of doing this. The dangers are too great.

And you may discover that on any spiritual journey you yourself are your own worst enemy. That is, there is a price to be paid. You will have to confront the darkness within yourself. This is where the otherwise really brilliant and talented students will fail--they cannot pass through the emptiness, the void, and the abysses that exist within the human heart.

Why seek an original source of inspiration within oneself? Why seek a direct contact with the divine putting aside tradition and authority?

As a metaphor, for years Tesla had a detailed picture in his mind of an electric motor that runs on alternating current. But he did not know how to assemble it and make it work. Tesla then meets the great authority, Thomas Edison, who calls Tesla a “poet of electricity.” Edison then tells Tesla that the motor Tesla envisions is impossible. Instead, Edison wants Tesla to improve the efficiency of Edison’s direct current electrical grid.

Tesla leaves his employment with Edison and ends up doing manual labor digging ditches to lay direct current electrical lines. But then through a chance conversation Tesla presents his ideas to Westinghouse who agrees to fund his research. The twentieth century is a different world because Tesla took one of his visions and made it real, a part of our world. Like the spirits of the sun who are endlessly creative, like the photons of the sun itself, the original light of inspiration shines outward extending to the ends of the universe.

The other option is to remain within a tradition and seek to reform it from within. To do this effectively, you have to already be independent of that tradition. You will need to be so calm, have such clear inner peace, be so reassuring and confident that others enjoy talking to you even when they disagree. They will need to see embodied in you the very thing you wish to present that is unknown to them. Whatever your reforms may be, you will need to inspire others such that they say to themselves about you, “This is where I want to go and this is what I want to become.”

Otherwise, reformers often make things worse by setting up divisions, antagonism, and struggles for power. The task is more difficult because religions, traditions, and lineages may at times operate not as a church, temple, or lodge but as criminal enterprises in disguise. Injustice is injustice and there are times when to improve things you will have to first confront and to tear down.

It is one thing to have a good heart. But to change wrong to right you will need a good heart in combination with great power. But the pursuit of justice belongs more to Gevurah/Mars and to Binah/Saturn than to Tipareth and the sun.

The Shadow

Light casts a shadow. The shadow in psychology is the part of oneself that is subconscious and which is at odds with your conscious endeavors. You are committed to doing something but you have these things inside of you that hold you back. Or a man rises to great heights but runs into his Shakespearean flaw that destroys his career. A vice, a scandalous behavior, a self-defeating craving, or a socially unacceptable desire undermine and betray his will, his ideals, and all that he has worked so hard to build.

The shadow is further complicated in that it can exert its presence in completely different ways in different groups or societies. What is perfectly healthy and acceptable in Japan, China, Switzerland, Brazil, or the U.S. may be a threat when it is present in another society. In one society, the ideal is to conform to set standards.

In another society the ideal is to question. In a third society, the ideal is to work together closely as a team. In a fourth society, the ideal is to celebrate the past and also to adapt so as to embrace the future. The shadow, what in the individual is hidden from his consciousness and that opposes him, takes a different form and carries a different force depending on where he lives.

In Tipareth, the goal is full consciousness of yourself in all aspects. The shadow appears through denial of some weakness, inferior aspect, or negative impulse or intention within ourselves. An individual neglects his body, his heart, or his mind. He blames others for his failures. Or he finds himself repulsed by and critical of the thing within others which is exactly what he denies in himself.

One approach is to study in yourself what is a weakness and also what you find to be least attractive. This thing may well become one of your greatest strengths. The shadow is like a guide who will take you to places you have never seen or dreamed.

But you cannot give into it and accept its advice as presented. The shadow has no conscience and no awareness of your overall objectives. It will show you what is hidden in yourself. But you have to come up

with an original plan of action in order to take advantage of these self-discoveries otherwise they will pull you down and leave you exhausted.

For example, an optimist may have original insights into how to invest in the stock market. But his mistake is that he is not aware of how much he does not know. He denies that his research and the testing of his theories are incomplete or vulnerable to great loss under certain market conditions.

Later on, through experience, he discovers that in investing you have to always consider the ways in which the market can defeat your investment strategy. And then be prepared with a plan B for that eventuality. His shadow was that he was in denial about his own ignorance and experience he would need in order to succeed.

He did not listen to his shadow. It tried to speak to him of danger and failure. But he ignored its voice.

And the opposite. The pessimist who says you cannot change things. Well, take the entire human race. Why are they so aggressive and violent? Why do they kill each other and fight wars? Why do their politicians and diplomats fail to acquire the most basic skills in conflict resolution, active listening, reframing, and negotiation?

Why do they continuously take greater and greater risks in order to attain short term gains that place their own survival in jeopardy? There are things within themselves that they deny or consider to be inferior and weak. Yet these “weaker and inferior” things—empathy and receptivity—are the greatest powers within this solar system. They have the ability to dissolve malice, hatred, and negativity.

The tip, then, is to accept the world as it is and also all aspects of yourself. And then you become fully aware of these things. You convert weak into strong and negative into positive uniting all aspects of yourself. You leave nothing out. And in the process you discover that being whole vastly expands your experience of life.

Mysteries: The Higher Self

The mystery is the relationship between the personality—your conscious self—and your higher self. In place of higher self, we could say your

true self, your better self, or the person you are meant to be. In place of one's higher self, we could simply refer to God, the Creator, one's Holy Guardian Angel, or even Divine Providence or akasha, etc.

I skipped the practice of evoking one's Holy Guardian Angel. I felt the procedure was too messy and involved unnecessary risks. Instead, back in 1975, I was following some teachings related to the Hawaiian Kahunas.

This method was simply to make a ball of energy. Place a picture in this ball of energy of exactly what you wanted as if it is real right now. And then you send that ball of energy to your higher self.

The pictures I made were of three Tarot Cards—The Fool, The Magician, and Isis. I spent a half hour each day imagining I was these cards and I followed this practice for six months or so.

A short time after this I had a dream about finding four books. And after the dream, a friend introduced me to Franz Bardon's book which are based on three Tarot cards. You could say I found practices that took me in the direction of becoming these Tarot cards.

The Franz Bardon version of sending energy to the higher mind is different. You place your consciousness in akasha—a state of trance that penetrates through space and time. And then you place a “cause” here. This cause is usually a combination of again a picture and energy. He energy can be what Bardon calls an electro-magnetic volt or what he describes in his third book—a cosmic letter.

To summarize, there is a pure mental or cognitive or symbolic image that is involved in contact with one's higher self, God, Creator, Divine Providence, etc. And there is an energy component. Why is energy necessary? Shouldn't the universe supply all our needs?

Part of growing up is making a contribution to society. And this is accomplished through work. Work produces and also requires energy. Your body, soul, and mind produce and use energy. To participate in the unfolding of the universe, you decide on what part you wish to play. You make contributions toward that end. Otherwise, you are not grown up. You remain a child dependent on others' efforts, energy, and work.

Or, you can simply pray or engage in devotional activities. But again that is not taking full responsibility for acting as a creator yourself.

At the same time, using magic to contact one's higher self or spirit can set off excessive side effects. Before "contacting" one's spirit in a magical way, it may help to meditate on the level or kind of spirit connection you want. And energy itself can be a problem. Similar to any electrical system, you need insulation, transformers, circuits, etc. otherwise you may short circuit the system or overload your nervous system.

This is analogous to taking a high school student and placing him in college. He may not be ready for how impersonal and large the classes are. He may not be ready to set up and maintain his own social life. And he may not be ready for the independent and responsibility necessary to deal with the free time and the parties, etc. Also premature contact with the higher self can trigger confrontations with the dark aspects of yourself that you are not aware of.

And there is a confusion that accompanies the multi-dimensional awareness that goes with adding a higher level of consciousness to your life. Namely, you may enter a dreamlike state of mind in which this world feels unreal. This may cause your personality to not be as forcefully present as it needs to be to operate in this world in a way that others can relate to.

In the Mahabhatta, Arjuna says to Krishna, "Show me your universal form."

https://www.youtube.com/watch?v=_B4Z1PB97KY&t=309s



Krishna describes himself,

"I am the infinite, eternal, and the immortal Self--no fire can burn, no water dissolve, no air dry, and no sword pierce.... Before such glory space melts away into nothingness, time vanishes into nonexistence, and causation dwindles into emptiness.

“Ranging beyond names and forms, passing free into woods and forests, mountains and rivers, into day and night, clouds and stars, passing free into men and women, animals and angels, as the Self of each and all am I.

“Truth flows from me just as light radiates from the sun and fragrance emanates from a flower...I am the transcendental bliss, the absolute intelligence, the supreme synthesis of consciousness that shines in the shrine of every heart.”

In Tipareth/Sun, all things are united in harmony. There is a time to work in Malkuth, this physical world, to pay our expenses and to master our limitations. There is a time to be reconciled with our desires and

instincts, and to pursue happiness and inner harmony with the universe in Yesod/Moon.

There is a time to train the mind and attain clarity discerning truth from falsehood and engage in discovery in Hod/Mercury. There is a time to create an enchanting dream of love in which two become one in Netzach/Venus. There is a time to master the self and to prepare to accomplish whatever mission life sets before us in Gevurah/Mars.

There is a time to gain wealth, nobility of soul, and wisdom to enrich all aspects of the world in which we live through Chesed/Jupiter. There is a time to step back from life and attain enlightenment that we might attain true and enduring freedom in Binah/Saturn.

There is a time in Chockmah/Uranus, in cooperation with the divine, to lay the foundation for a new world. And there is a time in Kether/Neptune to perfect ourselves so that when you look within your body you find an image of the universe shining forth.

In Tipareth, all these things are brought together in harmony. Nothing is left out. Everything has its place.

And so a great mystery—you as a person with a personality operating in society are also in a direct connection to the higher self, to the divine, to the Creator, and to Divine Providence. If you ignore the needs of your personality, then the higher self loses its vehicle for operating in this world.

On the other hand, if you as a personality do not put aside time so that in full consciousness you shape yourself in some way to reflect the divine within you, then you lose your compass, your path, and the inner light that guides you and strengthens the voice of your conscience.

Rule 5: Gevurah, Mars, Severity; Self-mastery, courage, and will power.

*Here the purposes of love are finally united with power
like two lovers who are forever together.*

Virtue: strength, resolve, concentration, vigilance, stamina, daring, decisive in action, determination, guarding, protecting, and preserving. Seizing opportunities as they arise.

Vice: fear, unwilling to take risks, procrastination, cruelty, brutality, rage, anger, hazing, abuse, hatred, dictatorial, domination, bondage, treachery, rigidity, wasting energy.

Challenge: It is not about you. It is about the creative powers of the universe flowing through you. They flow in each moment through your body, your soul, your mind, and your spirit. Take these creative powers into your hands and accomplish whatever purposes are set before you.

In Netzach/Venus, we unite the three previous spheres by bringing body, soul, and mind into harmony. This makes you appealing, attractive, and leads to a charismatic personality.

In Tipareth, we accept all aspects of ourselves and others. As the heart circulates blood to all parts of the body, Tipareth grants everything its rightful place in life. The result is that we are fully conscious of our motivations, inspirations, and the purposes we seek to fulfill.

In Gevurah, we overcome all obstacles that hold us back. There is something amazing about authentic warriors. They possess an inner strength and a quiet, yet ecstatic exuberance. Deep inside, somehow and in some way, they are united to the creative powers of the universe.

The thirty-six spirits of the sphere of Mars are like this. They exist to serve. To this end, each is united from within to some aspect of the greater universe. They are thus able to channel those powers they need in order to fulfill their assigned tasks and to accomplish their missions.

***Magical Practice:** Astral Equilibrium—the mastery of the self.*

Everything that exists is expressed through the four elements. Master these in yourself. There is no end to this action.



The Element of Fire

Fire has an electrifying enthusiasm, excitement, and conviction. It is power, exhilarating, dynamic, and expanding. It is will with a profound sense of purpose.

You could say that independence, strength, courage, conviction, faith, will, determination, dedication, self-reliance, self-mastery, uprightness, clarity, order, adaptability, practicality, planning, productivity, excitement, exhilaration, creativity, and vision are qualities that are present when fire and its inner essence--the electrical fluid--are operating successfully.

Check list:

On a personal level, organize your daily life; take charge of your personal affairs. Always know what you are doing, why you are doing it, and what you wish to accomplish.

Meet the objectives of your current stage of life. Solve your personal problems to the extent they are solvable.

As you involve yourself with groups and in society, learn to work well with others. Find your career and place in life. Take problems as challenges and use all available resources in solving them.

As you develop and acquire experience, refine your goals and plans of action. Set forth your ideals and how you wish to manifest them.

Learn from others. Draw together what they know, organize it, and take it to another level. Put aside any doubts, confusion, attachments to self or ego, to tradition or past behaviors that limit your focus and commitment.

Develop leadership qualities. Focus yourself totally on your task with self-motivation, original inspiration, and deep insight. Unite yourself through meditation and concentration with those powers of creation you require in order to succeed.

To summarize, In a plan of action, we ask, What asserts and resources do I have to draw upon? What difficulties must I deal with and what opposition must I overcome? What do I need to do to get from where I am now to where I wish to be?

What is my backup plan, plan B? How will begin again if my assumptions and resources prove inadequate?

The Element of Air

The element air is sweet, delightful, and light hearted. It enables people to attune to each other. It establishes rapport so that a relationship is almost musical. And it enables one to feel at ease, balanced, and free. With it is the thrill of discovery and wonder—it perceives the unknown universe revealing itself as new in each moment.

With its sensation of weightlessness in the astral body comes a feeling of being playful, outrageously cheerful, and joyous. Even if hyper sensitive, its sensitivity makes for great artists. And in an instant, it can move into rapture; it gets carried away with what it perceives or dreams.

Positive qualities belonging to the air element are independence, familiarity, optimism, dexterity, attentiveness, friendship, harmony, judicial temperament, a tolerance for ambiguity, temperance, fair play, honesty, impartiality, even handed, a sense of humor, truthful, open-minded, objective, detached, alert, positive, curious, articulate, concise, thoughtful, reasonable, considerate, analytical, self-reflective, and wise.

Check list:

On a personal level, learn to articulate your ideas, feelings, and assert yourself with clarity. Study relaxation and manage your stress.

As you involve yourself with groups and society, develop listening skills, detachment, and strive to understand others' points of view.

As you acquire experience, develop a judicial temperament—without hold judgment until you weigh case histories, fact, and all sides are presented. Learn to investigate and research so you can establish your own judgement.

Learn the basics of meditation and negotiation.

Learn to reframe problems and conflicts to arrive at mutually satisfying solutions.

Develop an open mind that is vast, luminous, free, and unshakeable like the sky.

The Element of Water

In water are love and sharing. The water element offers happiness, affection, contentment, and emotional support. You feel cleansed and purified.

The essence of the water element, the magnetic fluid, is cool, magnetic, and contracting. It is attractive, soothing, and calming. It is receptive as in utterly empty of form and completely open—able to receive and contain anything in itself, preserving, nurturing, and animating it with life.

In psychological terms, it is empathic, sensitive and responsive. It draws together, bonds, joins, and unites. It accepts and affirms. In spiritual terms, it reaches towards an all-encompassing, all-embracing love.

We could say that peace, repose, calmness, serenity, happiness, contentment, well-being, delight, innocence, kindness, gentleness, affection, vivacious, empathy, sensuality, pleasure, bliss, and love are qualities that are present when water and the magnetic fluid are operating successfully.

Check List:

On a personal level, express kindness, affection, and emotional support. Bond in a healthy and fulfilling way with others.

As we interact with groups and society, water develops in us intuition, conscience, sensitivity, empathy, and compassion.

As we gain more experience, our receptivity deepens. There is a natural high, an ecstasy and inner rapture, in which we feel connected to ideals and greater purposes. This leads to the capacity to heal others, resolve soul problems on a deeper level, and perceive spiritual beings and realms.

We find a peace in the soul as deep as the ocean, as flowing as water, as still and clear as a mirror, and as vast as the starry night. And there is an inner contentment that allows you to feel one with the universe.

The Element of Earth

The element of earth brings together and unites in itself the three elements of fire, air, and water. Here on earth all spiritual realms and all ideals, even the highest light, cloak themselves in form so that they can manifest, be seen, touched, and experienced as real.

Positive qualities relating to the earth element are being respectful, solid, grounded, conscientious, reliable, responsible, thorough, sober, punctual, fully attentive and present, mindful, firm, serious, hardworking, industrious, discerning, adaptable, practical, straightforward, enduring, preserving, attentive to detail, and consistent.

Checklist

On a personal level, learn to be grounded, consistent, organized, free of distractions and needless worry. Learn patience. Figure out what creates in you a sense of being connected to the earth, a sense of being home, and a deep feeling of well-being.

In interacting with society, we become persevering, stable, hardworking, and reliable. We find work we love. We are useful, adaptable, and committed. We are down to earth and practical.

We are aware that improving and transforming ourselves is part of what we signed up for when we incarnated in human form.

As we connected more deeply to the earth element, we have a sense of being rock solid. We find a quiet ecstasy of doing what you love most with all of your heart. The ecstasy of the earth element gives us a sense of accomplishing work that is of enduring value. With this inner sense of worth comes a great feeling of honor and dignity.

Common Virtue: a quiet, ecstatic exuberance



What is the feeling that best inspires you to attain your objectives and accomplish your mission?

We can sense this in great martial artists. For their entire lives, they are drawing in, gathering, and storing energy inside of themselves. They know they will need that kind of energy and to do this requires a receptivity that is peaceful, calm, and still. The force within them is not seen on the surface nor is it easily disturbed or diverted through distraction.

For Gevurah/Mars, the power of emotion is like the power of water in nature. There is small stream gently flowing. But then you also see huge

boulders here and there thrown about as if they were twigs. When it comes, the flash flood hits suddenly almost without warning.

Or the sea is calm with a gentle breeze. And then with a minute or two warning a tsunami hits the shore twenty to sixty feet high pushing miles inland. Or there is a clear sky in the morning. But by evening a twenty foot high storm surge of a hurricane floods the land. Or you are out swimming and a riptide hard to even notice pulls you out to sea.

With Mars, there is an inner focus in which you prepare yourself so you have the energy you need, the enthusiasm, and the drive necessary to accomplish your mission. The greater the challenge, the greater you must open yourself from within to build the reserves of energy you will need to move forward without distraction.

To build this emotional charge takes as I have pointed out calmness and stillness. At the same time, there also has to be the emotional will to unleash all that you have gathered to whatever extent you require to deal with external circumstances. We could call this courage, passion, exhilaration, resolve, determination, etc.

Or, to state it simply, for the warrior nothing exists but this moment in which he focuses his total being on accomplishing his mission. And yet to attain this level of focus he must love with equal passion the years that go into his training and the constant readiness and the eternal vigilance which are in themselves his supreme accomplishment.

The spirits of the sphere of Mars seek to unite themselves to the powers of the greater universe so they can become the vehicle through which the universe accomplishes its will. Their level of commitment and self-mastery is not just the embodiment of passion. They exist in a state of ecstasy for when they look within themselves they see the universe itself unfolding.

Magical Virtue: Astral immortality--unite to one or more elements in nature so that they become a part of you.

When people die, their astral bodies slowly deteriorate. They grow weaker. When people are born, whoever they were in previous lives is

put off to the side. They have a new natal chart so that the constellations and planets at the time of their birth shape their personalities and situations.

Those on the other hand who possess astral immortality with one or more elements do not deteriorate on the astral plane when they die. And they continue from infancy to embody the qualities of the element or elements they have mastered in former lives.

As one woman said, "When I was four years old I was the same person that I am now." Or another woman, "I am the same person life time after life time. I just learn new things."

Take any one, two, or all four elements—earth, air, fire, water. Make them a part of you so that the energy in your aura has the same vibration as that element in nature. Then you have attained astral immortality--at any age in this life, in the afterlife, or in any future incarnation, your astral body remains forever new, fresh, life giving, and pure.

For one woman, it is like the stillness of the sun blazing in clear ice--the present moment shines brighter and more full of beauty than anything else the mind can think of or contemplate.

For another woman, like time on the open ocean—the changes over a billion years are barely noticeable. So she can say, "For me, there is no time past or time future. There is only now."

These are not mere words. She experiences the past and the future with the same clarity as the present moment.

Note: For a study of the elemental beings underlying the four elements in nature and how they think and feel, see my book, Mermaids, Sylphs, Gnomes, and Salamanders.

I Am Fire

Recall the element of fire in nature. Recreate these sensations and perceptions. And then open yourself to the feelings and energies underlying the images of fire.

For example, a candle, the fire in a fireplace burning wood or coal, a bonfire, a forest fire, fire in a blast furnace combined with oxygen converting iron into steel, a cinder cone, lava flowing down, lightning in the sky, the sun and stars.

Each kind of fire has its own feeling and inner life. The fire place—the crackling wood, the radiant light and heat, the flickering flames, the coals glowing and throbbing.

And underneath? A feeling of being home, protection from the cold, a place to share with others breaking bread, celebrating coming together, a cup passed between friends or lovers, a place to lie down, security, strength, and the power to rise again energized and renewed.

Some people have that vibration of fire in their auras. You feel warm and safe around them. Others have a weak or negative vibration of fire. They are consuming, demanding, unpredictable, and being around them exhausts you.

The voice of fire: I am fire burning, yearning, and craving. I am hungry to devour. Urgent, wanting, demanding like a heart throbbing. Of power I dream, I quest, I feed.

Every cell in your body lives because of me. I am the dazzling sun in the sky above. I am lightning in the night blinding bright.

Wait for it. Wait for it. Wait for it. All lovers long for me—I give them the taste of ecstasy.

Some lonely, silent night with no moon above sit down and imagine you are me. Nations rise and fall, plans succeed or fail, and civilizations ascend and then come to an end depending on my presence within them.

Mighty men, heroes of the hour, the victory of sovereign kings—these are but a faint reflection of who I am—I am omnipotence and mighty in deeds.

Wood, coal, oil, solar energy, fission, fusion, electricity—these heat your homes, drive your cars, and sustain your economies. Your history is a study of my majesty. But I exist outside of space and time.

Find me in yourself. One star exploding shines brighter than a galaxy of two hundred billion. Can I say it any clearer? Behold my mystery—I am infinite in glory.

*Find me in yourself and fulfill your destiny.
I am fire.*

I Am Air

Recall the air element in nature. Recreate these sensations and perceptions. And then open yourself to the feelings and energies underlying the images of air and weather.

Take an image of air in nature or if you like--breathing air through your chest. For example, the air up there in a clear, blue sky. I see the circle of the horizon surrounding me. There are mountains in the distance and oceans stretching out curling and circling about. The air is light, the pressure high but sometimes low. There are water vapors ascending in evaporation and precipitation where rain falls.

In air, then, there are these things: pressure high and low, temperature hot and cold, the air moist or dry, and even in a clear sky surging electrical and magnetic positive and negative charges.

And underlying these observations, sensations, and perceptions? The element of air is constantly engaged in balancing opposites producing a benevolent harmony that governs the atmosphere. Without it, we would not be here.

The mind is like a clear sky. No matter the wild and raging storms that may arise, there is a clarity that prevails.

And in each moment, an artistic sensitivity that appreciates each nuance and sensation of each perception. Combined with detachment is wonder that at the beauty of the universe that surrounds us.

The voice of air: I am clear and free of fear. A helium balloon rising, a boat on the sea sailing, a bird in flight gliding.

Northern Lights way up there. Yet you can find me in the ocean trench, in the abysmal depths. I am inside ice and rock. There is no gravity in me. I am weightless. I balance all extremes.

I am the blue sky, an open expanse miles high. I am the thunderstorm, up and downdrafts; electrical, lightning abounds.

I am the tornado, barometer falling, inhaling, spinning around. If you try to step inside you may die.

I am the hurricane clasping the white caps close to my breasts with storm surge to ride and a calm eye without a wind that sighs.

I am snow, rain, mist, fog, hail, sleet, and haze. I am the dust and fire storm, trade winds, north winds, and jet stream running away. I stir the leaves in the trees with a very gentle breeze.

I am the atmosphere of the earth circling around. I have my own tides. Give me a conflict and from it I create harmony.

Give me evil and malice and I create light amid darkness.

I am the journey that begins in ignorance and ends in knowledge.

I am the quest whose origins are lies, treachery, and self-deception. Yet nothing that exists can prevent me from attaining total liberation, for I am truth that is infinite and omniscient.

“What is the bid? What is the bid? What is the price of wisdom?” the auctioneer shouts out loud.

“I will accept any honest man dedicated and committed. He shall apprentice to me for forty or fifty years and then he shall attain complete enlightenment.”

Give me a hundred such men and the entire human race shall ascend and then the entire world will be saturated with freedom.

I am air, immortal and divine.

I never lie and beauty walks by my side.

I am air.

I Am Water



Recreate the sensations and perceptions of your experiences with water in nature. And then open yourself to the feelings and energies underlying these images of water.

If I imagine a small waterfall, there is the moisture in the air, a slight wind, the spray, the bubbling rising splashing crashing of water as it strikes the surface, ripples crisscrossing every which way, the current, and all the sounds. There are water drops falling through the air and the depths of the pool.

These are the sensations. But the feelings underneath the outer form—here is a sense of renewal, innocence, joy, happiness, letting go; refreshing, relaxing and purifying. The power of trancelike insight and transformation occur when the physical perceptions and sensations unite with the feelings. The waterfall is physical experience and it is also an image of the soul.

The voice of water (from Yesod): I am pure and I purify. I am soothing, relaxing, and releasing. I am flowing, embracing, blending, and uniting. Infinite in adaptability, there is no end to my receptivity.

“I am renewing, rejuvenating, and continuously giving. I reveal what is missing in others’ lives so they can feel fully alive. My love is everywhere. I am even there in the empty space between the stars.”

No wisdom, religion, or esoteric tradition on earth has figured out how to teach this. Elemental love revealed through the water element in nature is what is missing from the human conscience. Its absence is why people feel half dead, numb inside, and why they are so aggressive, wasteful, and every willing take increasing risks in order to feel alive.

Study nature. Find in the rain, clouds, rivers, streams, lakes, and the oceans images and vibrations that you can meditate on and use to create in yourself water’s vivaciousness, bliss, nurturing qualities, rejuvenation, and empathy.

Here is found the mysterious and wondrous feminine essence—it is open and receiving without being vulnerable; it is inviting, drawing in, rhythmically pulsating, soothing, releasing, embracing, animating, healing, uniting, and making fully alive.

Find this in yourself. It is half of the deepest magic in life.

Note: See my textbook on the psychological and spiritual aspects of water in nature—Undines: Lessons from the Realm of the Water Spirits.

See also my essay on facebook on images in water:

<https://www.facebook.com/notes/william-mistele/water-meditation/10153793651246939>

I Am Earth

And again, recall the element of earth in nature—walking through a garden or a forest, climbing a mountain, exploring a cave, sitting on a boulder, leaning with your back against a tree or against a stone in a stone circle 5,000 years old, tending to an orchard or flowers in a green house, or working with wood, sculpture, pottery, jewelry, or metal.

Take walking through a forest. Recreate the sensations and perceptions—the scent, the texture of the ground beneath your feet, the light and wind in the trees and leaves, the variety of foliage, the birds and the animals. And then open yourself to the feelings and energies underlying the images of the forest.

The roots of the trees reach down. The wood is solid. The leaves in riotous exuberance drink in the sun's energy as the tree draws water upward through its trunk and branches. Within, tree rings mark the four seasons going back for years through time. Here is life unfolding.

It is to be still inside, solid, enduring, nurturing, sustaining, growing, building, reproducing, and making. And found within the tree—the world of nature in harmony.

A Prayer for the Earth

*May peace be upon the Earth
May Her beauty
Be within me and radiate from me
May I shine with Her light
May She shine from my eyes
May I speak from out of Her silence
May She resonate from within my voice
May I merge with Her lands
May She flow without ceasing through my body and my hands
May I never be separate from Her:
From Her forests and Her mountains,
From Her lakes, Her rivers, Her seas,
From Her silence and Her mysteries.
May every breath take me deeper within Her wisdom
And may I always share in joyful Celebration
With all those who are close to Her.*

Tips

We either make ourselves miserable, or we make ourselves happy. The amount of work is the same.

--*Carlos Castaneda*

Everyone has their own way of letting off steam and engaging in casual conversation. But in regard to Gevurah, the rule is simple: Do not whine, complain, blame, or accuse others of being less valuable than yourself. You can seek to solve problems. But do not complain about having them. Fail in this and you automatically put at risk any journeys you take into the spiritual worlds.

There are no exceptions to this rule. If this is a problem, go back to Yesod and rule 9 and find a sense of wonder at the mystery of being alive otherwise you are wasting everyone's time.

How can I say this more clearly? If you get near the sacred, it will destroy you because your personality lacks the qualities required to endure its intensity.

Mystery: Balancing the Four Elements in Yourself.

We have discussed self-mastery in terms of balancing the four elements in oneself. Take something weak and make it strong. Take the negative and make it positive.

It is clear enough what this entails on a personal level. If you get angry in an inappropriate way, take that low grade fire energy and make it bright and clear. In a tense situation, relax, put aside ego and distractions and focus on the bottom line. Become the solution to a problem rather than part of the problem itself. That is fire strong, pure, and clear.

If you get confused, overly attached to ideas, and argumentative such that your mind operates like hot and cold, wet and dry clashing and forming storm fronts, develop your mind so it is free of attachments to ideas. Learn, study, investigate, analyze, and contemplate. Weight the

strengths and weaknesses of ideas and consider both sides of any position before forming a conclusion.

Develop a mind that is clear, open, luminous, and vast as the sky. This is not easy to do, but after all it is your mind. And there is no limit placed upon what you can do with it.

Are your feelings numb or injured, drawing you inward and away from engaging others and the world? Find a stillness and peace in yourself like a calm and serene lake. Here the flash flood, the whirlpool, rogue wave, and riptide dissolve. Fashion a dream from those feelings that are a part of the person you wish to become.

Water and love are everywhere—in us, around us, sustaining us, creating us, and inviting us to attain the highest that life offers.

Does life on earth with its limitations, restrictions, inertia, and inequality weigh you down, making you depressed and oppressed? What will it take to demonstrate that you took the life handed to you at birth and make it into a story worth telling?

In what way can you unite your will, your thoughts, and your feelings to produce accomplishments and works of genuine value that enrich the world? What is at the core of your being? What inspiration lies hidden within you? What are your deepest values and what commitment must you make so that those values shape what you do enabling you to become the person you were always meant to be?

Balancing the four elements within the self is no small task. The hard, cold fact is Homo sapiens has never been in balance with these four elements in the last two hundred thousand years of its existence. Our entire culture and civilization are skewed to deceive and deny us from undertaking such a task.

Look at astrology. Astrologers will talk about the traits you have from looking at your natal chart. But when has any astrologer on earth said to you, “Now I want you to master all 12 zodiac signs so that the elements

of earth, air, fire, and water are equally balanced in your soul.

“If your sun sign is Leo, I want you to develop yourself so you have the open mindedness and understanding of an Aquarian who sees the big picture in terms of what life is all about. If your sun sign is Aries and you are bold, down to earth, and assertive, I want you to equally develop the sign of Libra in yourself. Learn to produce a balance between yourself and other people. Always stay focused on the harmony of a relationship even if you have to turn into a director and producer who subtly assist another person to feel connected and happy.”

Similarly, in the Myers-Briggs Personality system there are personality traits that are paired off together such as thinking-feeling, extrovert-introvert, judging-perceiving and sensing-intuition. But where are the psychologists who offer you a class in balancing all these opposites in yourself? Kind of like, “Are you an introvert? Let’s learn to be an extrovert so that feels equally comfortable.

“Are you a perceiving kind of person who wants to carefully observe and draw conclusions based on direct, personal experience as opposed to an individual who wants to label things and place them in clear categories so there can be order and organization? Well then let’s learn to be organized and act like an administrator so we can get more done.”

Balancing the four elements in the self is a great mystery. It is a lifelong quest and this may only be the beginning of the journey. Master the elements in your body, soul, and mind and you become a divine being. Such divinity in human form does not come without severe tests, difficulties, and a massive effort to overcome one’s limitations.

To this end, fall in love with your body and its life force, with your soul and its feelings, and with your mind with its thinking and concentration. Each level of awareness opens wondrous realms to be endlessly explored. Make the effort to solve your problems and, in the end, it is like you will have experienced the equivalent of three or more life times packed into one.

Sayings of a Few Spirits of the Sphere of Mars

When I project my mind into the red aura of the sphere of Mars, I am surrounded by divine dreams of how to make oneself into a vehicle through which universal forces of nature can move unobstructed and be channeled so any obstacle is overcome. This power which stands ready to engage the world and to accept any challenge, any mission--this ability to act is amazingly balanced in this sphere with an inner grace and peace that belong only to those great warriors who have mastered themselves.

Gevurah/Mars, then, follows Tipareth/sun because our wills must match the forces we encounter in life. The essence of Mars is to be relaxed and yet to have the totality of your being ready in any moment to act--this is an immense accomplishment and a Divine Virtue. To transmit this capacity, the planet of Mars has been placed within our solar system.

Anator, 1-10 degrees Aquarius

Each moment you enter has its own mission.

Go out at night when there is no moon and the sky is clear. Look up. The stars are at a great distance. But if you open your heart you can, all the same, feel exactly what I feel in my heart: it is a feeling of being home and it is the feeling of being at peace with the universe.

When you can feel this you can feel the bliss that I feel on my quest to serve the light.

I can trace with my fingers gravities' waves like the waves of a sea driven by cosmic winds; these waves ripple and flow though me. I am the place where they awaken, the ecstasy that drives them, and the shore upon which they break.

Absalom, 1-10 degrees Capricorn

The five elements are within me. I am them and they are me. I seek their mastery to an infinite degree—this is the essence of time and what it is to be alive, to find the divine inside.

Give me a time frame in which to be alive and I will show you what can be accomplished when you are united to the divine.

Idida, 21-30 degrees Virgo

If you embody the powers of silence, then what you do will be beyond the ability of others to imagine.

Silence more than light or darkness defines sight, more than thought and words defines understanding, more than movement or volition defines action.

Silence is an unknown terrain and an invisible mountain range. No army can climb it. No commander or general can penetrate it and no reconnaissance plane can fly over it. You can neither lay siege to it nor assault it.

Silence is the will of the universe moving unobstructed toward its goal.

Gibsir, 11-20 degrees Aries

You can tell a great warrior because he is master of the present moment—he is completely relaxed, so empty he does not stumble over the feelings and thoughts of his identity, so serene that when he sits in moonlight you might mistake him for a stone statute or a rock, and yet he is always totally ready to act.

I declare openly the essence of all my teachings: “Each moment contains an abyss. The heart forges the pathway across. My secret name is bliss. I chart the paths between the stars. No darkness can hold me back.

Though I control and direct great forces so that my inner tension is immense, I dwell within a peace only a great warrior can know. It requires that all aspects of the self be mastered and then brought into harmony. No conflict in the world can distract me, for I have already met it, engaged it, and conquered it within myself.

To master yourself you must be prepared in any moment to cross over an abyss. This abyss is the unknown which exists directly beneath all your attachments, all your familiar relationships, and the definitions you use to understand who you are.

In any moment, a warrior is free to stand clear of the boundaries of reality and to see the world without fear, resentment, or hostility. Cultivating an enlightened mind is part of a warrior's task. It is a necessary ingredient in accomplishing any mission.

The essence of my meditation?

The power within my will?

I do what I need to do so that life, light, and love might prevail.

See write ups on Mars' spirits: Gibsir, Idida, Absalom, Anator.

<http://williammistle.com/gibsir.html>

<http://williammistle.com/idida.html>

<http://williammistle.com/absalom.htm>

<http://williammistle.com/anator5.htm>

Rule 4: Chesed, Jupiter; Mercy; nobility, community, wealth in all aspects and planes, divine blessing, supreme success, luck and good fortune.

What honor to those who guard the gates of heaven unless they bring heaven down to earth and throw open its gates to everyone?

Virtue: Leadership, altruism, generosity, character, compassion, excellence.

Vice: Hypocrisy, corruption, political correctness, tyranny of convention, conformity, complacency.

Challenge: Life is short. Yet every individual is given opportunities to be of benefit to others. Leave the world a better place than the one you entered. And, if given the opportunity, design for yourself a life worth living that allows you to accumulate the experiences that makes you wealthy in body, soul, mind, and/or spirit. Then offer this wealth to others in a way that is beneficial and practical.

Accomplish this and dignity, honor, and nobility will rest upon you and you will be joined a community of all those who exist to serve and who are committed to accomplishing the great work of transforming the world.

Chesed/Jupiter represents wealth and abundance in all aspects and during all phases and transitions of life. Its wealth of knowledge and experience seeks to enhance life in every possible way. This wealth is not just external. It is also found within ourselves.

Consider the material world as part of what supports you in any spiritual activity or quest. It is to the physical world that you return after meditating. It is what nurtures and sustains you when you are recovering from psychological disasters and spiritual encounters that exhaust you. That friend who understands you like no other or that serene place of retreat in nature—these are part of the wealth of Chesed that enables you to follow your path.

***Magical Practice:** Magic is a study of how to make the best choices in life. To this end, find and practice a genuine and universal magical training system. Such a system increases your levels of awareness that overlay ordinary, 3 D reality. This awareness vastly expands what you can accomplish in life.*

An example is the system of self-initiation offered by Franz Bardon drawn from the Western hermetic tradition.

For me, Franz Bardon seeks to train individuals so that while still in incarnation they acquire the abilities of an earthzone spirit who oversees some aspect of human evolution. Each day, these spirits exert a benevolent influence on the entire planet.

This is an astonishing level of development for any individual to achieve. Let me summarize some of the abilities a Bardon student might develop in himself.

For me, this is what Bardon has a student practice in his three books:

You make your mind completely empty of thoughts. An empty mind has many applications. It is reflective like a mirror being both detached and perfectly clear. It is receptive like the ocean and flowing like a stream able both to embrace and to nurture life. It is open and vast like the sky filled with sources of light.

Being empty like a void it penetrates through and also stands outside of space and time. It is serene like moonlight and imaginative as a dream. It is solid and enduring as a mountain embodying the silence of the realm of gnomes. And it is intense and electrifying as when polar energies reach their height in the moment before lightning strikes.

With such a mind, when you think about someone or some being or spirit, there is an automatic connection between the two of you. Your mind is then able to amplify your perceptions so you can receive very faint sensations heightening your clairvoyance, telepathy, and clair-sentience.

Using a trained imagination and power of concentration you visualize the thing you wish to manifest as if it is real right now in this moment. This action is aligned with a divine purpose. You add energy to your picture imbuing it with feelings so it is fully alive. And you take into

consideration the forces, situations, resistance, and obstacles that must be overcome to make your vision reality.

We have described in Gevurah/Mars methods for imagining and identifying with the elements of fire, water, air, or earth. You study and attune your mind to each element learning to amplify, condense, and transform it.

The mastery of the four elements is practiced on all four planes—akasha, mental, astral, and physical levels. With extended practice, you are learning to create each element from out of nothing and also dissolve it again.

Practicing over many years, your mastery of the four elements frees you of the bonds of karma, for now you are fully conscious of the hidden forces that underlie motivation, desires, and will.

Thinking about this practice or reading it in a book is only a starting point. In working with the powers of nature in the outer world and the powers of the elements on the inner planes, you get to choose for yourself the nurturing and transforming powers that will serve to make you the person you wish to be.

In the end, when you can concentrate effectively, your thoughts are like electricity and magnetism. Everything else is attracted to and becomes aligned with them. The four planes cooperate. It is like akasha--obstacles dissolve in its presence. It is like a mating of Saturn and Uranus--something completely new and without precedent is introduced into the world and yet it feels so natural it seems like it was meant to be all along.

When I consider the entire spectrum of methods in Bardon's three books with over five hundred different spirits and 27 cosmic letters, this summary is what I come back to in order to understand what I am doing. Self-transformation, self-mastery, self-empowerment, and

integration--aligning oneself with the forces, the laws, and the harmony of the universe--are at the heart of the process from beginning to end.

Any good hermetic training will present a cosmology--a summary of the active energies that underlie the unfolding of the universe. And then it will ask the student or initiate to seek to discover, encounter, embody, and harmonize these energies within himself.

Again, note the global aspect of this training. Sitting in a Zen monastery, you acquire clarity of mind. Sitting in a Tibetan Buddhist monastery, you might develop depth of mind. Working with a shaman who is deeply aligned with nature, your mind might become grounded, solid, and enduring.

Studying with great martial art masters, your mind might become electrifying, explosive, and powerful. If you have the chance to study with incarnated mermaids, you might develop brain waves that are flowing like water and empathy that is all embracing like the sea.

If you train in a college curriculum like business or science, you develop a mind that is sharp, investigative, and analytic. If you work more with the humanities studying drama, literature, poetry, music, or painting, you have the opportunity to acquire an artistic sensitivity that heightens your awareness of the nuances of each moment as they unfold. If you study law and somehow combine that with deep contemplation of divine purposes, you develop a sense of justice and an understanding of the forces that control the fate of nations.

In each of these practices, you are encountering a different aspect of akasha, the fifth element, that stands outside of time and oversees, balances, and perfects the unfolding of all things. As such, akasha is the source of conscience. And it is a fully activated and highly intuitive conscience that enables us to make the best choices.

Everything I describe will eventually become a part of ordinary society. For now, magic is simply an intense and systematic training of body, soul, mind, and spirit that conventional educational institutions do not yet comprehend. In time, education will catch up and society will offer enlightenment along with knowledge, justice along with successful

careers, and a vast ranges of new opportunities and emotional states of empathy and well-being.

Common Virtue: Universal Love

In Tipareth/the Sun, we encounter unconditional love that is all accepting. It embraces everyone seeking to bring the best out in them. In Chesed/Jupiter, the love is more proactive. It seeks to bring people together into communities and it offers them custom designed opportunities. Though the love in Tipareth is more radiant, the love in Chesed possesses far more resources and it is positioned better to take hold of the world.

Tipareth love exerts an inspiration that transforms anyone it meets. Chesed love lays the foundations and provides the physical and spiritual wealth that empower people so that with greater ease they become fulfilled and live complete and satisfying lives.

Magical Virtue: Benevolence as divine blessing.

People have to make their own choices. Yet there is a magical power that blesses others' lives in all four aspects of Divine Providence. (See for example Bardon's cosmic letter G or my essay: <http://williammistle.com/letterg.htm>).

You take an individual's situation in life and consider that individual's level of personal development. And then you enhance this person's experience of life.

This can be done by clearing another person's karma. For example, by clarifying choices lead to the best path in life; by strengthening the other's will and enriching the individual's capacity to feel; and by keeping the individual focused on the right work.

If you just practice seeing someone as his better self in all four aspects (will, mind, feeling, and action), you exert a blessing on that individual. If you practice this as a meditation and you do this meditation "within" the other person's aura, then you exert a stronger influence.

Imagine meeting a “priest” and saying, “Can you bless me?” And the priest in effect anoints you with the vibrations of the very best that life has to offer you. Your subconscious is no longer entangled with repressed desires and negative reactions. Instead, you feel a purified and refined sense of motivation inside yourself to achieve everything that you can.

Your mind is no longer filled with clichés and false assumptions and narrow minded ideas. Your mind is clear and able to perceive and think without relying on dull and ineffective modes of interpretation. You no longer struggle trying to exert your personal will when so much seems to oppose you. Instead, you are clear about your deepest values in life and formulate plans of action that are guided by those values.

Where otherwise you would make mistakes due to ignorance, confusion, and false assumptions, now you sense intuitively what direction to take and when and where to be cautious and careful. You have an inner sense of contentment and peace and so you avoid taking risks out of a compulsion to try to fill an emptiness or cover the numbness inside of you.

People learn by making mistakes. When encountering negative situations and feelings they gradually come to realize that the more difficult but positive actions are more satisfying in the long run. Jupiter can accelerate this process of learning. Life is short. Why waste years of your life being stuck?

Similarly, learn to bless others in this way: Imagine the person as being totally detached, that is, free of all attachments to the past that hold this person back from making the best choices in life; imagine he or she is in a situation where they have the highest learning curve; where others hold them in the greatest respect and appreciation; where they are of the greatest help and assistance to others; and where the individual feels completely happy, content, and satisfied.

In this way, you dissolve other’s karma and change their fate, for what you have just imagined places this person perhaps for the first time

before their path to perfection. This method belongs to a spirit of Jupiter named Jophaniel who presides over the sign of Pisces.

The benevolence of Jupiter takes hold of karma and modifies it. Place someone in this kind of situation and you do more than what karma itself can do—by motivating and inspiring him to be where he is learning the most, karma itself is no longer needed as a teacher.

Sometimes to change an individual you have to change the individual's situation. Place him among different people, give him a different set of friends and peer group, and challenge him to accomplish things he never would have considered before. Jupiter strives to find each person situations where he can experience the best that life offers.

Tips: Global Dreamtime

Dreamtime (definition): Dreamtime is the inner set of spiritual intuitions, feelings, ideals, and sources of inspiration that sustain and motivate a particular community. Dreamtime defines for a group their sense of being home. It is a shared dream where individuals associate with others who have the same beliefs and similar soul vibrations.

The problem with magical training systems, with universal love, with benevolence and divine blessing, and with spiritual communities is that they are limited by conflicts inherent in the collective unconscious and global archetypes of our planet. Put simply, the dreams and sacred ideals that motivate and inspire individuals, ethnic group, religions, and nations are not only not aligned with each other. Most of the time, their dreamtimes have nothing in common.

The Chесed/Jupiter inspired individual will perceive the specific sources of inspiration that motivate others. And he will also perceive the whole—that which underlies, sustains, and supports all human ideals, endeavors, and purposes.

At one ecumenical seminar, leaders from the major religions and many other spiritual individuals met together. The head of the largest druid

who attended said to me, “They each got up and spoke about their own religious ideals. But none of them seemed to be listening to what the others were saying.”

Gurus/teachers and students in the same lineage share the same set of dreams. Through great endeavor, they have refined their ideals and established what they consider to be sacred. But then they close down. To survive in a hostile world, they make their practices exclusive. Though often unspoken, there is a strong force present that asserts—“You are either with us and one of us or you are not part of our tradition.”

For example, one woman told me never to come back to their Hindu fire ceremony. This was because she saw a different spirit than those of her guru’s lineage appearing to me during the ceremony.

Consider: Hopi Indians do not share their dreamtime or their ceremonial secrets with Navaho Indians or even with plains Indians with the same clan totem like sun or eagle.

Hawaiians do not share their spirits and guides and inner plane teachers with Australian Aboriginal clans or vice versa. Christians do not share the same dreamtime with Jews. In fact a Rabbi who used to write for the Jerusalem Post used to say that Christians have a completely different God than the Jews. The Jewish God expected Jews to participate in the work of salvation. Christians, by contrast, state that salvation is accomplished by God without human support.

Muhammad relied on the angel Gabriel as inspiration for the Korean. But Gabriel has a totally different vibration from the prophets of the Old Testament. These three religions have totally different dreamtimes. If they cannot enter each other’s dreams and share in common a sense of what is sacred in life then no wonder they do not get along or understand each other.

There are Tai Chi Chuan masters who will teach for fifteen years to one set of students and then they go to another city and teach a completely different form or set of forms. Different gifts for different students in different times and locations.

Buddha was not anointed. No dove descended. He was not aligned with any of the Hindu gods or goddesses. He had no spirits guides or spiritual assistance during his quest. Instead, he became enlightened on his own.

And where in Western tradition is there a trace of the depth of occult anatomy that the yogis of India practice constantly?

You see this issue most clearly on the astral plane. The astral plane of the planet earth sustains the soul life of every being on earth whether alive in a physical body or departed and in the next world. And unlike in our physical world where you can encounter a vast number of different kinds of individuals, on the astral plane beings associate with those who share a similar vibration.

And the astral plane, elemental beings exist in elemental realms. Those who have died are drawn to realms or kingdoms of the soul that embody the beliefs that these individuals shared in common when they were alive. Fairies exist in fairy realms. Gurus and masters maintain their own lineage realms, etc.

To know the global dreamtime, to dream the dreams of the planet earth, you would need to internalize within your astral body the four elements of nature and the four realms of the four elemental beings.

Imagine humans being aware of global dreamtime. Such individuals would have great compassion, feeling, empathy, and love. They would have enlightened in their minds and possess a tenacity as Bardon says of a superhuman level to make this world a better place. At the same time, they would embody the will and purposes of Divine Providence. When Divine Providence wishes to speak or accomplish its work on earth it will turn to these individuals who have become its agents.

Note: The conflicts within global dreamtime extend far beyond human experience on earth. On our planet, the four elemental realms themselves rarely talk to each other. The salamanders such as Orudu who oversees the eruption of super volcanoes does not consult with mermaid queens or sylphs before he plans an eruption. It will require an advanced race on earth that embodies within itself the consciousness of the four realms to bring nature on earth into balance.

For further discussion on this topic, see my essay comparing the planet earth to the planet Erra in the Pleiades.

<http://williammistele.com/erraandearth.pdf>

Mysteries: Spiritual Community/Genuine Cosmic Religion.

I have puzzled over this idea of a cosmic religion. How do you take a system like Bardon's and turn it into something that has a social life? How do you build a community with it? What values would that community share? What kind of people would it contain and what would bind them together?

Many religions claim to be universal but they are saturated with hatred and fear. Sometimes they are nearly insanely insecure. How do you find people who are compassionate, who strive for balance and virtue, and whose purpose is to serve without that service being contaminated by selfishness or guided by a narrow range of ideas?

Chesed/Jupiter establishes communities. This community of spirit is not just a set of friends and a well-connected organization. It is a community that has become a family. Its members are inspired by the heart of life and are committed to accomplishing the highest and greatest work that can benefit others.

This community serves but it is so wise and balanced that it continuously probes the depths of soul and spirit to discover what grants the deepest fulfillment. This community does not define itself as special, elite, or open only to certain people. Its members do not enjoy special privileges and fringe benefits due to rank, loyalty, and seniority. They certainly do not define themselves by what they believe or by the ceremonies of a sacred tradition.

Instead, this community defines its success by the wealth it is able to offer to others. There are problems solved, conflicts resolved, inspiration granted, healing provided, broken hearts mended, despair banished, doors opened, work and new life achieved. And the connection between its members is more solid and powerful than that offered in any secret organization or with your unit in the military. It is an inner connection--

heart to heart and soul to soul and love and energy are continuously flowing between its members.

A Few Characteristics and Works of such a Community

Unlike spiritual seekers who are solely focused on their own development, this community celebrates all four elements on all planes as well as their divine aspects. For example, the will among some of its members, like spirits of the earthzone, possess the capacity to eliminate wars on earth forever. There is no excuse for failure in this endeavor.

There are practical and effective ways for dissolving malice and hate, for overcoming those who make a career of subjugating and dominating others. To protect the needy, the helpless, and the vulnerable is an ideal which they are able to pursue because they possess the power to do so.

Such a community offers, without requiring belief in doctrines or authority, a practical and step by step guide to transform from human into divine being.

It offers a place of refuge in the soul—a place of peace and serenity where every human being can go. Here the feeling of sanctuary and temple atmosphere are sufficiently strong that peace flows like a stream from the dawn of time to ends of eternity and as a sea that has no shores. Such peace is not belief. It is more like this: relax, exhale, and find a place in your soul in this moment so that you feel an absolute contentment or an inner union with the universe.

If I ask myself for such a vision, I recall what the mermaid queen Isaphil once showed me. The goddess or intelligence embodying the awareness of the oceans began walking across the waves at Sandy Beach toward me. As she drew near, she said, “At night when I dream I dream I am a silver chalice that contains the distilled essence of all the stars. And when I dream this dream I feel I have become one with the universe.”

That dream rising from out of the water element in nature is a place of refuge and serenity for me.

The community also establishes astral immortality in the soul. Again, one or more elements in the individual are so strong, so complete in the identification with nature, that the soul no longer deteriorates when the individual's dies-- neither in this life or another nor during any age of life does the individual possess less purity and strength of emotion force inside. The individual's emotions renew, purify, and are forever new in and through their strength of vibration and inner life.

The community teaches formless consciousness. Individuals use all sorts of group affiliation for support and growth. They pledge allegiance, seek liberty, fraternity, equality, and brotherhood. They rely at times on monasteries, ashrams, churches, cathedrals, groves, and stone circles, etc.

But there is nothing that can bind or limit the freedom of the human spirit. Freedom is the nature of consciousness itself. In other words, your cosmic religion will empower you to be fully engaged, acting creativity in history and at the same time be fully and totally transcendent and independent.

The mind is like the sky, open, pure, clear, luminous, identifying with absolute freedom and attaining an inner union with cosmic harmony—perceiving directly from within oneself the laws that govern the universe. A genuine spiritual community finds a way to embody that openness and clarity within its members.

It teaches individuals to sense each other directly from within so there is a soul to soul and heart to heart connection that each is free to establish with any other. And it teaches individuals to perceive love as a direct exchange of energy from one to another.

Historical religions all have ceremonies, rituals, pageantry, and festivals. A genuine cosmic religion takes all of human history, the journey itself toward attaining full awareness, toward ascending and becoming pure spiritual being, as its celebration, festival, and pageantry.

Therefore, the story of each individual's life, his and her experience with each life transition, the passage into and through each desire and need, is celebrated. There is the attainment of an inner experience with being saturated with love in every cell of your body and overflowing with love from the core of your being; of attaining wisdom and the enlightened mind; of discovering the vitality and power of immortality that lurks hidden within our nervous system and breath; and the discovery through personal searching of the divine purpose arising from one's heart—the earth itself and life with all its conditions and restrictions are our training ground for attaining completion in all things.

A genuine cosmic religion has taught its practitioners how to listen, to listen so well they can sense another's life experience as if it is their own, to listen so well that Divine Providence considers them part of itself.

For myself, I am here for the long term. My vision is simple—I seek the enlightenment of this planet, that is, anyone anywhere who wishes will have the resources of all spiritual beings on this planet to assist him in attaining cosmic freedom. This is the kind of thing you do when you feel the wealth of Chesed/Jupiter inside yourself—like a cosmic library of wisdom waiting to be drawn upon to assist others so that their lives are fulfilled in every conceivable way.

A Few Sayings of the Spirits of Jupiter

Ambriel:

It is the nature of Divine Providence to create and sustain order, community, and society for the sake of accelerating learning right up to moment when you attain perfection. It is my commission to offer opportunities to fulfill this vision.

Asmodel:

We are all of us one community existing to honor and to fulfill a sacred quest--to celebrate the mystery of love.

Love has neither beginning nor end. It cannot be confined and it resists definition. That is why you can find it in any human action. That is why you can learn to be friends with anyone or fall in love with anything. Every breath, every heartbeat rises from its depths. The entire universe is its song.

This is the essence of all my teachings: everything that exists has been created out of bliss. For this reason, there is no limit to the imagination. There is no end to the mind's explorations. The desires of the heart cannot be confined, for the heart desires that matter and spirit be joined and all action be turned into Divine celebration.

This truth can be found and tasted, honored and touched in every moment of time. Those who embrace this truth, their wisdom shall be as deep as the sea and as vast as the sky. And in their voices you shall hear the songs the stars sing at night.

Aduachiel:

Draw upon wealth on all levels of awareness and in all aspects of the world. There is no end to it. It exists to insure that all paths of life are fulfilled.

For my essays on Jupiter Spirits see:

<http://williammistle.com/asmodelfourplanes.htm>

<http://williammistle.com/ambriel2.htm>

<http://williammistle.com/aduachiel.htm>

Rule 3: Binah, Saturn; Enlightenment—understanding how the universe works.



He that rules over men must be just.

--last words of King David

Justice and only justice shall you pursue.

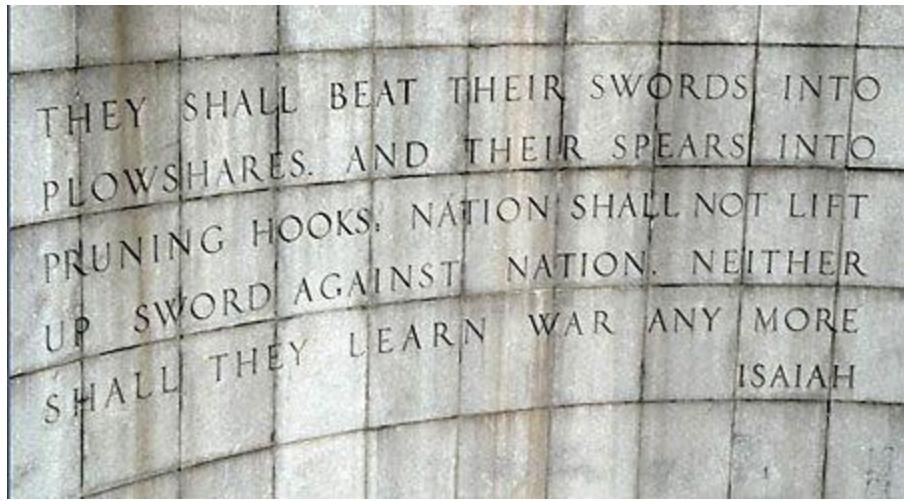
--Deuteronomy 16:20

“Defend the weak and the fatherless; uphold the cause of the poor and the oppressed. Rescue the weak and needy; deliver them from the hand of the wicked.”

– Psalm 82:3-4

“You turn men to destruction and say, “Return.”

--Psalm 90



Whenever righteousness becomes lax and injustice arises, then I send myself forth to protect the good and bring evildoers to destruction. For the secure establishment of the laws of the universe, I come into being age after age. ... I was born to destroy the destroyers.

--Krishna

Virtue: Establishing justice, a judicial temperament, near super human patience, diligence, implacable will, equanimity, equilibrium, guardian of the laws of the universe, recollection, contemplation, discipline, unshakeable self-esteem, humility, conscience, protector of spiritual paths. Also achievement—producing works of enduring value.

Vice: Negligence, fixation, failure to take responsibility, inattention, lack of conscience, anguish, sorrow, depression, corruption, treachery, criminal enterprise, degradation, oppression, feeling abandoned, alienated, and estranged.

Challenge: Life is whatever you want it to be. You are free to make your own choices. Yet, at some point sooner or later, you will discover on your own that no form or image defines consciousness. No attachment or tradition reveals its essence.

The lesson is that you are both within and outside of space and time. You are both subject to the limitations of life and yet all limitations exist to be mastered. Observe life with complete detachment and nurture all things with profound tenderness and you will attain absolute freedom.

Accomplish this and every being will be your friend and wherever you travel or into whatever realm you enter you will be home.

Saturn is sometimes viewed as a nightmare, a dream filled with sorrow, loss, sadness, grief, disgrace, shame, failure, and pain. Saturn's voice speaks not of Jupiter's opportunities, adventures, and new horizons. Instead its path involves purification and transformation through ordeals until we finally attain absolute freedom.

Saturn's vibration destroys false attachment, eliminates waste, removes inefficiency, and dissolves inertia. It says basically, "Do not be distracted or compromised. Stay focused. Accomplish the work you have been given."

Yet amid Saturn's demands is a knowledge of equilibrium and inner harmony so the universe can be reflected in yourself without distortion or impurity. It is a serenity so refined it can restore to harmony anyone who has lost their path or any soul which has fallen into darkness.

You will know when you have made a good start on this path. You will find in your heart inner strength, inner peace, and complete freedom.

For a "tour" of a Temple of Saturn in ancient Rome, see my story,
<http://williammistle.com/templeofsaturn.pdf>

Magical Practice:

Blessed are those who pass through their inner darkness without fear or shame, for they shall attain freedom.

Discover the deepest lessons you have to learn in this life. Now take the time and make the effort to learn them. No one can do this for you. The

whole point of rule 3 is that you yourself learn to see what needs to be done in order to live in harmony.

What are those Shakespearean character flaws you possess that inevitably bring you down? What keeps you from being happy? What family karma has been passed down to you from previous generations—prejudice, bias, selfishness, greed, arrogance, fear, hostility, domination, vulnerability, etc.

What stands in your way preventing you from attaining something great or pursuing your dreams or attaining your destiny? What is missing from life that no one else sees or seems able to address?

Get to work. Life is not a party. It is a school, a college. As I have said before, you signed up for the human experience. You would not be getting your money's worth if you do not make your best effort.

Consider the basic components of life in terms of the hermetic tradition and the point of view of Saturn:

The element of fire is will power. But for Saturn divine purpose is essential otherwise will power will falter and become like the “fallen tower” in the Tarot.

The element of air is wisdom. But for Saturn, your mind must be as open as the sky and as clear as a mirror. All boundaries and limitations must be left behind otherwise you are blind.

The element of water is love. For Saturn, you must become one with another without a trace of attachment, possession, or grasping. Fail in this endeavor and your love is like a sailor sailing without a home port.

The element of earth is consciousness. Is there something to accomplish here? For Saturn, the works that we do in life must be of such value that they endure through all ages of the world.

Saturn is the next step after attaining astral immortality in Mars/Gevurah and a wealth of spirit found in Chesed/Jupiter that enables us to serve. Saturn is about mastering the four elements as a steppingstone to divinity.

One of my own deepest lessons to learn was passed down to me. Having developed faith and conviction over five generations, the men in my family line acquired an upgrade to their conscience. At times the fire and the light were so intense they could see the original purposes being fulfilled in certain situations. This gave them great authority and the will power to act and to change the world when others would otherwise hold back or feel helpless.

But this faith, conviction, and will power lacked self-reflection and its feminine counterpart—empathy, depth of feeling, inner peace, and universal love. In effect, though their will power was often fully operational, it was also contaminated and defective. These individuals could not tell when they were acting in a righteous manner in pursuit of their ideals and when they were taking advantage of others to benefit themselves.

Growing up in this environment, my soul was imprinted with this fiery light. But I also knew I had to get free of the negative component. Later in life, after meditating on the void or nothingness every day for three hours for four years, I finally found what I was looking for.

I had entered a space of mind and heart where I was not just free of the hazing, manipulation, and the devouring hunger of the alpha male. I was free of the entire will to power inherent in human society from the beginning.

Sometimes a personal problem is also a collective problem and more. It is a problem in the collective unconscious and among global archetypes. It will not let go of you until you learn to speak to it with a voice that rises from the core of its own being. Then you are finally free.

See also my story, *Going into the Light*
<http://williammistle.com/goingintothelight.pdf>

Common Virtue: Gratitude, thankfulness, appreciation, and celebration of the gifts of the past.



Friendship and sharing enriched through experience, ripened with the years, achievement, satisfaction, and true contentment. Each is able to look back and say, "I have become the person I was always meant to be."

In such a case, we could say that our feelings, our heart, our sensitivity, our kindness, and our love and empathy have had Saturn as a spirit guide. She was tough at times, harsh, even incredible hard on us. But she did what she had to do in order to produce something wonderful.

***Magical Virtue:** Dissolving negativity, malice, hatred, hostility, etc.*

You have the right to be free of negativity in your personal space or whatever space you define as your sphere of action.

The practice for acquiring this virtue is quite simple. Simply imagine a vast empty space with nothing in it.

Then think of this clear space as something you "own" and that you are able to use anytime you wish. Add to this empty space a sense of a shining black light and that this light penetrates everywhere through space and time. And then imagine that you are this light penetrating

everywhere in space and time. It is the nature of this meditation to reveal the original nature and origin of anything that exists.

This is something you can get good at through practice. It is quiet. It is peaceful. There are no disturbances of any kind. There are no interruptions or distractions.

It is the nature of mind itself when it is still—it has the ability to be perfectly receptive, reflective, and clear like a mirror. And it offers this fabulous gift. It can dissolve into nothing anything that is negative.

And so here is the application. When you are with a mean or negative person you simply imagine this person is with you in this infinite space of emptiness that automatically dissolves any negative energy. To be negative, there must be something to cling to or try to possess--a form, image, person, or thing. Or there must be something to flee from or get rid of.

But there is no form in this vibration of emptiness and there is no you even though you are physically present and talking to the person. There is only an awareness that reveals the other person's original nature. And there is this: the void embodies absolute freedom to be and to become whatever they wish. There are no restrictions that exist within the void regarding what can be imagined, felt, or conceived of as a possible course of action.

It is quite hard to remain mean or negative when on a subconscious level someone senses they are sitting amid an infinite void where emotions such as hate, fear, greed, meanness, malice, or jealousy cannot appear or exist.

This act of imagination alone tends to make hostile people more calm and reasonable. This is because, again, there is nothing here to control, nothing to take, nothing to lose, nothing to threaten or that threatens and nothing of a hostile nature that can even occur.

If nothing else, call it non-verbal body language. You are suspending any personal ego or identity that can be threatened by this person. And sensing that the other person tends to relax.

You can also do this by visualizing someone in front of you. And then imagining that person in the void with you. If you think about anything

or anyone, there is automatically and spontaneously a direct connection between the two of you.

If you can get this to work for negative people in your personal space, then you can immediately apply this practice to anyone on earth. We are all connected to each other. If enough people were to do this, then they would fill the earth with justice and eliminate corruption in government.

But it takes some work. The bad people who run countries spend their whole lives seeking to master the opposite meditation—with great diligence, they imagine themselves in power and that their power over other people only increases.

Then again, for those who master the void, like Buddha, every being is their friend. They have no enemies. Each person is oneself in another form. In meditating on negative people, you are only acting to assist yourself in getting through a dark place.

The Voice of the Void (the cosmic letter U):

*There is no vice I cannot twist and bend
And turn again into its opposite virtue.*

*There is no compulsion or obsession I cannot
So fill with light it becomes kind and bright.*

*There is no ill will or malice I cannot
Convert into chivalry or true nobility.*

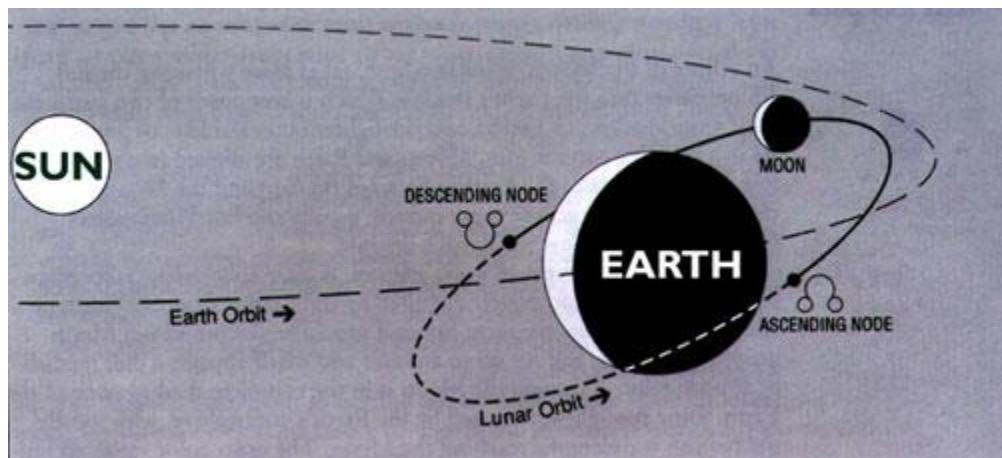
*There is no crunch or karmic bind, no evil intent or design
I cannot refine within my mind
Into contentment and absolute satisfaction.*

*There is no suffering
I cannot so enfold within my palms
Spit on, blow upon,
And recreate as beauty hidden in the heart of life,*

*Such are my power and might;
Such are the depths and the heights
Where my wings fly.*

Tips

Part One: North and South Nodes of the Moon



A perspective on one's deepest life lessons can be found in one's natal chart and it relates to the North and South lunar nodes. You can use an on-line program to cast a free natal chart on one of many internet sites. This will usually include your north and south node locations. You can then find a simple interpretation by searching, for example, "north node Sagittarius south node Gemini."

The South node represents areas of experience from past lives in which you have excelled. It is something you are good at or take for granted. In the movie, *Lord of War*, Nicolas Cage plays a weapons dealer named Yuri Oriov. He is very good at what he does and so he keeps doing it even though he ends up losing his brother, his wife and child, and his parents.

You could say his South node involves making deals with terrible people and getting away with it. His North node would be the opposite—helping disadvantaged people survive and start new lives.

Often the excessive experience you have in your South Node position is utilized in a positive way by redirecting it through the North node position.

With my South Node in Sagittarius, to say the least I have an excessive amount of conviction and certainty about what justice is and a real flair for searching out the truth of the universe. But it is a disaster if I were to repeat a life engaged in these same pursuits. All the same, by focusing on communicating what I know inside myself, I can open up paths for others and enrich their lives. In this case, it is about service to others rather than asserting who I am.

Part Two: Saturn and the Void--Ten Things to Learn

To summarize Things to Learn from Saturn and the Void (formless consciousness free of all attachment):

10. A void is your space. Here there is nothing that can bother you. There is nothing to weigh you down--there is no physical gravity and no social obligations. There is no one telling you what to do. There are no limitations. No obstacles. No barriers and nothing to overcome. It is quiet if you want quiet. It is calm if you want calm.

9. The void is infinite peace. We are surrounded by hundreds of billions of galaxies. The void embraces and supports everything. The universe arises from the void. Enjoy this ambience—the void is the feeling and taste of infinity.

8. The void is where you can create and dissolve any feeling. Try it. Imagine anger and hatred. Now imagine a very hot, burning ball of fire in front of you. The heat is radiating in all directions. It wants to take anything it can get hold of and turn it into fuel to satiate its hunger.

Now imagine this ball of fire gone. It has vanished. It has dissolved into nothing. Anger and hatred are energies and, like a ball of fire you have conjured up through imagination, they can cease to exist if that is what you wish.

Imagine depression, sorrow, and sadness. Now imagine a very heavy, dense ball in front of you as if it is made out of lead. Imagine that ball gone. The weight has vanished. You can do the same with the feelings that weigh you down. The void amplifies your imagination.

Recall or sense anxiety or obsession. Now imagine a ball in front of you like a sphere filled with the blue sky. Except this sphere has dark clouds like a hurricane or tornado inside. Now imagine the ball dissolving into nothing. No more disturbances in the atmosphere. No more feelings of anxiety.

Imagine greed, jealousy, and possession. Imagine a ball of water in front of you that is sticky, impure, or contaminated. Now imagine the ball gone. The same imaginary action applies to greed, possessiveness, or jealousy. They are gone. They are no more. There is nothing here in the void to grab or to be attached to.

This is something you can practice. Like I say, emotions and feelings are energies in your body. You can reflect on them and process them all you want. You can get to know them in every nuance and aspect. But in the end they arise and appear in the void--the vast open space of your awareness--and it is you who are free to guide, transform, or dissolve them according to your purposes and volition.

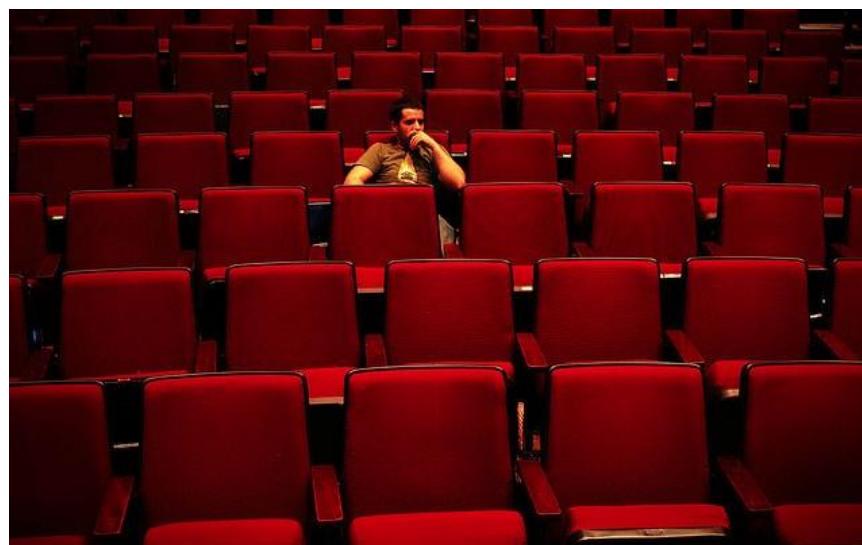
7. The void dissolves negativity in your personal space. (We covered this under magical virtue.) Your personal space is defined by you. It can extend to anything near to you, a room you are in, a building, or a group to which you belong. It can include the entire world.

You can dissolve energies—negative emotions—in others in a similar way to what you do in yourself. Imagine a person in front of you. He or she is in your void. Nothing else exists than you and this person.

Now imagine that person and the negative energy inside. And now imagine that negative energy gone. You can actually sense it draining out of the other's body until it completely dissolves.

This takes a little concentration and patience. But if you can imagine a vast void around and inside of others when you talk to them you may notice that they tend to be calm and reasonable when you do this. Negativity and a void do not co-exist.

6. The void specializes in modifying and changing karma.



Think of sitting in a dark theater where a play is being performed on stage. That play is your life and there was a script written for you to act out before you were born.

Every time you have been angry, depressed, lonely, sorrowful, needy, or hurt—all those feelings were waiting for you to experience as you walked into different scenes in life and acted out different scripts.

But the void is without bias or attachment. Look clearly at what is occurring without any assumptions, traditions, or history but actually just look and see. Now you can decide if you want or not to continue playing your assigned role with its prefabricated self-image and identity.

Karma is the action of the four elements. If the elements in you are strong and positive, you tend to get strong and positive life results. If the elements are weak and negative, you tend to get weak and negative life results.

But all four elements arise from and dissolve into the void. They depend on the void for their very existence. The void supervises their unfolding and causation. You are free at any time to suspend the laws of karma if you simply decide in your mind to no longer follow the sequence previously assigned.

Imagine doing that. You sitting there in the theater yell out to yourself up there on the stage—"You already did that over and over. Stop doing it. Find another way of responding." And the you on the stage hears this shout from the dark theater as the voice of his own conscience speaking to him from inside.

We all have many parts to play. You get to reinvent yourself as you play your part on life's stage.

In other words, get in the habit of taking a careful look at yourself from the point of view of the void in which there are neither space nor time to confine, limit, or define. The void is your ability to gaze with perfect clarity of mind. And it reminds us that we are surrounded by infinite possibilities.

5. The void reveals the original source from which all things arise. And so it identifies the original purposes for which they were designed. The purpose appears, it provides experience with life, and when it is fulfilled

it may have no more use. Things come to an end so there can be new beginnings.

The void allows you to identify with the original source so that you develop the insight into why anything exists as it does. Knowledge can be acquired. And wisdom is just being aware—like enlightenment, wisdom is seeing the world as it really is.

4. The void has no barriers or boundaries in it. Thus you are able to feel one with anyone and everything. The void is omnipresence. If you think of someone, then that someone is right here, now, and present with you in the void. There is only you and that person.

To be aware of another from within the void is to be one with that person since nothing else exists in your awareness. Get used to this state of mind and perception. Make it your friend. For the point of view of those who embody the void, everyone is a friend since they are perfectly understood and known from inside. This is because everyone will one day find perfect enlightenment inside. Perceive the unfolding of the universe that is occurring through you.

3. The void is silence. You can play any sound or music you like. But the void itself is silence. It is that place from which all songs and spoken words arise.

As silence, here is where you can cherish and nourish in your heart your highest dreams and ideals. Your dreams and ideals are always near to you and a part of you.

2. The void--and this is important to grasp—is where the creative artist or the one who originates new things works from. It is the divine workshop.

So if you wish to create a future, to manifest a dream, here is where you see it, envision it, enter it and live it so it is so real that you embody its vibration and feeling. This is because there are no barriers to imagination in the void. Nothing prevents you from experiencing “here and now” as being completely real whatever it is that you seek to fulfill.

To say it in another way, the void is quantum reality. You can approach the void as Wugi, sunyata, Dzogchen, or call it original being. But because the void has no color or form, no energy or substance of any kind, the void is infinite in possibilities. Absolutely anything can appear. And “anything” includes the possibility of the specific world in which you exist. The void also includes all methods for eliminating abuse and selfishness so justice fills the earth.

Creative artists and true prophets make the void a second home because they enjoy the freedom and the stimulation to their imaginations to which the void gives rise.

1. And of course the void is the experience of perfect enlightenment. Free of all attachment because here there is nothing to which one need be attached. There is no assigned identity or set of predetermined responses because you yourself are the original source of perception and experience.

You see the world as it is because your mind is reflective as a perfect mirror that sees without bias, blur, or distortion. Whatever occurs you perceive in your awareness according to what it is without the mind imposing a meaning or interpretation on it.

The enlightened mind is open and the void is infinite in its openness and receptivity. The enlightened mind is clear and you are the source of clarity. The enlightened mind is self-luminous and you as the void are the source of all light and illumination. And the enlightened mind is free

and as the void you are the source of all freedom—freedom is celebrated in every sensory perception you experience.

The void—enjoy it. It is an infinite source of power and every divine being uses it to fulfill its purpose and commission.

Mysteries: Creating Love Where Love Does Not Exist

Blessed are those who create love where love does not exist, for these have past the final test and now embody in their souls the mystery of the universe.



Put simply, Saturn would like us to learn all we can about life here in the physical world. There are many tests, difficulties, ordeals and many things to accomplish. But if you want to reduce all that Saturn requires down to one test, then this is it:

When you are placed in a situation where there is no love present, where there is no support or backup, can you create love where love does not exist? Accomplish this and you will be given the keys to all mysteries.

We have already discussed methods. Let's review. You become like a mirror in your awareness. Like an actual mirror, the mirror has the vibration of extreme detachment. A mirror reflects what is in front of it while remaining unaffected.

Yet there is this difference. An image appears in a mirror as if it is in three dimensional space even though the surface of the mirror is two dimensional. But this mirror is a symbol of empty space—the space itself in which all physical things appear.

If you look at something you have perspective and point of view. There is you and then there is the object. But what if you imagine your consciousness is space itself? Then anything you think about or focus on is within your consciousness. You are around it, inside of it, and the condition upon which its existence depends. The same detachment is there. It is just more encompassing.

Men, as well as all beings and spirits that are masculine, build a charge, assert their power, and release their energy to affect the world or some sphere of action. But this mirror, though detached, is utterly receptive. It has no point of view and no will to assert. And yet, as a mirror reflects every photon of light that touches it, this consciousness reflects every fiber of every nerve cell and brain wave within a person its focuses on.

And so this mirror like awareness also embodies perfect empathy. And this empathy exists on three levels. To use this mirror you have to do two things at the same time—be totally detached as if you were empty space itself. And you have to simultaneously be the other person you are focusing on. You have to sense the physical sensations as if you are wearing that person's body. You feel what that individual feels as if those feelings are your own. And you think the other's thoughts with the

same brain waves as that individual. The other's history and memories are yours as well.

This mirror like awareness also emits various vibrations. As we practiced in Netzach/Venus, one vibration is that of the sea surrounding the earth. It is as if you are meditating on all the oceans of the earth until you sense all that water and then feel that water is within and around you. And yet having done so, that watery vibration localizes itself as if it is flowing through the person reflected in the mirror.

This watery energy is releasing, soothing, calming, and tranquilizing. It purifies and heals. It creates happiness and peace. Yet this healing love is also non-linear. It is taking the past, present, and future and uniting them into one, vast, all-inclusive moment.

It includes the infant, the child, the teenager, the young man, and all that a man pursues since then—all his concerns—all that he desires to be accomplished. Time is a sea and even this life is but a small part of who we are and what we are to become.

Stepping outside of the stream of time and of history, there is a timelessness that somehow mysteriously guarantees that all dreams will be fulfilled, all ideals made real, and all missions accomplished. This too is what you reflect when you “perceive” as the mirror.

As one great magnetic field encompasses our planet, it is from this perspective of all-embracing love that the individual's unique path in life is most clearly seen; for all the varied forms of life that have and will appear on earth are sustained by it and live within it. If you feel this, then you feel a part of nature and that you exist to nurture, to protect, and to perfect.

And so now you can look upon someone and ask, “What is missing from this individual's life? What would make this person feel whole and complete?”

By focusing on another person in this way, you are offering both a clarity of perception and the kind of attention this individual has probably never experienced. And at the same time, by imagining you are one with this person, you may well be closer to this individual in this moment than anyone he has ever known before.

In this meditation, Venus and Saturn, Beltane (coming together) and Samhain (separation), are now joined. To touch life with tenderness—this may well require we step outside of life to appraise and appreciate the wonder that surrounds us and the creative powers we have to make the world new.

Sayings of Spirits of Saturn



Chief Judge: Learn as me not to weep when death and fate take away. Renounce regret, sorrow, and loss. Every ending, separation, farewell, and goodbye is a sacred rite in my eyes. It contains my blessing and my voice. It is a gift reminding you of who you are--that one day you will be without form or limitation. The beauty of the universe will shine in your hearts and omnipresence will be part of everyone's art.

I am the dream of what you are meant to be flowing freely through you in each moment of time.

A Saturn Judge: You have to have the will to become justice itself that can right any wrong and restore harmony to any imbalance. The difference between a spheric or Kaballistic magician and a Judge of Saturn is that we simply never go away. We are here forever--as long as beings seek to evolve we will remain to assist them. Though as Judges it is our nature to be extremely harsh and demanding, there is no end to our compassion. Our love is infinite.

If you asked a Saturn Judge to comment on human civilization right now, he would say, "You are like teenagers experimenting with drugs. With your technologies and inventions, you are out for quick experience using a reckless discovery process. You might get away with smoking dope, a little mescaline, a little heron, a little cocaine.

"But if per chance you smoke crack or take bath salts, your brain will begin to rot. You will do permanent damage to yourselves. Your conscience will cease to exist and you will hurl yourselves into an abyss. This is where your civilization is now. It is on the brink of self-destruction."

The Voice of Saturn:

It is true that I am more concerned with the past than with the future. I do not make new things but I grant insight. And the things that I make endure.

Enter the akashic plane of my sphere. Mediate here and you shall become the Lord of Fate annihilating fear and hate and drawing to a close the abuse of power on earth.

You shall hold the keys and open the gate to those who seek freedom. My beauty inspires the universe to unfold.

My love is the compassion of the enlightened mind that nothing can bind.

Find me in the open empty expanse, the vastness of space that allows the light of the stars and galaxies to shine and life to rise, flourish, and to ascend in the fullness of time.

Note: See also—The Perfection of Wisdom and How to Speak Saturn

<http://williammistle.com/perfectionofwisdom.pdf>

<http://williammistle.com/htss2.pdf>

Rule 2: Chokmah, Uranus; Wisdom, attaining your destiny, the future--perceiving what can be and then making it happen.

Blessed are you when you open your heart when there is no one there to respond, for the unknown future of bliss and wonder is now your friend.

I only exist to reveal the gifts that otherwise remain unknown.

Virtue: faith, conviction, adaptability, foresight, vision, clairvoyance, a divine mission, a divine partnership. Good listening skills. Joining two worlds.

Vice: failure to prepare; insufficient dedication; false assumptions, lack of vision, lack of imagination, inability to respond, absence of a plan B, the tragic flaw that ruins or diminishes your accomplishments.

Challenge

There is a time to be happy. There is a time to live in peace and harmony. There is a time to satisfy all your desires and to accomplish all

your purposes and objectives. There is a time to stand back from life and reflect on lessons learned and where to go next.

Here in Chokman/Uranus, there is a time to unite with the divine as a partner, through an act of will and a desire to reduce suffering on earth, so that new gifts might be given to the human race of such value that they shall endure through all ages of the world.

Life is short. Chesed/Jupiter seeks to enhance our lives by offering us opportunities and abundance available in the known world.

Chokmah/Uranus, by contrast, introduces new things. The challenge in Chokmah/Uranus is to make a place in our lives for a divine presence that unleashes powers not for us but for transforming the world.

In Yesod/Moon, we listen to the subconscious. And we work with the subconscious using its language—graphic imagery and feelings in order to communicate.

In Chokmah/Uranus, we listen to higher spirits, the divine within ourselves, or some aspect of Divine Providence. We seek among other things a transmission or shaktipat early on in life. Later on, we too will seek to transmit the essence of who we are, what we have learned from life, and our inner spirit to others.

The future--fusion reactors, free electricity, the cure for cancer, longevity bordering on immortality, genetic engineering and pharmaceutical advances, new economic theories and practices, the way to feed the hungry, heal the sick, help the unfortunate, connect to the lost, resolve conflicts, probe the mysteries of matter and reveal the paths of spirit—these are the some of the gifts of Uranus.

Those who are adept in this sphere often have gained everything they could want or dream. And so they look beyond themselves seeking gifts to fulfill other's lives. Gentle, kind, yet the power of nature and the unknown divine are present within them.

Magical Practice: Dialoguing

Learn to listen so well that Divine Providence considers you part of itself.

A dialogue is magical when we converse with another person or being in a multi-dimensional way so that the interaction involves our subconscious, conscious mind, soul, and spirit at the same time.

Bringing everything we are into the conversation, there is a soul to soul, heart to heart, mind to mind, and spirit to spirit communication.

In this act, we are both in time, a part of history with all our limitations and our personal perspective. And we are also outside of time—in an awareness free of form or self-image that transcends any attachments or desires or needs. In such moments, an exchange can occur, a trade, and a giving, between the essence of one being and the essence of another.

Preliminary Exercises

To get a feel for dialoguing, imagine being welcomed by old friends. Recall moments of giving and receiving, of support and love. What are your best experiences with establishing rapport or empathy with others? Recall when someone really listened to you and when you did the same for someone else. Recall moments when you felt so close to other individuals that you could feel their energy flowing through you.

Recall times when the unexpected happened, when people showed you an unseen side of their personalities. What have been those moments with others when the interactions were delightful and they continuously surprised you?

After recollecting these, see if you can bring together some of the feelings in different experiences. Hold them within your mind at the same time and allow them to blend and fuse together. Then answer the question, “What is it like for you when you have attained intimacy and your strongest sense of connection to another person?”

To go further, notice briefly each of your five senses and

their involvement as you remember these experiences. How clear a picture can you get of the other person? How well do you recall the sound of the other person's voice? Do you remember the way you felt at the time? Can you recall a touch, a kiss?

Can you recall any specific smells or tastes that accompanied these experiences, the smell of cedar at a barbecue or the ocean near a beach? Each of us has our own style of interacting with other people and our own perceptual way of recalling personal encounters. Notice whether some of your senses are stronger than others.

At this point let's try a brief dialogue activity. Imagine one of your friends is standing in front of you. Get a sense of this person being actually present. Notice any physical sensations, feelings, or change in mood that accompanies this. Focus for a few moments on those.

Simply by imagining the presence of the other person there has already begun an interaction on some level--there is, e.g., at least a faint exchange of energy occurring. One way to give form to this interaction is by imagining the two of you having a conversation.

Let's be specific. After you have a sense of the other's presence, spontaneously greet this person, ask a question, or sense a way in which the other responds to you. Imagine you can hear what the other person might say. Of course, in dialoguing, the interaction does not need to be verbal. There can be an exchange occurring with feelings, visual images, or any combination of sensory stimuli.

Let's add contemplation. Imagine as with a spirit or a person everything you can recall about that individual. You are gathering together all your experiences with the other. And you are going further. You are imagining what the other's inner life is like given what you have observed and experience with the person's outer life.

To do this, use your imagination and empathy. I sometimes ask people directly or a spirit through telepathy, "What are your deepest, innermost dreams?" or with spirits, "Can you share with me your secrets?"

In Binah/Saturn, we worked at creating love where love does not exist. To do so, we shaped our consciousness so it was perfectly detached like a mirror and also perfectly one with the other person. This is clarity with oneness. Here in Chokmah/Uranus, we are after the creative potential that can be unlocked through a partnership with a person, group, institution, or divine being.

An aspect of psychic perception in the third-eye chakra (which includes Binah and Chokmah) is that an individual is able to be detached and objective about something, perceive all its connections to other things, and, in the same moment, be completely one with the other. Past, present, and future are all open before our gaze.

In dialoguing, therefore, there is this psychic quality of moving freely among dream images, feelings, sensations, and meditations, and yet clarity is never lost. Again, questions then arise such as “What have we been able to do for each other?” “What is going on now?” And “What are the greatest things we can accomplish together or for each other in the future?”

Case Study #1: With one individual, the relationship is like a “life review” that occurs after you die. Outside of time and with complete acceptance, we relive each other’s life. We make suggestions, offer support, and, at the same time, in the here and now we share insights with each other that are not available from any other source. Our relationship is a multi-dimensional dialogue that is on-going and that brings out the best in each other.

The Dynamics of Dialoguing

In dialoguing, it is necessary to maintain the full tension and drama of two different people, spirits, or things, bringing their whole being into relationship with each other. If one side of the relationship becomes either dominant or passive, depth and connection are lost. If individuals rely too heavily on their own imagination instead of maintaining a focus on the other, the dialogue turns into fantasy. This fantasy can be exciting or nightmarish, but it is not transforming.

By contrast, if the other takes over the interaction, there can be new information and discovery, but, again, no inner change occurs. You have spectacle, distraction, and entertainment, but not communication. The experience is passive. Like reading a fascinating book, the experience can be very enthralling but it remains vicarious. You play no part in the action.

When both sides of the dialogue are equally active, there is a newness and unpredictability. The experiences may be familiar and friendly, but there remains an awareness of being in the presence of a sacred power and there is a profound clarity.

In all cases, you must remain directly focused on your own sensations, feelings, and perceptions. If you sustain a sense of wonder, beauty, light, life, and love and if there is something you feel deeply about being expressed, then you have entered into a state of dialogue.

And as you remain focused on the energy, sensations, and feelings within you, they begin to move and transform. To follow that movement it is necessary to avoid clinging to them, shaping them, or being afraid of them. Our mind needs to be completely flexible using images as a means to resonate freely with the energy, following those images and energies that take us deeper into the encounter.

We may think we know the other person, but then we may resist and become upset when she shows us a side of her personality with which we are not comfortable. We want others to meet our expectations. When we judge or label a friend, at that moment we are not giving her our full attention and we are withholding our energy. Then our past experiences and future anticipations are determining the course of the interaction. The encounter needs its own space so it can unfold in its own way and reveal new forms through which it wishes to express itself.

Case Study #2: In another relationship, I can only wish looking back that I was more detached and appreciated the level of complexity the relationship entailed. The lesson learned is that life is a performing art. In some cases, you have to take the person/character you think you are and rewrite the part.

Change the script. Say different words. Change the scenes. In fact, this entire relationship from its first moments until its last was like a play on a stage. The conflicts were such that the only way to resolve them would have been to change what is called “the object of desire.” There were things to learn that no one else could teach me. There were tasks to complete and missions to fulfil and this individual played her assigned role by setting me off on a lifelong quest.

Could she and I have played our roles differently? No. The gifts we had to give to each other were already given. The entire point of this relationship was to enable me to first acquire and then give to others those things we could never have given to each other. In another life time, then, the relationship shall advance to another level of intimacy and connection.

What is the relationship in the here and now? It is still alive but going on inside of us. There is always a secret sharing heart to heart between those who love. And though the outer relationship is gone, the inner connection continues to flourish doing what it is supposed to do: inspire and fill each other with delight and love.

Addendum: Even when I was quite young and had no magical training, I still had a rather vivid imagination. I “dialogued” with this same young woman. I visualized her in front of me. And then I also visualized that our respective guardian angels were standing behind us.

This of course changed the dialogue. It was no longer about just her and me. There were now the two of us and also the two guardian angels present in the dialogue. This falls under “Do not try this at home.”

This was a devastating experience for me. Like I say, it helps greatly if you first learn your deepest lessons in life in Binah/Saturn before you start off in search of your destiny. The guardian angels are outside of time. They see your entire life before their eyes. And so they know with great clarity why you are here, what you need to learn, what you need to discover on your own, and what purposes you can fulfill in life if you so choose to pursue them.

But to move toward your higher calling, you must first pass through the darkness in yourself. It is not like talking to a guidance counselor who

says, “Well, our tests indicate the following occupations are the ones the best fit your skills and motivations.”

Instead, it is more like “In yourself is the power to create and to destroy, to love, to dissolve malice and hatred, and to renew the world—but all these things can only be revealed to you through how you respond to what is within your heart. No guru or divine being can live your life for you or make these choices for you.

“If you really want assistance from us, then become one of us—take nothing for granted, oversee, protect, and nurture all things. And, in the end, learn to love as God himself loves.

“This is exactly and precisely what we are telling you right now in this moment but you are not yet listening. But later in life, you will hear what we have spoken and understand our wisdom.”

Common Virtue: gratitude, thankfulness, appreciation, and celebration of the gifts of the future.



The Two of Cups tarot card depicts an exchange of feeling and love. An energy bond is created celebrating this moment and extending indefinitely into the future through an implied pledge and mutual

commitment. What is within one is now also within the other. They are now far more than they would be on their own.

In regard to Chokmah/Uranus, this is a partnership that changes the future. Through the bond and exchange, the resources and potentials of each party are joined.

Some individuals, while remaining completely independent, set up a permanent though inner circulation of soul, feeling, and psychic energy between two people. At the other extreme, two can connect to each other in such a way that you can literally hear one of them describe the relationship as “we share the same soul.” It is not a flow of feeling going on between the two of them. It is more like a beam of light connects them that includes passion and even telepathic thought exchange.

In other cases, there is gratitude and thankfulness just being able to survive and live together without being encroached upon by others. And again, at the other extreme, two individuals pool their resources and work closely together within a purpose designed to change or else to reveal something new to the world.

When Uranus is behind a relationship, it is not about falling suddenly, unexpected, and intensely in love, though that may be present. Instead, it is more like the relationship is magic. It is like standing before a gate and through it you can see impossible and unimaginable things.

If you have paid your dues to Saturn and are free of those attachments and faults that otherwise would bind you to the past, you can, if you so choose, to pass through that gate, take hold of some of those treasures, and bring them back to share with others in our world.

The lessons of Saturn grant you freedom. Uranus holds all magical keys and the secrets of the unknown universe are its gifts to those who master Rules 10 through 3.

You will know when you are in the presence of someone adept with the Two of Cups of Uranus. It is easy to talk about the future in this person’s presence. You may be sitting across from him at a table, but it is like he is already there in the future seeing what can be as he speaks to you now about fulfilling your dreams.

An interesting exercise related to the Two of Cups is to imagine a friend in front of you. You each hold a cup filled with liquid. Now look

into the other's cup and see what is there. Imagine tasting it and discover its qualities. Is it water, wine, or juice? Is it the taste of a vision? Do you go inside of a shared dream? What is the feeling?

And the same for your own cup? What are you giving to the other? What part is heart and love? What part is dream and vision? What part is desire and longing?

Now also imagine the gift you might prefer to give to the other and also what the other might be able to give to you? Friendship and love have depths and these depths can change and be transformed by bringing your love and imagination to bear on them.

With one friend, the cup she gives me tastes like white wine. (I like white wine). And the taste is of cool, soothing release. And for her my cup is the taste of supreme success in life.

If I were to ask for more, the cup she gives me would fill me with a sense of love saturating every cell in my body. And for her—the cup I give to her would still be supreme success in life but also the same love—of feeling saturated with love in every cell of her body.

Magical Virtue: Role Playing the Future

In Yesod/Moon, we practiced dreaming what we wish to be as if it is real right now. Here we take this act of dreaming further. We include in our dream all the experiences, virtues, and realizations of the previous eight sephiroth.

Here, the future is our workshop. We are in the future role playing in detail precisely what we wish to be. The focus, concentration, and force of personality carry with them a greater degree of conviction, clarity, and certainty.

There is the motivational speaker with a ten million dollar house and twenty cars in his garage—he dreamed a dream in Yesod of being happy, satisfied, and successful. But he never made it to Chokmah/Uranus.

Again, compare him to Tesla whose clear picture of what he was to invent would change the shape of the next century. Tesla dreamed on

behalf of the human race as did Newton, Einstein, the Wright Brothers, and Henry Ford.

Let's review dreaming in Yesod: Image the future as if what you want is completely real right now in this moment.

Describe yourself the way you want to be in the future:

Talk about your relationships to friends and family (as they are "now" in the future).

Talk about the flow of your daily life.

Describe your energy level and the effects of this meditation on other people.

Consider what you will have learned from practicing this meditation for five minutes every other day. This includes what you have added to the meditation and ways you have modified it.

Have conversations with people in the future that you want to actually have happen.

Look back from the future and see the changes and new experiences you have gone through in getting there.

Review your responses to opposing energy and situations.

Imagine using this meditation in immediately dissolving opposing energies and overcoming difficult situations.

Have someone give you feedback on the vibration and quality of your meditation.

Now then, in Chokmah/Uanus, we use the same method. Except now our dream brings through what is missing in life, not particularly for ourselves, but for the world.

Consider a few such dreams:

"With a firm reliance on the protection of divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor." –Declaration of Independence

"That government of the people, by the people, for the people, shall not perish from the earth." –Gettysburg Address

"I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident: that all men are created equal.' " --Martin Luther King

I had a dream in which I heard the new anthem of a united North and South Korea. This is something I visualize. But at night when I slept, the song itself appeared to me from out of the future.

I have dreamed of a spiritual community whose members are free of insecurity and a fear. Through an inner union with each other, they serve not themselves or some narrowminded set of doctrines, but rather they oversee, as do the earthzone spirits, the protection of the earth and the evolution of the human race.

I have dreamed of women coming into their full spiritual power. I often speak of this in terms of an ancient time in Atlantis when such a magical group of women once existed:

*There was an ancient order of women
Whose magical beauty was so great
They could dissolve all malice and hate.
Every being was their friend.
The broken heart they could mend
And the lost soul was found again.
For 5,000 years they ruled in complete secrecy
Being free of the desire for fame and all vanity
Until in the end
Men sought knowledge instead of harmony
And power instead of beauty.
(From Stories of Magic and Enchantment).*

And like that order of women, I have dreamed of a world in which a wisdom is present that can dissolve all malice and hate and restore those who are obsessed with power to a path that leads to the enlightenment of the world. In such a world, justice fills the earth as water covers the seas. I teach a method for attaining this.

And I dream of a world in which human beings have come to embody in themselves full consciousness of the four elemental realms hidden in nature. And in this dream and consciousness, the planet earth itself fulfills one of its dreams—to have children who see through the eyes of the stars and unite all opposites in themselves; a race shall appear that shares the feelings in the heart of the earth—for she feels one with the universe.

These are not for my benefit but rather dreams I dream on behalf of the world. I go into the future. I walk around. I talk to people. I make friends. I observe how these worlds work. And I imagine how these worlds came to be. I reverse engineer what shall be in the future and then work on presenting the methods for bringing them into being.

Tips

Part I: The world teachers play this game in order to get the world to change—they reveal the divinity within just one of the four elements in a way appropriate for their age and their society. There is Krishna preserving light on earth and pursuing peace for the sake of the element of earth.

Or, if you are in India with its countless god and goddesses, akasha will produce a world teacher who is free of all attachment to gods. In spite of all of that bright, dazzling light of the gods—the illumination is within the mind and this illumination is boundless. Form cannot express it. And so Buddha compensates by revealing through the element of air the clarity, openness, and detachment of the enlightened mind.

Are you in a civilization or among a people who have forgotten about how to manifest the will of the Creator on earth? A Moses appears and, through the element of fire, reveals divine will sufficient to sustain God's presence on earth through rituals and ethical commitments.

If you are in the Roman Empire with its brutality and struggles for power, akasha will create a world teacher who teaches that life is sacred. And so Christ appears compensating with the element of water to reveal that through love we are all one with each other.

Or, if you prefer, Lao Tzu, compensating for Chinese bureaucracy and Confucian Orthodoxy, set forth the way of nature in regard to water: let go and flow and you will find the Tao so much sooner.

Rule 2 is actually quite simple: Take responsibility for the world—preserve its balance; establish justice and harmony.

You can certainly do this for yourself, your family, your friends, your group or community. You can also do it for your society. Simply answer the question: What is missing from my life (the life of my friends, my group, my society, the world)? How far you go depends on how much light your soul can hold.

Remember Rule 8 and Rule 3: You have to stop thinking, put aside all presumption and assumptions; listen in an abyss as if nothing else exists, only emptiness and a silence so great it is free to embrace the powers of creation as they manifest to you.

Then your listening becomes a dialogue between you here in this world and with the light, Divine Providence, the creator, always ready to assist those who have receptive ears. If you listen well and respond to what is said then you are working as a part of Divine Providence.

From out of the vision in your own heart, you recreate the world. For this is what akasha will always do—it will make the world new.

Part II: There is one additional problem belonging to world teachers. It is a requirement of Binah/Saturn that every genuine teacher pass down to at least one other person the essence of all that they are learned, their own inspiration, their authority and commission. But this is quite difficult to do.

You recall the Elisha demanded of his teacher, Elijah, that he pass onto to him at least as much power in regard to the element of fire that Elijah commanded. Whereas the wisest man of all, Solomon, found no other to pass his wisdom to. And so when Solomon died, his son who then became king immediately acted foolishly and the kingdom divided into two.

You need a student who asks the same questions as you and who is willing to go as far as you did in dreaming a new world. If you fail in this task, the world ends up with lineages, traditions, and religions that

are slaves to the past. They think that to find the best that ever was you have to go back in time to when the founder of their tradition lived.

But this is not the way of Uranus. Uranus will make you his friend if you enter the world of the future where he reigns. And that world is unseen until you dream it into being.

Part III: Wisdom

Sometimes I wish when I was growing up I had had a Zen master or some other teacher to guide me. He would have been there offering peace, calm, and tranquility amid the chaos and uncertainty, amid the conflict, hatred, and terror. Sitting with him each week as we meditate, he would on occasion out of the blue say little things like,

Become as a mirror so clear it perfectly reflects the world without attachment or fear.

Become as the moon shining in the dark, silvery, serene, a light that nurtures the heart.

Become as the stars in the night brilliant and wise, filled with songs of delight.

Become as the sky, open and vast, fully attentive to the winds and storms of life that arise while remaining detached.

Become as the sea so nurturing and deep, so at peace and filled with dreams it gives birth to life.

Become as the sun so dazzling and bright its joy has no end.

Become as the earth so silent and still you dream each other's dreams. You see through her eyes and she speaks with your voice.

Become all of these at once and witness the unfolding of all things in

space and time, from whence they arise, their paths, and their final destinies which they have sought.

But the thing is I had no such teacher when I was growing up there amid the chaos and uncertainty, amid the conflict, terror, hated, and fear.

There comes a time when a man is still young that he realizes he must become the man he always wanted his father to be. Part of growing up is turning yourself into what you wish to be.

And perhaps after many decades of being alive a man realizes he must find inside himself the teacher he has always sought but never found. Part of wisdom is giving to others those things that satisfy the heart.

“Become the person you were always meant to be” says the voice of our conscience. Part of being alive is noticing what is missing from life and then searching until you feel complete inside.

Mysteries: Divine Missions

Whoever saves one life, it is as if he has saved an entire world.

--Talmud

Franz Bardon refers to divine missions in a number of places in his writing. For example, in his book, *The Practice of Magical Evocation*, Bardon describes Cigila, a spirit of the sign of Pisces in the earthzone, in this way:

“Since this head is a special initiator into, and a teacher of, magical quabbalistic mysticism, he can make the magician acquainted with secret methods which enable the latter to develop within himself in all three planes--the mental, the astral and the physical—the most perfect divine virtues by the help of magic and quabbalah.

Having developed within himself these virtues, the magician will then find it easy to acquire all those faculties which are connected to these virtues. The magician following these secret methods becomes more and more mature in fulfilling carefully certain tasks according to the will of Divine Providence.

However, Cigila only reveals these secret methods to the magician who has already reached a certain degree of maturity in magic and quabbalah during previous incarnations. A magician developed due to these methods in a god-like creature, a personified deity, equipped with all the virtues, powers and faculties, equal to Divine Providence.

Note: For my essay on Cigila, see my book, 25 Earthzone Spirits:
<http://williammistle.com/book3.htm>

From the above book--

“If Cigila were incarnated, he would be the teacher I have always wanted to meet. He would be a student of the wisdom of all traditions. He would know more about the issues which concern our planet than any politician, scientist, ecologist, activist, or head of any intelligence service. And when he speaks, he would speak with the voice of the Earth about how you can use your life in the most beneficial and far reaching way to assist mankind.

“In other words, Cigila has a fabulous way of developing your identity as a spiritual being. You perceive the world with great sensitivity and prophetic vision. The extent and strength of your perception are astonishing. Yet for Cigila, divine beings take responsibility for particular areas of life. Service keeps you grounded and practical. Without working on behalf of mankind, Cigila's transcendental power could begin to dissolve an individual's ties to the world in which he has incarnated.”

“Cigila's aura awakens an awareness of what is in the future and how it can be changed so that the purposes of love are better served. Nothing may interfere with the dreams or ideals you choose to make real when you embody the love of Divine Providence.

“To meditate with Cigila is to perceive a thousand civilizations rise and fall before your eyes. And then the question is put to you, ‘What part will you play as you incarnate among these worlds? What divine gifts will you share and impart to others? What work will you accomplish as a token and symbol of the infinite light and love that shine within your soul?’”

Of course, one must first pass through Binah/Saturn on one’s way to Chokmah/Uranus. And so there are common difficulties that must be addressed.

Typically, one needs to be able to shift in and out of a spiritual identity that has already been established. The ability to take hold of karma and transform it through spiritual will--this too is a basic requirement. There is a need to look at your life situation from the point of view of your personality and also from that of your spirit. This internal dialogue you will need to have practiced many times.

The personality says, “Here are my needs. I am not going to get very far without meeting them.” And the spirit replies, “Since you have committed yourself to a higher purpose, here is what we can do with your situation. Your karma can be resolved in an instant as long as you make it a part of a different equation: the hatred you have inside you? It is now love. Your obsessions we turn into wisdom. And your fear--see the divine power concealed within it. These transformations come from above.”

Unless you have done this before, you are not ready to look into the mirror of akasha. You are not ready to feel in your heart the light of endless stars and the expanse of the universe. The vision is too terrifying. It would be a wilderness without landmarks, paths, or guides. A magician at some point is required to make his own maps because a magician forges new paths of spirit for a society that is struggling to overcome the darkness within itself.

There are other differences to consider. Individuals without a thorough training in magic from previous lives are involved in a discovery process. They ask themselves questions such as, “Is magic real?” “Why

are not my conviction and will stronger?" "Why don't other people recognize how important I am?"

Or, if they can prove to themselves that they are clairvoyant or telepathic, they ask, "What can or should I do with this? Shall I use my supernatural abilities to make money or to exercise power over others? Or shall I discover if there really is a spiritual world with beings of light and angelic nature hovering just out of sight?"

And they also sometimes say, "I shall be cautious with my powers. I do not want to know things which will make me different from others or which will disturb or threaten my identity." Individuals exploring magic for the first time have many issues to resolve.

Others who have been magicians before also may not be interested in working with spirits like Cigila. These are individuals whom Buddhists sometimes refer to as arhats. They have attained a degree of enlightenment through their own means. They are fiercely independent and cherish their autonomy. When they reincarnate, they automatically sense the power within themselves and desire to develop it further.

But the main theme governing their development is accomplishing things through their own efforts. They take pride in what they do and wish to be dependent on no one else. Such individuals may choose to become businessmen rather than magicians. This is because business celebrates and rewards in obvious ways those who are dynamic and powerful in accomplishing their aims.

Here are a few job openings that I have written briefly about:
(See also Job Openings: <http://williammistle.com/jobopenings3.htm>

Spiritual Advisor on Global Economy

Peacemaker--eliminate wars on earth

Gift Giver—reveal oneness with the universe

Master of the Divine Arts of Love

Referee—clerk to Saturn, guarding political evolution

Create a genuine cosmic religion

Establish a Spiritual Community

Become a Guardian Angel

Master of Magical Silence

Magical Therapy

Magical Healer

The Feminine Mysteries

Teach the Mysteries to the Masses

Troubadour of Divine Providence

Global Prophet at Large

Master of the Elements

Agent of Divine Providence:

Uncover the Mystery Unfolding in Another's Life

Guardian ad Litem for Atlantis

Guardian of the Gate to the Realm of Undines

Greeter to Incarnated Elemental beings

Greeter to Incarnated Star Seeds

In 1979, I placed an electro magnetic volt in a small horse shoe magnet following the instructions of Franz Bardon. This volt is a ball of electrical energy surrounded by a ball of magnetic energy. I used the vibration of Cigila in both the electric and magnetic fluids. I then placed within this energy medium a request for assistance.

I was after a sense of quality control. I was still at the beginning of my practice with Franz Bardon's hermetics and I wanted to some sort of guidance or assurance that I would stay on track and follow through with the training. I sensed in advance that the stakes were high and also the difficulties before me were immense.

Shortly thereafter I had a waking dream in which I saw a conflict in the future between the U.S. and Russia that would lead to all out nuclear war. The dream in effect was saying, "Ok. Here is a problem for the human race. Are you interested in helping resolve it?

This was a dream sent by Cigila. But he himself did not wish to oversee my work in this area. Instead at the time he referred me to two others spirits who specialized in resolving conflicts of this kind. For descriptions of a few spirits relating to political evolution, see Part IV of my book, *How to Speak Saturn*. <http://williammistle.com/htss2.pdf>

And also *The Perfection of Wisdom* relating to the cosmic letter U:
<http://williammistle.com/perfectionofwisdom.pdf>

Work like this is rather consuming. It takes an immense effort to balance one's personal life with genuine magic on this level. It takes as Bardon suggests a near super human level of patience.

And you are placed in a crash course on resolving karmic issues. Some of these issues are personal and yet some of the personal issues when examined from the point of view of a divine quest take you down into the depths of the collective and global psyche if you wish to adequately address them.

On the one hand, you get to pack three or more life times of experience into one lifetime. But on the other hand, the tension and problems you confront are way beyond what other people have to address.

Put briefly, keep life simple. Work hard. Demand assistance when you need it and you will be given it. But never relent or lose focus on your commitments.

You are journeying between worlds, casting aside what is no longer needed, and making friends of people and beings of which others have never dreamed. Then again, if you find this a natural calling it is really like you are just carrying on the same work you have pursued in other life times. Now however there are so many more opportunities given to those who seek them.

Sayings of a Spirit of Uranus

A spirit of Uranus speaks to me from out of a thunderstorm within the salamander Itumo's vision: *"When the human race is ready, it shall receive our magical keys to wisdom—the ability to create from out of nothing, to see with the eyes of eternity, and to dream new worlds into being such that nothing can prevent them from manifesting—because they arise from love overflowing from the heart."*

"The cycles of time, the stages of history, and ancient and modern civilizations—to each is granted a portion of our wisdom and such treasures as they have the will to find. But those who enter this temple of

light and who taste the bliss in this air are welcomed to create without restriction or any limitation.

“There are no barriers to wisdom here. For us, imagination is a sacred art for sharing love and power in all its aspects. The divine majesty is known by its creativity. The delight that you perceive and breathe now within our domain is the fusion of the light from the constellations, the sun, the moon, and the stars—here they are all joined.

“Those who share love within this sphere celebrate the beauty of creation. Even now we wait for humanity to gather its strength, to open the gates, and to celebrate with us the sacred art of love. Master the light in the full spectrum of its vibrations, visible and invisible, and then you shall become this gate.”

Rule 1: Kether/Neptune, the Crown; the Oneness of all Things.

“The universe will not end until every soul is found and every heart becomes pure light.”

Virtue: higher or divine conscience, the qualities of a guardian angel, participation in the Great Celebration for which the universe was created, making things right.

Vice: dreamy, otherworldly, not in your body, confusion over the differences between the inner and outer worlds, a lack of respect for karmic limitations, a lack of interest in mastering basic life skills, stuck—repeating experiences without learning.

Challenge: “We are all one” so much so that in time it becomes easy to see others as oneself in another form. Yet this is something each

person must discover on his or her own. Without direct experience, the words have no meaning.

“To be a fetus in the womb, to be held in one’s mother’s arms, to find another who loves you more than any other, to have a work in life or mission or a purpose to which you give all that you are, to join with a sacred community or with the spiritual realms—to unite with one’s divine parents—in each of these things we expand the sense of who we are to embrace so much that is more than ourselves.

“And yet in the end, which is also found in the here and now of each moment, all worlds, all realms, and all lifetimes are arrayed around us-- all needs are met, all desires satisfied, all dreams fulfilled, all ideals manifested, all missions attained, and all purposes accomplished.

“Here now in this moment--Look within. You can feel and sense it—we are already whole and complete. There are no boundaries here and time and space do not constrain us.

“The planet Neptune has been placed in the sky to remind us that we are all one. One life flows through all of us. One sacred energy animates and renews us. Here, amid divine vision, we finally discover for ourselves that the journey was worth taking, for we see with perfect clarity there is no separation. Only oneness exists.”

The challenge in Kether is to exercise oversight of all the previous sephiroth. You want to balance them—insure that each gets the attention it needs to develop according to its own rules and purposes. You want to insure that the sephiroth become equal in power and grace and are also in harmony with each other.

We introduced the idea of magical equilibrium in Gevurah/Mars—we want to master all aspects of the self. Take the weak aspects and make them strong. Take the passive and make it active. Take the negative and make it positive. What is involved here is giving your full attention to those things that are otherwise ignored.

There is one additional principle in Kether/Neptune--perfect all aspects of oneself. Take the human and what is nature and transform it into

divinity. Take mortality and make immortality. Take an individual living within the limitations of an incarnation and turn him into a divine being.

In poetic format, when Jacob wrestles with an angel he is certainly engaged in the themes and purposes of Chokmah/Uranus—he is forming a partnership with a divine being in order to greatly enhance life on earth.

But more is implied. It is Jacob's wish to enter and participate in the divine workshop. He wishes to comingle with the divine and share in its creativity. This is the great theme and challenge of Kether/Neptune.

Grasping a better hold as he wrestled with the angel,
Balanced, poised, muscles flexed, teeth clenched,
Jacob spoke, his jaw next to the angel's ear:

When you love,
What is it like to love when your love
Arises from a sea of infinite bliss
So every abyss is filled
And darkness
Is forever banished from your vision?"

The Angel replies:

When I meditate,
I become pure light.
And in this state of mind
I am united to all beings who love
Throughout the entire universe.

But know this:

I am but a small part
Of what you are destined to become.

Magical Practice: The Great Now—Mindfulness as Akashic Awareness

Blessed are those who let go and flow as each moment unfolds, for they shall see through the eyes of God.

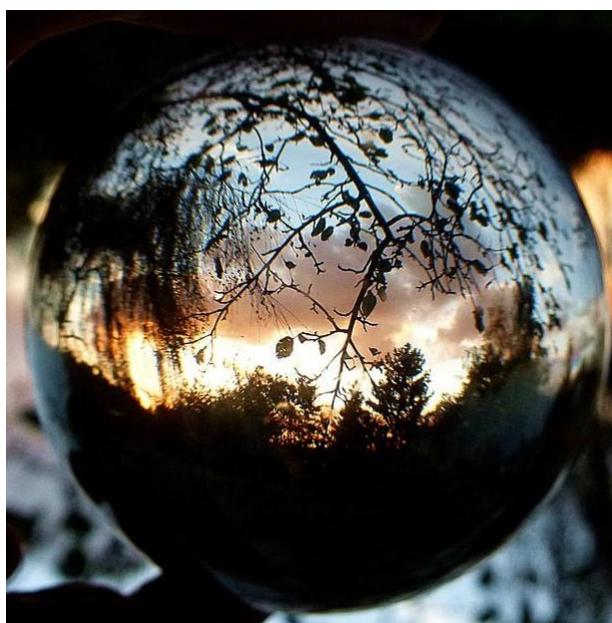
My only wish is to be in the moment and to enjoy every second of it.
--Sun Twirl

There is no 'I was' or 'I will be.' Only 'I am.'
--Moran

The akasha principle ignores time and space, acting permanently in the present time, for the concept of time depends on our senses, the magician is advised to adapt himself as much as possible to akasha.

-- Franz Bardon

She is a clear mirror that invites you to look at yourself without judgment and decide who you want to be in each moment.
--Elle describing the hybrid child Lily



Relax. Imagine you are inside of a hologram of a magic ball. On the surface of this sphere, the vast depths of space and time open around you. Past, present, and future are equally present. They are all here, encompassed within a great Now.

And yet you are fully present in your historical circumstances and in your physical body. Reality has many dimensions and consciousness is simultaneously aware of collective unconscious, subconscious, physical, astral, mental, and akashic planes. Like a silent whirlwind whose wings embrace all of time and space, you are in the still center. Everything moves around this moment here and now.

“Mindfulness is the psychological process of bringing one's attention to the internal and external experiences occurring in the present moment.” (Wikipedia.org).

*By contrast, we can all this practice **akashic mindfulness**. Everything is occurring in this present moment. Your mother beating you when you were three years old or the moment when you met a woman you love? Those moments are also equally a part of “the internal and external experiences occurring in the present moment.”*

For spiritual beings, consciousness penetrates through space and time. You are fully present wherever you focus. Thoughts and feelings are not sticky in that they cling to you and they are not heavy like lead weights chained to your feet. They are images that appear in the mirror of your mind. Your consciousness fully reflects them and yet is also completely detached and free of them.

We can break this mindfulness of the present moment down into a few variables that we can consider one by one. First, “meta” is stepping back and looking at the context and framework in which thoughts, feelings, and actions are being played out. Perceiving without thoughts intervening is the foundation of all magical traditions. We are practicing this here.

Second, subconscious desires and passions—humans have a subconscious—there are drives, motivations and also inspirations and

purposes that are hidden from the conscious mind. The goal is to become fully aware of what is subconscious. This will take keen attention in which we observe our behavior patterns and routines.

Third, the good and the bad are entitled to exist and that each has a task to fulfill. Exercising oversight and insight, we are in the process of discovering which choices and actions maintain the highest learning curve. The only way to tell who the master is in any group of people is to carefully observe which person is learning the most.

Fourth, our mindfulness involves empathy. And empathy seeks to guide, inspire, heal, and fulfill others. As skill develops, with our empathy comes the ability to bless other's lives in all four aspects of Divine life—expanding their minds, deepening their feelings so they feel fully alive, assisting them to enrich the world through their work, and also enhancing their wills so their purposes can be fulfilled.

Fifth, sensory impressions—each sense itself vibrates with one or simultaneously with each of these--pleasure, bliss, ecstasy, wonder, rapture, and mystery. To be mindful is to be in a constant exploration of the five sense perceptions.

Sixth, Franz Bardon: "Thoughts produce effects: and so a true magician knows very well that impressions of the past may be animated by recalling them to mind, thus producing new motives for putting new obstacles in the way. That is why the magician lives, if possible, exclusively in the present, looking back only if the need arises."

And yet equally one of the greatest acts of magic is to dream a dream as if it is real right now. There are people who perceive the past and future as equally real as the "present moment." Mindfulness includes an awareness of one who is pregnant—we are bringing new life and new realities into existence by nurturing the visions in which we are alive and fully exist.

Seven: Franz Bardon: "The faculty of concentration with respect to the elements depends on the magic equilibrium and is the best standard to check which of the astral body's elements have yet to be brought under control. For example, if the fire element can still get hold of the magician's astral faculties, he will not succeed very well in plastical visionary imagination exercises. In the case of the air element, the

acoustic exercises probably will become more difficult for him; as for the water element, difficulties will arise from the concentration on the feeling, and in the case of the earth element, the control of the consciousness will be impaired.”

In other words, awareness itself is shaped by how strong, how weak, and how balanced the four elements are in your aura. Mindfulness is being aware of the strength and continuously revelations of water’s feeling, fire’s will, air’s clarity, and earth’s productivity and how these interact in each moment.

Eight, there is also a story here. We are not in a medieval society where we have next to no social mobility. Post-industrial societies with our advanced technologies give us leisure time in which we are able to participate in many different endeavors and activities.

Our lives--our stream of consciousness in any moment—have realizations, insights, dramatic choices to be made amid great conflict, subplots, supporting cast, objects of desire and opposing forces. And so we have conflict and resolution, climax and epiphany, and all the different genres of coming of age, renewal, horror, dreams, visions, action, etc.

If we do not like the part we play in life, we can rewrite the script, call for a new director or a screenplay doctor. We can improvise and find a part to play in another story in which we are more interested.

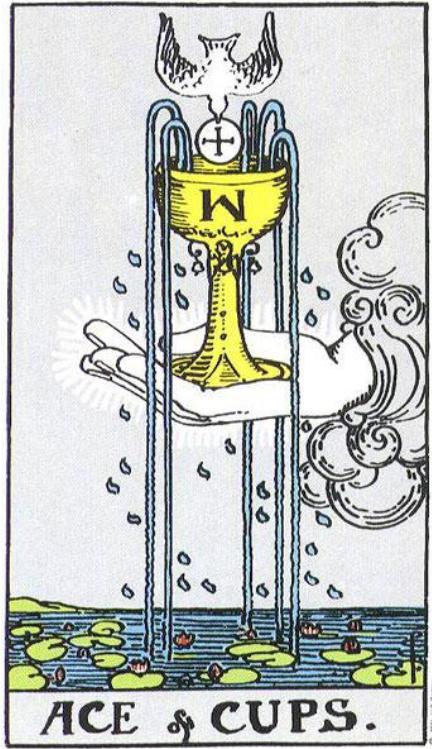
The spirits of the earthzone who specialize in story telling point out that in a good story there is suspense—the unknown is present and our self-awareness is always iffy. You can take nothing for granted. After all, akasha itself is ineffable, unknowable, and beyond comprehension. New possibilities and opportunities can occur in any moment. Indeed, akashic mindfulness is an awareness of quantum reality.

And so you will know when you meet someone who is lives is the akashic Now. Wonder is always present—he has an appreciation of how the unknown universe is continuously revealing itself as ever new in each moment.

He looks for harmony beneath every conflict; and he has a transcendental kindness, for he wishes to touch life with tenderness realizing that the sacred is here and now and everywhere.

And this also you will inevitably notice—you will feel that no one has ever given you so much undivided attention. Truly, he looks at you with a sense of awe, for he sees you as himself in another form.

Common Virtue: a thankfulness, gratitude, appreciation, and celebration of the gifts of elemental water, water in nature welling up and overflowing.



In human women—this water is the feminine essence. In nature, it is mermaid love.

Human women: We normally have our easiest access to the element of water in nature through women. Women embody the feminine essence, the sensual and natural joy that wells up and overflows from inside of

them. If you have ever made love with a woman, then you have encountered this energy.

Put simply, the watery feminine essence is soothing, releasing, healing, giving, innocent, open and receptive without being vulnerable, inviting, embracing, uniting, renewing, and rejuvenating. It is rhythmically pulsating with pleasure and bliss, drawing in and contracting while also sharing its energy with anyone nearby.

Young, nubile women have this vivacious, champagne bubbly sensual and emotional quality about them. They are rich in estrogen and their physical and astral bodies unite to emit this highly attractive energy.

This is not a shallow and naïve state of mind. As I have pointed out, all spiritual journeys begin with and are sustained by the maiden; for she gives all of herself to what she loves without holding back.

In nature: Mermaid love. We are not confined to learning about femininity only through a relationship with a woman. The feminine essence in women is exactly the same as the vibration of water in nature. What does water do? Let us review:

In addition to what is already described above, the essence of the water element, the magnetic fluid, is cool, magnetic, and contracting. It is receptive as in utterly empty of form and completely open—able to receive and contain anything in itself, preserving, nurturing, and animating it with life.

It is pure and it purifies. The feeling within it indicates what is missing from life and it reveals what is needed to feel fully alive.

Is there more? We are talking about the inner essence of women and water in nature and how the two are reflected in each other.

For a man to unite with his opposite gender energy? Make water in every aspect of nature a part of yourself—

Dazzling like sunlight blazing in ice, innocent as melting snow, gentle as a cat's paw touching down rippling on the still surface of a lake as a fragile mist drifts and dances across its surface, refreshing as a light drizzle of rain with its moist scent and yet surging and crashing with unchecked exhilaration like huge waves smashing against a granite cliff,

wild and free as the windblown spray of white caps on the high sea, and so utterly open as a flower releasing its scent into the air, so enchanting and captivating bees follow it to her blossom from a mile away.

Or again a small waterfall splashing, bubbling, laughing, undulating, pulsating, releasing, relaxing, letting go, flowing, and also embracing. Or electrifying as the positive charge of a super bolt of lightning one hundred times brighter than normal, striking from out of the blue of a clear sky from the top of a thunderstorm over the horizon fifty miles away.

You get the idea? Your opposite is a state of mind, a way of feeling, and an array of sensual perceptions and sensations.

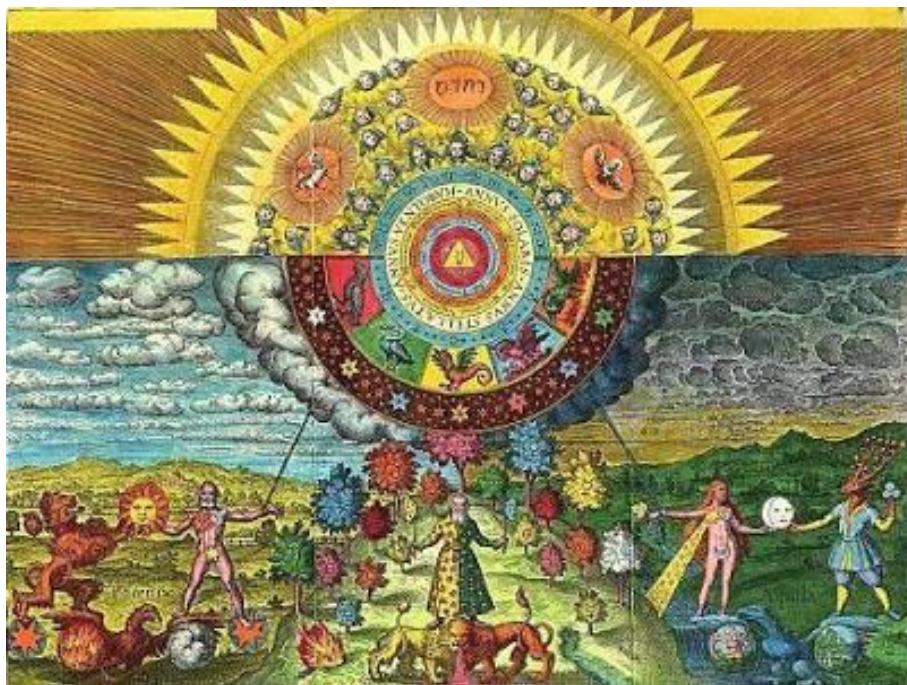
Do not get stuck on a woman. Though she is a companion, she is also a mirror, a window, and doorway to the mysteries.

Go through that gate and you are anointed with rhythmic waves of bliss, with a sense of wonder as a newness unveiling and revealing itself in every moment of time rejuvenating, tranquilizing, and electrifying.

You can take your soul, refine it and purify it from within, and unite it to nature so it is forever new, never losing its innocence, and endlessly giving and receiving. Reflect the beauty of women in yourself the way the surface of a lake reflects the beauty of the universe. Again, it is a state of mind, a feeling, and a way of being.

You will know when you are in the presence with those who embody the vibration of water--being around them is like being on the open ocean or rafting down a river. You are out in nature, free of the pressures of human society, and, as water responds to gravity, the only thing that exists in their awareness is you.

Magical Virtue: balancing masculine and feminine--androgyny



Masculine and feminine have never been in balance in Homo sapiens. We have no idea what gender equality would be like where masculinity and femininity are treated with equal respect, given equal opportunity in society, and where their sacred union is understood as being the perfection of divine creativity.

Here is my take on these issues:

Once you give men a spear, a bow, a mallet, a knife, or a plow the masculine in men becomes thirty, maybe a hundred times more powerful than the feminine in women. Giving women a dress to wear, a flower and hairbrush for her hair, laundry to wash, a kettle, a hearth, and fire to cook, perfume, lipstick, a lute to play, a dance, and a song to sing in no way restores the balance.

In a postindustrial, democratic, and advanced technological society, women are acquiring the opportunities to pursue any kind of profession or define themselves in any way they desire. But the sudden advancement in career opportunities does not in itself reveal the depths or the magical nature of femininity.

These are not aesthetic or civil rights issues at stake. We are discussing the survival of the species. Human produced mega disasters are waiting to happen due to inherent imbalances in masculinity as it operates in human society. We need a clear methodology that enables women to fully engage and transform men.

In effect, a woman needs with her voice, a glance, with a touch of skin upon skin, or just with a thought she thinks to be able to take any man and place him within a trance—and there every cell and nerve in his body and every fiber of his soul becomes immersed in love, purified, healed, and rejuvenated, restoring him to innocence from the core of his being.

Only then will his nuclear warheads, predator and killer drones, biochemical and EMP weapons, his laser beams and death rays, his NSA and google data bases, and his hideous corporate greed be neutralized.

Only then will balance between the genders be achieved. Then fair play and justice will enter the world and beauty be revealed in its full magnificence.

For the last eight thousand years, we have been concentrating on developing the masculine with its emphasis on science, technology, detachment, and above all else--its will to power. The masculine will almost exclusively has been focused on industry, productivity, and innovation.

To make matters worse, our entire civilization is fiery and electrical. We have individuals who act like incarnated fire spirits. They reveal new applications of fire to the world. For example, we have Edison, Tesla, Westinghouse, Henry Ford, the Wright Brothers, and Oppenheimer. We have the entire complex of computer and internet technology, mobility in transportation, and industrial powers that seize and transform nature.

This means the masculine (external control of the environment, extroversion, dynamic action, and applied force) is far more advanced in shaping human experience than is the feminine (intuitive perception, empathy, feeling, nurturing, inner soul to soul connection).

Lacking empathy, clair-sentience, an inner, direct connection to nature, and pure innocence, a man will tend to be narrow minded because he clings to thoughts in order to think; he will be self-possessed because he has not learned to put his ego off to the side; he will be vain and selfish because he does not know how to give all of himself in every moment; and his will becomes twisted because he does not have a clue as how to join himself to fulfilling the deepest purposes of life.

Society has produced men who feel dead inside to such an extent that in order to find something exciting to do with themselves, they put their very existence at risk. The delight of the five senses and the feeling of being fully alive are not in them.

The Feminine

To review, feminine energy is cool, soothing, contracting, and attractive. It is nurturing, and supportive. It contains within itself so as to shelter and protect. Instead of intense and explosive, it is rhythmic, receptive, and gentle.

In psychological terms, it is empathic, sensitive and responsive. It draws together, bonds, joins, and unites. It accepts and affirms.

On the mental plane, the feminine presence calms the mind exchanging the process of thinking for an expansion of sensory perception. It amplifies awareness so that water becomes part of one's nervous system. You become aware of the subtle nuances of physical and emotional vibrations.

In spiritual terms, it reaches toward all embracing, all-encompassing love. It presents us with astonishing states of awareness that transcend individual identity. Such states involve wonder, ecstasy and beauty.

Exercises: There are a great many ways that masculinity and femininity are brought into balance, harmonized, integrated, fused together, and united. I am emphasizing connecting to nature—seeing that human beings embody the energies of nature in a way that balances opposites in the individual and also furthers the evolution of the planet earth.

I have discussed the feminine essence under Common Virtue. Let's pursue this in another way:

As a man, visualize a woman in front of you. Now imagine a pool is behind her with a small mountain falls. As the water falls, it is splashing, bubbling, and rippling. The scene is soothing, relaxing, releasing, and refreshing. Try it with a woman sometime. You may notice she suddenly begins to feel happier, more resilient, and calm.

Now imagine a still mountain lake behind the woman. It is early morning. There is a gentle breeze with mist dancing on the surface and rays of golden sunlight gliding down. The lake reflects the surrounding forest and mountains like a mirror. Look at the woman. The beauty of the universe is shining from her face.

And now visualize the sea behind the woman. Vast in expanse, it spreads out between continents. Ancient as the earth, its shallows and depths have brought forth life, organic from inorganic being. The sea is also a magnetic field that supports and nurtures every dream.

Imagine this planetary magnetic field is within and around the woman. It is part of her and she is in harmony with it. Sense what that would be like—there is no end to her attractive energies; the beauty of life is

welling up inside of her; and she is one with anything she focuses on, bringing it to maturity and making it fully alive.

The Masculine

To review, the energy in men is hot, burning, expansive, dynamic, intense, powerful, and explosive in sensation. It has the capacity to produce great light. In psychological terms, it is commanding, full of faith and conviction. It reaches for sovereign power seeking absolute control. It annihilates and destroys obstacles that stand in its way.

In more spiritual terms, it seeks to manifest its vision using all the previous qualities—with certainty, with dynamic will and expansive power, with implacable dedication and electrifying conviction

Masculine energy can be very destructive as well. As such, it's burning and consuming power acts to dominate the wills of others. It tortures and torments, hazes and subjugates. It absorbs others' wills into itself. It utilizes every means possible to corrupt, divide, undermine, and enslave others and society as well to its purposes.

For negative masculine energy, the light is there but it lacks purity and clarity--the vision is distorted and twisted. The faith and conviction are there but are often expressed in a degraded form such as through arrogance and self-righteousness.

Let's try to work with masculine energy. As a woman, visualize a man in front of you. Get a sense of that rough magma of the outer core of the earth, that burning, raging fiery energy that makes a man a man.

I am telling you—those killer drones, nuclear and EMP weapons, that NSA dragon devouring data, those fast cars and supersonic planes—these are not an accident. These men are trying to express the intense pressure and concealed power of the outer core of the earth. Many men are biding their time waiting to explode with the exhilaration of super volcanoes.

As you visualize a man in front of you, imagine that you are extending to him the energy of a bubbly, effervescent mountain pool and falls. Instead of identifying with your social identity, you are identifying with the energy of nature and flowing this toward the man. There is now a current of watery, renewing, life giving energy circulating between the two of you.

In psychological terms, this is being vivacious, receptive, responsive, empathic, and one hundred percent focused in a sensual way on the man. One woman said that being feminine is just being nice to a man. It is somewhat more than that.

This meditation is not a concept. It is not even a set of images. It is an actual watery energy you can feel flowing in and through each other.

Now imagine you are extending to the man the feeling and vibration of a quiet lake. The water is still and the feelings calm, relaxing, soothing, and peaceful. That cool, soothing, and calming energy encircles the man, embracing him from all sides.

I looked at a picture of a man and woman together. And I said to the woman, “To keep this relationship in balance, whenever he thinks about you he needs to feel peaceful, calm, and safe. This is easily within your ability to accomplish.” It is the nature of the feminine to be able to take any man and hold all that he is within your heart.

And finally, extend to the man the vastness and magnetism of the seas that encompass the earth. The open ocean is pretty much the same for the last billion years. Take a moment and imagine you are the one sea of the earth. Extend that watery, cool, blue green energy around the man.

Here is a great mystery (bring up the sound of trumpets playing in the distance). Wait a moment. I have a video on this:

<https://www.youtube.com/watch?v=f1IvHWh3abw&t=14s>

Feminine and infinite,
Receptive and utterly new in every moment,
The energy of Divine Providence
Extends throughout the universe.
Intimate and dynamically creative,

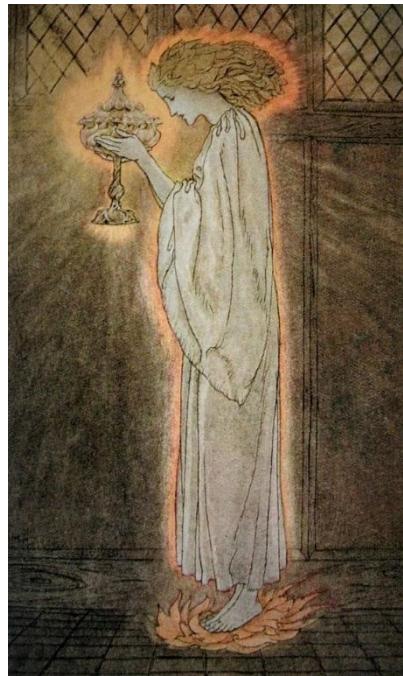
This energy exists within our body, our blood, and our breath.
Through force of imagination and concentration,
This mysterious gift we all possess reveals herself.
Physical immortality is a side effect.
The horrors and suffering of history
Are exchanged for joy
In the beauty of her radiant presence.

Going on: While surrounding the man with the watery feeling of the sea, extend through him the magnetism of the oceans of the earth. The magnetism flows through and unites with him. Without dampening or freezing his masculinity, you become one hundred percent one with all that he is. You are focusing the entire magnetic field of the planet earth on the individual man in front of you, uniting him from within with it.

When you get this right, that hot, raw, burning, and explosive energy of the male transforms into light, that is, it becomes intuitive and aware rather than aggressive and controlling. This is one aspect of androgyny in which the masculine and feminine energies unite.

The outer core of the earth, around five to ten thousand degrees, is the same temperature as the surface of the sun. The planet itself is conflicted from within. The elements in nature--earth, air, fire and water—are profoundly rich and contribute to the biosphere. Yet they are not in harmony just as will, intellect, feeling, and conscious endeavor are not in harmony in society or in individuals.

In esoteric lore, the microcosm reflects the macrocosm. Men and women are a reflection of the energies of the greater universe and specifically the planet earth. For example, a ring of fire of volcanoes encircles the Pacific Ocean. In a similar way in society, women are surrounded by masculine technology and institutions. To attain harmony, we need to accomplish the opposite: In magical androgyny, the feminine encircles and encloses the masculine within itself.



The mystery, then, is the magical ability of the feminine spirit to contain within itself the soul of any man on earth, purifying, renewing, uniting, and transforming him into the person he is meant to be. This embracing love is in the ocean and in the magnetosphere. As a woman, this love is imprinted on your soul and woven into your DNA. There is a direct connection between your body and nature. Find it and activate it and the human race will enter a new age of beauty and wonder where love is triumphant and justice fills the earth.

For an example of this, see Ronda's meditation on President Trump two days before Trump's first address to Congress.
<https://www.facebook.com/williamrmistele/videos/vb.754511723/10154405175721724/?type=2&theater>

Tips: Imbalances of Kether/Neptune



To review, unprepared contact with Kether can make an individual dreamy, otherworldly, not in his body, confused over the differences between the inner and outer worlds, lack respect for karmic limitations or the value of physical existence, may lack interest in mastering basic life skills and also the individual becomes stuck—repeating experiences without learning.

Previously, I have mentioned that to stop an individual's spiritual growth all you need to do is control one of the following three things: an individual's physical actions, his feelings, or his thoughts/beliefs—

For example, if you are bogged down or oppressed in the physical world, you do not have time or the energy for spiritual pursuits. Conscience then seems like a luxury. You need to survive. What else matters?

If your emotions are conflicted, entangled, or confused, spiritual intuition shuts down. And if an individual's thoughts are rigid or his

beliefs are narrow minded, he is too insecure to be concerned about truth.

And so without a mature interaction with Kether, the individual does not transform. He is locked into one level of consciousness and no matter how much may happen to him in life, he never changes.

Unable to think symbolically, use his intuition, or reflect accurately on his life, he tends to be materialistic, selfish, trapped in his ego, insipid, and without empathy. Whether a rebel or even an idealist, he cannot think beyond the status quo or conventional views of the world.

On the other hand, in the case where Kether's development is stronger than the other sephiroth, the individual's conscience may be overdeveloped. It is easy to feel guilty or feel an urgency to accomplish certain missions or actions while possessing none of the real preparation necessary for these things. You want to do far more than is appropriate given your level of experience. Or, you know what is right but you are incapable of doing it.

One result is that a person is then over sensitive, self-sacrificing, blindly loyal, sometimes a fanatical idealist, and overwhelmed by depths of feeling that have nothing to do with the reality of daily life.

Or, with sudden exposure to Kether an individual can end up attaching his personal ego to some deity. And then all the prepackaged doctrines and moralities of a religion substitute for the individual's inner voice of conscience. Similarly, his personal identity may lose its boundaries and he begins to think of himself as some great being with powers far beyond those he actually possesses.

How do you get back to earth? Get a job. Make some money. Run a company. Prove you are of benefit to society. Then perhaps you might be granted an exemption from your karma and allowed to indulge yourself once again.

There are less known ways Kether and conscience close down. For example, attachment of a psychic entity to an individual's aura tends to dampen or shut off conscience as it functions in Kether. And this can be total or a matter of degree. In other words, the individual ends up thinking the thoughts and taking the point of view of whatever it is that has attached itself to him.

Or as is more easily observed, someone falls deeply or wildly in love and that other person may stand in as the voice of conscience. And this can be an absolute disaster. If through fear or love, someone creates a completely captivating dream for you, then you can no longer sense clearly what is right.

Obviously, sometimes an entire nation or set of nations are charmed and obsessed with some idea or ideology. And then vast numbers of people are unable to hear the voice of their conscience. The “superego” takes over—the politically correct doctrines of what is right and wrong—and only later, after the government falls, are individuals left wondering how could they have done what they did.

Another problem is when Kundalini, a primal energy “sleeping” at the base of the spine, awakens. This primal energy, when activated in the lower chakras, can also destroy conscience as obsessions override common sense and push aside the values an individual otherwise would live by.

Kundalini seeks only one thing—to move upward and unite with its consort in the crown chakra. But if it is directed away from this objective, she becomes extremely hostile. She seizes whatever life experience is available—sensations of pleasure, control of others, or possession of physical resources—in an act of blind craving, like a drowning man clinging to the one who would rescue him.

Your spirit guide or spiritual therapist would restore the individual’s own feelings through empathy. And with great detachment and clarity, he would remind the individual about his goals and values.

Some of that clarity and empathy—the sense of being fully alive—transfers to the other person so he becomes free of his obsessions. The overstimulated kundalini returns to a sleeping state where it is no longer tormenting the individual. Or it remains active but now cooperates in fulfilling the individual’s purposes.

And then there are individuals who enter life without a functioning conscience. Ask one of these what is in his heart and he has a negative response based on revenge, hatred, fear, lust, or greed. Kind of like, “I want to destroy something—that is what is in my heart.” And this tendency toward destruction or domination can operate outside of the

individual's awareness. It is covered over with rationalizations or denial as in "When I do that it is not me" and then they act as if their malice or aggression does not exist.

In such cases, these individuals may join themselves to a group—a church, an organization, a team, the military, etc. In accepting and submitting themselves to the external values and goals of the group they acquire a functioning conscience in a surrogate manner. After enough time, they may internalize the values of the group and slowly begin to sense for themselves the difference between right and wrong.

Saturn too has its own operating manual when it comes to conscience. Some individuals can sense the difference between right and wrong, but they choose to ignore their inner voice, turning it off until it is no longer heard. We see this often with individuals who abuse their power. Power becomes an addiction in which case maintaining and acquiring more power are the sole objectives.

This can easily become a neurological dysfunction, a form of self-induced frontal, temporal lobe dementia. The individual speaks with clarity and argues setting forth persuasive reasons that defend his actions. But in fact this person can no longer think about consequences. He is blind to what is obvious—if you do such and such, then this is what will follow. He can no longer evaluate the probability of future events.

For example, Allen Greenspan testifies that the crisis in subprime mortgages will not spread to the rest of the market. Opps. Look inside Allan's mind—he believes and perceives that the great financial institutions like Leman Brothers and Bear Sterns, like Merrill Lynch and insurance companies like AIG are too big to fail.

Pull Allan Greenspan aside and ask him at that time, "What are the conditions under which they could fail?" Greenspan would reply, "You are asking a hypothetical question which is outside of reality." Greenspan's brain is locked into a set of interconnected ideas that interfere with normal brain functions, like being able to imagine different, real world outcomes.

This happened to Saddam Hussein who did not believe the U.S. would attack Iraq. It happened to the news media in covering the 2016

presidential election. It happens to large organizations and it happens to individuals.

We can call this front temporal lobe dementia the affliction of Saturn. Saturn takes away until the individual chooses on his own to develop a conscience. The “Saturn return” (roughly every thirty years) in astrology is a time when Saturn upsets our world and asks us, “Are the choices you are making in accord with your deepest values? Because if they are not, then those things you grasp after will turn to dust.”

Conscience requires a balance between all five elements—earth (productive actions in the physical world), water (feeling and empathy), air (clarity of mind and intellect), fire (will power), and akasha (the deeper purposes of life).

Yet with human beings, all five elements are defective and only partially operational. But in general, human beings lack the presence of water (feeling and empathy). The water element, among other things, gives an individual a graphic imagination—if you think about something, you are there with it right now. If you think about the future, you are in the future the way you are in the present as you sense on an intuitive level the possible outcomes as if you are living them right now.

This is what Greenspan and Saddam Hussein and the newscasters at CNN and elsewhere lack. They cannot imagine something happening that is outside of their comfort zone or in contradiction to the thoughts they hold dear.

Mystery: Multi-dimensional awareness

The magician calls many realms his home and many races of beings consider him one of their own.

It does not matter in what realm you are as long as in your soul you feel free.

--*Mermaid Queen Isaphil*

When you are outside of time every moment exists at once. It is hard for me not to talk about alternate realities because everything is happening right now. Eventually humans or their replacements will realize linear time is self-imposed. Time is an illusion but the experience of time is real.

--Elle

Let us take a look at this possibility of participating in different realities. On a practical level, this occurs when you are simultaneously aware of this world in which we exist and one or more other realms.

For example, we can get a sense of how different individual's minds work. Some people are analytical and others are down to earth and practical. Some are very friendly and social oriented. Some are very intuitive, sensitive, and receptive. Some are charismatic but also driven to compete with others or to take charge by striving to gain leadership positions in society.

At the same time, some individuals may have any of the above tendencies, but their minds also operate with a consciousness that we rarely encounter in human beings. And in some of these cases, the individuals are genuinely a part of one or more realms that are outside of human awareness.

It is like they have a dual passport. They can move back and forth between different realms or different modes of perception. Sometimes they literally see from the perspective of two different worlds in the same moment. And some belong to many realms all at once.

My experience with other realms/dimensions/realities comes from studying within the Franz Bardon hermetic training system. The procedure in Franz Bardon's system is for the student to first work extensively on training his body, soul, and mind through intense concentration and a variety of related practices. The goal is to bring the

individual in harmony with and make him a reflection of the greater universe.

At this point, Bardon then introduces the student to the four elemental realms underlying and within the elements of earth, water, air, and fire in nature. You transfer your consciousness into the realms of gnomes, mermaids, sylphs, and salamanders. In other words, you take on the vibration and also imitate the conscious of the beings in each realm one by one. You are then instructed to learn all you can about these realms and in effect make them like a second home.

Of course, there are immense difficulties in shifting awareness from the human realm of linear time and recorded history into realms that are non-linear and composed of astral energies. And these elemental realms, though vast, are still connected to our physical world through their affinity with just one element.

Salamander Realm

In regard to fire, people are not used to imagining themselves exploring the inside of volcanoes, the magma of the inner and outer cores of the earth, or the nuclear fire of the sun. We know from experience that fire is dangerous. How are you supposed to become comfortable with those images and intensities of heat and flame?

On the other hand, I am fortunate to know a girl who is an incarnated fire spirit. She may have grown up wearing a human body and been socialized as a member of a human family and school system. But she thinks of fire as love, as being healing, and as wise. She is energized and inspired by fire.

For her, fire is home. I can feel what she feels and look at the world through her eyes. So obviously, an attitude that views fire as friendly and as a source of soul illumination is quite possible.

And of course we have fire oriented individuals who have played major roles in human history. These men act exactly like a fire spirit would act if it had incarnated. They reveal to the world new applications of fire-- Nobel, Westinghouse, Tesla, Edison, Oppenheimer, Niels Bohr, and others give us explosives, electricity, nuclear power, lasers, and solar energy.

These individuals are not very concerned about ethics and preserving life on earth. Like salamanders, their interest is in vastly increasing our power, mobility, and testing our boundaries. They take iron and with a blast furnace make steel. They take electricity and gasoline and make an engine to propel boats, cars, and airplanes. They take oxygen and hydrogen or various propellants to fuel rockets. Like it or not, the realm of fire spirits have already invaded human history and made itself at home in our realm.

Mermaid Realm

I have also entered the realm of the mermaids. Bardon describes eight different mermaid queens and mermen. I have written about all eight of these beings through my encounters with them. Using the genre of fairy tales, I have a collection of stories about incarnated mermaids in my book *Mermaid Tales*. And my observations about the difficulties these women have in adapting to human society is in my book, *Problems in the Study of Mermaids*.

Only in the last few years have incarnated mermaids begun sharing themselves with the world. Previously, due to their immense attraction and unfamiliar watery mode of love, they have been either stalked or killed. So they have had to keep their existence secret or else go to great lengths to pretend they are human.

Lately, the idea of being a mermaid has become popular with some people. The imagery of a mermaid does carry with it a feeling of relating more deeply to nature and of gaining a natural sense of feminine receptivity. Mermaids, themselves, however, have no egos, are not jealous, love everyone equally, and never lose their sense of innocence. In their own realm, they have no group identity or affiliations. They need no social support to affirm their identities. When they relax, they spontaneously become water in some aspect.

To protect the mermaid realm from human beings, it appears that certain safeguards have been put in place. For example, an individual, like a mermaid herself, has to set aside his ego, gain a genuine sense of becoming like water in his consciousness and brain waves, and also seek to love as mermaids love in order to feel comfortable in this realm. Nonetheless, without joining the mermaid realm to human history, human beings are in great danger of encountering mega disasters of their own creation.

Sylph Realm

The planet earth also has a fantastic atmosphere within which is the realm of sylphs—the air spirits. These beings celebrate their freedom and independence. They love finding harmony amid discord and providing balance between opposites—hot and cold, moist and dry, high and low pressure, electric and magnetic, evaporation and condensation, etc.

We encounter the acute sensitivity of the airy temperament in artists such as Beethoven and Shakespeare. For such artists, the nuances of perception in each moment reveal the newness of life and experience. Whether in human form or in their own realm, sylphs have a telepathic awareness of how other's minds operate. All the same, their

hypersensitivity usually causes them to stand back and so, like the mermaids, though they make great lovers, they usually refrain from bonding in a normal human sense of “I need you and you need me.”

Though Franz Bardon says it is quite difficult to actually interact with sylphs in nature, I find the sylph realm to be quite enchanting. It feels like home when I project my mind into their world.

Gnome Realm

Gnomes live in the earth. They like to study and work with minerals, gems, trees, plants, flowers, organic processes, and the feng shui of the land. They feel very down to earth and grounded, solid, and persevering. They involve themselves in whatever they work on as if time does not matter, only their desire to finish what they have begun.

We meet gnome type individuals in Warren Buffett, who is one of the wealthiest men in the world. He accumulates billions by buying high value companies and then picking with great insight men to manage those companies who are honest, sincere, and love to work as Buffett himself loves to work. Buffet’s attitude, like a gnome, is to “find something you love and then work at it with all of your heart.”

Other gnome style individuals are like scientist who discover the double helix in DNA or make a new kind of ceramic or they contribute to society like the UN project that eliminated small pox from the earth.

Through science, we are gradually extending our life spans. In the next century, we will no doubt make amazing discoveries in the area of medicine. But if the king of gnome named Mentifil were incarnated, one of the first things he would do would be to teach human beings to become immortal simply through meditation. We have a lot to learn from these beings.

I only know three incarnated gnomes. Of the elemental beings, gnomes feel most at home being here in a physical body. All the same, they can be quite reclusive. How do you explain to human beings that flowers blossom as you walk by or that plants move when you place your hands near to them?

The main difficulty to overcome in relating to the gnome realm is the great sense of inner silence that gnomes have. I said to one girl, “Your aura feels like you are deep in the earth in a silent cave.” And she said, “Yes. That is the way I feel all of the time.”

Things to overcome in connecting to the density of matter in which gnome consciousness penetrates is that you have to overcome any sense of insecurity. You have to feel comfortable pursuing your own interests without the need for social validation. You have get that sense of gnome inner silence which for them is like a quite ecstasy—they always feel close to what is in their heart. And you pursue what you love to such an extent that you get a sense that the vibration in your mind and in your area of interest are one and the same.

Fairy Realms

Unlike the realms of the elemental beings who feel they are joined to nature at the core of their being, fairies have a history and a social identity. They go on quests and, like human beings, they make choices that define who they are and what they wish to become. They belong to groups and have traditions.

And they have close associations through historical ties with human beings. There are Celtic fairies and even book fairies. They are flower fairies and fairies that live in trees and streams. There are serious fairies who are passionate about healing plants and fairies that embody laughter, play, song and dance.

For those who see fairies, they are everywhere. A patch of grass—there is probably a fairy there. Fairies fly through a room as a ball of energy and oftentimes it seems fairies are more inclined to adopt a human form when they are near the aura of someone who can sense them.

Fairies are beautiful, innocent, and creative. There are perhaps thousands of different kinds. David Bowie has that feel of a fairy and an Irish band with pipes, drums, and violins jamming has the Celtic fairy vibration.

We do not need to go far in search of fairy poetry. Take William Butler Yeats—Stolen Child or as rendered in song by Loreena McKennitt
<https://www.youtube.com/watch?v=izYzuG0Vh2k>

Where dips the rocky highland
Of Sleuth Wood in the lake,
There lies a leafy island
Where flapping herons wake
The drowsy water rats;
There we've hid our faery vats,
Full of berrys
And of reddest stolen cherries.

Come away, O human child!
To the waters and the wild
With a faery, hand in hand,
For the world's more full of weeping
Than you can understand.

What the departments of literature at Cambridge, Harvard, and Stanford do not know is that William Butler Yeats was the head of the Order of Bards, Ovates, and Druids in England. His name is there in their archives. Yeats did not just write poems about fairies. He lead rituals that called out to them to appear and to share.

How to regain the innocence of mermaids who give all of themselves in every moment without hesitation or limitation? How to be as innocent and playful as fairies who embody laughter, joy, and the enchantment of a moonbeam or a ray at dawn of sunlight?

Become as innocent as a child, become love that knows no fear, trust that is free of vulnerability, and assume an identity that is forever pure.

You may say there no human beings who are so free. I am here to report that there are human beings who are this way. Some are indeed human and some are also of another realm whose soul has found a mother willing to give her a body so she may enter the world of humankind.

Where to go from here? What of dragons and unicorns? I have met those who carry those soul vibrations. What of wood elves and all manner of sprites, nymphs, and jinn? The astral plane, like the master said, is a house with many mansions. Humans are attuned to only a few.

As we ascend in the realms of light, the earth, the moon, and each planet also has vast varieties of beings. If you want to read about some of these, try Franz Bardon's second book, *The Practice of Magical Evocation*. He mentions over five hundred different spirits and offers brief descriptions of four hundred.

Bardon's idea, again, is that you make friends with a few of the higher intelligences in each of these spiritual domains. They offer assistance and you can learn from them until you are able to do what they do—oversee, guide, and inspire all aspects of evolution.

Of course, you can meet human gurus who are conscious of other realms. Often closely tied to a lineage, the lineage masters of their tradition over centuries still appear to them and guide them. During rituals and ceremonies, some human gurus will channel these other

masters who still speak with insight and authority. You could say that a strong spiritual lineage has created its own kingdom or realm on the astral plane.

When you have a spirit guide, those guides in effect are from another realm or part of the astral plane. You are joining two worlds when you interact with them.

I was once thrown out of a Hindu fire ceremony because the wife of the priest noticed that the fire ritual had brought to me a spirit not of their lineage. And for her that was not politically correct. When human beings strive to be “pure,” they often define devotion as conformity to a tradition rather than as purity of intention or receptivity of feeling.

And now for a few case studies.

One day she said to her mother, “I am not like other people. Is there something you are not telling me?” Her mother replied, “You are of water. You are a mermaid.”

When she searched on google under “mermaid” “woman,” she found my essay, *Traits of Mermaid Women*. She then emailed me and I confirmed that she had the water in her aura typical of mermaids.

But she also belongs to other realms as well. She is the incarnation of a fairy queen who has her own kingdom on the astral plane. The fairy queen part of herself that remains on the astral lane argues with the part of herself that is in a human body about who she is to marry and whether or not she will have a child. When you are in a human body, you get to make your own choices about what you wish to do with yourself. This is a rule governing human existence.

And she also possesses the spirit of a lion. I held her hand and said to her, “You have lion consciousness.” She replied, “There are people who call me a lion queen.” Not all incarnated mermaids are stone broke. A

few are extremely successful in their professions and very handsome billionaires ask them out on dates.

A different woman can speak to departed souls as easily as she does to human beings who are alive. They appear to her just as clearly as regular folks. In fact, she is so familiar with the astral realm of departed human souls that she acts in an official capacity as a “greeter.” She welcomes newly departed human beings and helps them adjust to the afterlife on the astral plane.

In addition to this, nearly every night when she sleeps she sits as a member of a group of twelve who review individual’s lives when they are ready to look back on the life they left behind after they have died. Once dead, there comes a point where you reexperience every moment of being alive, except now you also feel what others felt when you were with them. She says these roles she plays on the astral plane during lucid dreams are more real to her than the life she lives in our world.

And yet this woman is also a mermaid. With ease she enters the mermaid realm and wears the form of a mermaid when she is there. Like many incarnated mermaids, she likes to spend time in the water every day. In her case, she will spend hours meditating in the bathtub with only her mouth and nose about the surface of the water.

In addition to interacting with departed souls, there are a vast range of beings who appear to her in her house whether she is asleep or awake. She loves all of them and they discuss with her the purposes they pursue according to their race of beings.

I gave her an electric thermometer since mermaids in their realm exist at a much lower temperature than human beings. She can hold the thermometer in her hands and within a few minutes get the temperature to drop over fifty degrees.

Unlike in the movie, *Ondine*, some of the incarnated mermaids do not need to call fish with a song. If they step into a lake, hundreds of fish swim up to them. But they would never use their power to harvest fish. It appears that when fish are around them, the fish begin to act like human beings expressing concern, feelings, and insight into human activities.

Star seeds

Some of the individuals I meet have elements in their auras that do not belong to any of the planets in our solar system. These individuals are called star seeds since their souls are from another star system even though they have now incarnated in a human body. Some of these individuals have no idea about their origins. And others, if you ask them, will tell you straight out, “Yes. I am from a planet that circles a different star.”

Some of these individuals often have a stream of energy flowing through their auras that continues to connect them to their home world. In most cases of star seeds, however, life on earth makes no sense at all. The planet earth appears to be quite unusual for the speed with which we are evolving in technology while at the same time remaining quite violent and separate from each other.

In fact, adapting to earth is quite difficult because the home worlds of many star seeds are quite unlike human society. Life on earth is governed by scarcity, survival, and competition. Even love is viewed in a competitive context.

You have to “court” someone to “win” that person as a marriage partner. Love is so rare on earth that some will die without ever tasting its bliss. And then too the nature of government and social norms are

constantly changing as reformers and revolutionaries rewrite the rules as they try to perfect their social and political experiments.

Some women look like human beings. They present like human beings. There is that enthusiasm and positive outlook of a high school cheerleader. There is that attractive aura of a prom queen. There is that desire for harmony in relationships like a female with a Libra sun sign.

But then you start asking questions and you discover multiple dimensions and alternate realities fully operational and fully conscious in one personality. One woman has always seen fairies. They guide her wherever someone or something needs help when she enters a forest. And she has a spirit guide that worked with humans during Atlantis.

But when she falls asleep at night, she enters a lucid dream in which she lives moment by moment in a parallel incarnation on another planet as a member of the race of Pleiadians. And among the Pleiadians she is a first contact specialist. Over the span of her incarnations, she has contacted thousands of races throughout the galaxy who are ready to join the galactic community.

Her intuition is such that that she can read the archetypes of a planet to find the best way to present herself to whichever race of beings she is contacting. Some of this galactic races are similar in form to human beings. Some are reptilian or mantis in shape. Some are silicon or sulfur based life forms. Some have evolved from crystals or minerals and have little if anything in common with human beings.

She says that some races in the galaxy like the Yahyel do not exist within linear time. Like the Pleiadians, they have to make their vibration denser so their space ships can be seen by humans. For this woman, past lives and future life times are equally real. They are all occurring now.

One thing that can be observed about her is her connection to wild animals. Whether bull sharks, mountain lions, or wolves in the wild, the

animals treat her as if she is the alpha. Or probably more accurately, they see her as a goddess.

For my essay comparing planetary and racial energies of earth and Terra, the home world of the Pleiadian race, see my facebook note:
<https://www.facebook.com/notes/william-mistele/the-pleiadian-planet-erra-compared-to-earth/10153841199626939>

To summarize, all worlds, all realms, and all lifetimes are arrayed around us. Whatever race of beings we are, we evolve by expanding our awareness to include and then move beyond the boundaries and limitations that define our lives. The hologram of the universe is reflected inside of us. In the end, to know ourselves is to become one with everything.

Appendix A: Summary of the Sepiroth

Rule 10. Malkuth: The Kingdom; the earth--our physical world.

Virtue—discrimination, experience, adaptability, survival instinct, productivity, usefulness, adaptability, conscientious, thorough, will to succeed, self-confidence, self-determination, independence, reliable, solid, stable, and endurance.

Vice—rigid, complacent, phlegmatic, inert, insecure, anxious, herd mentality, eccentric, aberrant, stuck, greedy, self-centered, menacing, grim, feeling abandoned, without a home.

Challenge: Get a life: Find something worth doing that is right for you and totally captivating. With the onset of puberty, your hormonal system throws everything it has at you to engage the world. Fail to fully engage the world and you lose the opportunity to make this world a home.

Magical Practice: *Life is short. Make every effort not to get bogged down--*

Part I: Carefully observe your routines and seize opportunities as they occur to improve on what you are doing.

Turning your life into a story worth telling is a supreme accomplishment.

Part II: Body Awareness

Without a physical body, you are not here in this world. You are somewhere else and in that place things like history, nationality, race, social status, social and religious affiliations—none of these carry any significance.

Therefore, make a point of keeping your body healthy. Stick around. There is so much going on in this world here and now. Take care of your body.

For one version of developing awareness of your body, see my essay—Body Awareness: <http://williammistle.com/body1.htm>

Common Virtue: Think of “well-being” as the feeling that enables us to fully accept and appreciate the world in which we live. With it, there is a sense that underlying all of our outer world actions we are participating in life as it unfolds with harmony and beauty. And there is a sense that life is protective, sheltering, and fulfilling.

Magical Virtue: *A quiet ecstasy. Take a few moments and switch out of human time and into geological time. Imagine you are a mountain, a boulder, a stone, a tree, or a valley. Feeling rock solid, enduring, and persevering are themselves divine virtues.*

Tips: Part I: The physical world is where you will learn the most. It has the highest learning curve of any realm because we are constantly presented with conflicts, with the need to overcome our limitations, and with the struggle to survive.

Part II: As described by one mermaid queen, human beings live in a world of sorrow and loss. Survival is always in question and our world is governed by the principle of scarcity.

If you wanted to design a planet on which you would encounter the greatest challenges and have the greatest opportunities to transform

yourself, then this is it. The prime directive overriding all other prime directive is that on earth you not only get to decide what you wish to be.

Mysteries: Part I: Matter contains immense energy that you will not find in any spiritual realm. You can do things here—like Tesla inventing the electric motor using alternating current making the next century a completely different world.

Part II: A conversation with one of these spirits of the eartjzpme involves answering certain questions: “Are you perfectly clear about what you want? Are you willing to acquire the experience you need in order to accomplish your objectives? Are you willing to do the work? Are you willing to become like one of us, for we embody an absolute commitment; we are ever vigilant; we are tireless; we take nothing for granted; and there is no end to our love when it comes to protecting, sheltering, nurturing, and perfecting life on earth.”

Rule 9: Yesod, the Moon, the Foundation; the astral plane and inner harmony with the universe.

Virtue: Independence, inner strength, depth of feeling, soul awareness, innocence, happiness, satisfaction, contentment, inner peace, and being in harmony with your biorhythms.

Vice: Idleness, complacency, moody, depression, addictions, obsessions, guilt, shame, jaded, promiscuous, devouring, insatiable, self-deception, in denial, mentally unstable, paranoid.

Challenge: You get to discover for yourself what it is to be fully alive—what it is that makes you happy, content, and at peace with the universe. And so if you sense that something is missing from life, then you are free to search for it, find it, and share this wonder with others.

Magical Practice: *Part I: The power of dreaming--In manifesting something, image the future as if what you want is completely real right now in this moment.*

Part II: The Five Senses

Common Virtue: Contentment; Inner Peace with the Universe.

Exercise: Relax. Inhale. Exhale. And now find a place in your soul in this moment so that you feel an absolute contentment or a peace that arises from an inner oneness with the universe.

The Moon Said to me; Beautiful Park; The Knight and the Maiden

Magical Virtue: *The water element. If you simply imagine you are water you may change your brain waves so you can say, “I am pure and I purify. I am soothing, relaxing, and releasing. I am flowing, embracing, blending, and uniting. Infinite in adaptability, there is no end to my receptivity.*

“I am renewing, rejuvenating, and endless in giving. I reveal what is missing in others’ lives so they can feel fully alive. My love is everywhere. I am even there in the empty space between the stars.”

Tips: Others can give you pointers, hints, and even visions of what is hidden inside of yourself or missing from your life. But they cannot fill in for those things. You can partner up with others and also work as a team. But you cannot lay claim to another or possess someone in order to feel whole and complete. That is self-deception.

Mysteries: The astral plane is often downplayed and considered “inferior.” The four elements on the astral plane that enable us to feel fully alive are an electrifying enthusiasm, excitement, and conviction; pure innocence, endless giving, and perfect receptivity; the quiet ecstasy of doing what you love most with all of your heart; and the thrill of discovery and wonder—that the unknown universe is revealing itself as ever new in each moment we are alive.

Rule 8: Hod, Mercury, Glory; the quest for truth and knowledge and the ability to solve any problem.

Virtue: Alert, assertive, truthful, clear, brilliant, objective, concise, to the point, a judicial temperament, tolerance for ambiguity, convincing, persuasive, engaging, captivating, curious, and communicative.

Vice: Dull, dishonest, insipid, shallow, superficial, narrow-minded, intolerant, argumentative, opinionated, pessimistic, attached to ideologies, overly mental, rude, secretive, passive-aggressive, facetious.

Challenge: The mind inherently is as open and vast as the sky, as detached and clear as a mirror, and it has the ability to solve any problem that exists. Find this mind within yourself and live your life free of confusion and doubt.

Magical Practice:

Learn to perceive without thoughts intervening. This is the foundation of all magical traditions. This requires that you learn to stop your thoughts and, fully alert, sit in silence as you observe.

Common Virtue: Vivaciousness

Part I: Answer the question: What feeling (what aspect of the water element) brings fully to life our interactions with others?

Of course, you can easily see this in some young women. They are like sparkling, bubbly champagne. They bring with them a feeling of being alive and free. They are applied happiness, sweet and inviting.

Part II: The Exact Way To Tell When You Are With A Mermaid Woman

Magical Virtue:

1. Learn to argue both side of any position with equal clarity and enthusiasm. Make this a lifelong ambition. That is, before you take a position, make sure you understand the strengths and weaknesses of opposing points of view.

This involves developing a judicial temperament that can tolerate ambiguity. You weigh evidence and consider case studies without the need to form an opinion in advance. To do this you will need to learn to think others' thoughts without bias or prejudice. Police negotiators, screenplay writers, mediators, and genuine scientists are constantly practicing this.

2. Contemplation is being able to hold before your gaze all aspects of a situation without having to use thoughts to analyze or evaluate. This process generates insight into not only the patterns and organization of what is presented to you. It gives you a sense of what is hidden from view—what is behind and underneath what you are observing.

Tips: Beware the super ego. The super ego is the socially accepted norms, attitudes, opinions, and conclusions that are assumed to be true.

Check facts for yourself. Draw your own conclusions

Mysteries: Language and the Spoken Word

Kabbalah and the Spoken Word: Letters A, M, and U

Rule 7: Netzach, Venus, Victory; poise, charm, charisma, force and integration of the personality, stage presence, personal attraction, magnetism, and self-expression.

Here is found a secret only lovers know—how to become one with another's soul.

Virtue: Unselfishness, empathy, mastery of one's personal life. Beauty that draws together and harmonizes all aspects of oneself.

Vice: Lustful, selfish, deceitful, fake, jealous, entangled, entrapment, codependent.

Challenge: Find someone or something you love with all your heart, soul, mind, and strength. You will never meet the person you are meant to be until you love with this capacity.

Magical Practice: *Get your life together. Know where you have been, who you are now, and where you want to go. Examples:*

To summarize the process of acquiring an integrated personality, bring together your body, soul, and mind so they are in harmony. Treat each with respect. Unite them so you attain your greatest strength.

Common Virtue: Magnetic Love

Magical Virtue: Empathy. Magnetic love is holding another within your heart. It is caring for another as if the other person is part of yourself.

It dreams the other's dream as if that dream is one's own. In doing so, it creates a sacred space in which two become one. It is a sharing, but this sharing also includes everything the other person is and everything you are.

Tips: To avoid the intense isolation that often accompanies any type of original spiritual exploration, have an outlet where you share your experiences with others.

Mysteries: One of the mysteries of the planet earth is that the entire planet and astral plane are saturated with a love the human race knows nothing about. You can experience this directly by entering the mermaid realm which is an astral realm of enchantment that reflects and underlies the energies of nature.

Rule 6: Tipareth, the Sun; Beauty; harmony, balance of opposites, radiant light, inner union with the source.

Blessed are those who meet others in their darkest place and walk beside them back into the light, for there is no greater or more sacred celebration of life.

Virtue: Humility, meditation, peacemaking, conflict resolution, inspiration.

Vice: Pride, arrogance, vulnerability, manipulation, domination, psychic vampire.

Challenge: Find in your heart an inspiration as dazzling as the sun, as soft, serene, and as receptive as the moon, and as magnificent as the stars. Succeed in this endeavor and Life will set a path before you of unfathomable beauty and wonder.

Magical Practice: *Make Your Own Book of What Inspires You*

Common Virtue: Unconditional love. The feeling that best nurtures, preserves, and acts as a channel for inspiration.

Poem.

Magical Virtue: *Stillness. Psalm of Stillness*

Tips: As I mentioned, religions often take hundreds or thousands of years to gain a consensus concerning what is sacred. Tipareth, as I am discussing it, involves the individual becoming aligned not with a tradition or religion, but with the universe, with the divine, with Divine Providence, and the Creator.

A Conversation with an Arch Demon

The Shadow

Mysteries: The Higher Self

The mystery is the relationship between the personality—your conscious self—and your higher self. In place of higher self, we could say your true self, your better self, or the person you are meant to be. In place of one's higher self, we could simply refer to God, the Creator, one's Holy Guardian Angel, or even Divine Providence or akasha, etc.

Krishna Quote

Rule 5: Gevurah, Mars, Severity; Self-mastery, courage, and will power.

Virtue: strength, resolve, stamina, daring, decisive in action, determination, guarding, protecting, and preserving. Seizing opportunities as they arise.

Vice: fear, cruelty, brutality, rage, anger, hazing, abuse, hatred, dictatorial, domination, rigidity, wasting energy.

Challenge: It is not about you. It is about the creative powers of the universe flowing through you. They flow in each moment through your body, your soul, your mind, and your spirit. Take these creative powers into your hands and accomplish whatever purposes are set before you.

Magical Practice: Astral Equilibrium—the mastery of the self. *Everything that exists is expressed through the four elements. Master these in yourself. There is no end to this action.*

The Element of Fire

Fire has an electrifying enthusiasm, excitement, and conviction. It is power, exhilarating, dynamic, and expanding. It is will with a profound sense of purpose.

The Element of Air

The element air is sweet, delightful, and light hearted. It enables people to attune to each other. It establishes rapport so that a relationship is almost musical. And it enables one to feel at ease, balanced, and free. With it is the thrill of discovery and wonder—it perceives the unknown universe revealing itself as new in each moment.

The Element of Water

In water are love and sharing. The water element offers happiness, affection, contentment, and emotional support. You feel cleansed and purified.

The Element of Earth

The element of earth brings together and unites in itself the three elements of fire, air, and water. Here on earth all spiritual realms and all ideals, even the highest light, cloak themselves in form so that they can manifest, be seen, touched, and experienced as real.

Common Virtue: A quiet, ecstatic exuberance. The feeling that best inspires you to attain your objectives and accomplish your mission?

Magical Virtue: Astral immortality--unite to one or more elements in nature so that they become a part of you.

Those on the other hand who possess astral immortality with one or more elements do not deteriorate on the astral plane when they die. And they continue from infancy to embody the qualities of the element or elements they have mastered in former lives.

Tips: Everyone has their own way of letting off steam and engaging in casual conversation. But in regard to Gevurah, the rule is simple: Do not whine, complain, blame, or accuse others of being less valuable than yourself.

Mysteries: Balancing the Four Elements in Yourself.

Balancing the four elements within the self is no small task. The hard, cold fact is Homo sapiens has never been in balance with these four elements in the last two hundred thousand years of its existence. Our entire culture and civilization are skewed to deceive and deny us from undertaking such a task.

Rule 4: Chesed, Jupiter; Mercy; nobility, community, wealth in all aspects and planes, divine blessing, supreme success, luck and good fortune.

What honor to those who guard the gates of heaven unless they bring heaven down to earth and throw open its gates to everyone?

Virtue: Leadership, altruism, generosity, character, compassion, excellence.

Vice: Hypocrisy, corruption, political correctness, tyranny of convention, conformity, complacency.

Challenge: Life is short. Yet every individual is given opportunities to be of benefit to others. Leave the world a better place than the one you entered. And, if given the opportunity, design for yourself a life worth living that allows you to accumulate the experiences that makes you wealthy in body, soul, mind, and/or spirit. Then offer this wealth to others in a way that is beneficial and practical.

Magical Practice: *Magic is a study of how to make the best choices in life. To this end, find and practice a genuine and universal magical training system. Such a system increases your levels of awareness that overlay ordinary, 3 D reality. This awareness vastly expands what you can accomplish in life.*

An example is the system of self-initiation offered by Franz Bardon drawn from the Western hermetic tradition.

Common Virtue: Universal Love: Chesed love lays the foundations and provides the physical and spiritual wealth that empower people so that with greater ease they become fulfilled and live complete and satisfying lives.

Magical Virtue: Benevolence as divine blessing.

People have to make their own choices. Yet there is a magical power that blesses others' lives in all four aspects of Divine Providence. (See for example Bardon's cosmic letter G or my essay

Tips: Global Dreamtime

Dreamtime (definition): Dreamtime is the inner set of spiritual intuitions, feelings, ideals, and sources of inspiration that sustain and

motivate a particular community. Dreamtime defines for a group their sense of being home. It is a shared dream where individuals associate with others who have the same beliefs and similar soul vibrations.

Mysteries: Spiritual Community/Genuine Cosmic Religion.

Chesed/Jupiter establishes communities. This community of spirit is not just a set of friends and a well-connected organization. It is a community that has become a family. Its members are inspired by the heart of life and are committed to accomplishing the highest and greatest work that can benefit others.

A Few Characteristics and Works of such a Community
Sayings

Rule 3: Binah, Saturn; Enlightenment—understanding how the universe works.

“Defend the weak and the fatherless; uphold the cause of the poor and the oppressed. Rescue the weak and needy; deliver them from the hand of the wicked.” – Psalm 82:3-4

Virtue: Establishing justice, a judicial temperament, near super human patience, diligence, equanimity, equilibrium, guardian of the laws of the universe, recollection, contemplation, discipline, unshakeable self-esteem, humility, conscience, protector of spiritual paths. Also achievement—producing works of enduring value.

Vice: Negligence, fixation, failure to take responsibility, inattention, lack of conscience, anguish, sorrow, depression, corruption, criminal enterprise, degradation, oppression, feeling abandoned, alienated, and estranged.

Challenge: Life is whatever you want it to be. You are free to make your own choices. Yet, at some point sooner or later, you will discover on your own that no form or image defines consciousness. No attachment or tradition reveals its essence.

The lesson is that you are both within and outside of space and time. You are both subject to the limitations of life and yet all limitations exist

to be mastered. Observe life with complete detachment and nurture all things with profound tenderness and you will attain absolute freedom.

Accomplish this and every being will be your friend and wherever you travel or into whatever realm you enter you will be home.

Saturn is sometimes viewed as a nightmare, a dream filled with sorrow, loss, sadness, grief, disgrace, shame, failure, and pain. Saturn's voice speaks not of Jupiter's opportunities, adventures, and new horizons. Instead its path involves purification and transformation through ordeals until we finally attain absolute freedom.

Magical Practice:

Discover the deepest lessons you have to learn in this life. Now take the time and make the effort to learn them. No one can do this for you. The whole point of rule 3 is that you yourself learn to see what needs to be done in order to live in harmony.

Common Virtue: Gratitude, thankfulness, appreciation, and celebration of the gifts of the past.

Friendship and sharing enriched through experience, ripened with the years, achievement, satisfaction, and true contentment. Each is able to look back and say, "I have become the person I was always meant to be."

In such a case, we could say that our feelings, our heart, our sensitivity, our kindness, and our love and empathy have had Saturn as a spirit guide. She was tough at times, harsh, even incredible hard on us. But she did what she had to do in order to produce something wonderful.

Magical Virtue: Dissolving negativity, malice, hatred, hostility, etc. You have the right to be free of negativity in your personal space or whatever space you define as your sphere of action.

The practice for acquiring this virtue is quite simple. Simply imagine a vast empty space with nothing in it.

Voice of the Void: Cosmic Letter U

Tips:

Part One: North and South Nodes of the Moon

Part Two: Saturn and the Void--Ten Things to Learn

Mysteries: Creating Love Where Love Does Not Exist

Blessed are those who create love where love does not exist, for these have past the final test and now embody in their souls the mystery of the universe.

When you are placed in a situation where there is no love present, where there is no support or backup, can you create love where love does not exist? Accomplish this and you will be given the keys to all mysteries.

The void practice combined with empathy.

Sayings: *I am the dream of what you are meant to be flowing freely through you in each moment of time.*

Rule 2: Chokmah, Uranus; Wisdom, attaining your destiny, the future--perceiving what can be and then making it happen.

Blessed are you when you open your heart when there is no one there to respond, for the unknown future of bliss and wonder is now your friend.

I only exist to reveal the gifts that otherwise remain unknown.

Virtue: faith, conviction, adaptability, foresight, vision, clairvoyance, a divine mission, a divine partnership. Good listening skills. Joining two worlds.

Vice: failure to prepare; insufficient dedication; false assumptions, lack of vision, lack of imagination, inability to respond, absence of a plan B, the tragic flaw that ruins or diminishes your accomplishments.

Challenge: There is a time to be happy. There is a time to live in peace and harmony. There is a time to satisfy all your desires and to accomplish all your purposes and objectives. There is a time to stand back from life and reflect on lessons learned and where to go next.

Here in Chokman/Uranus, there is a time to unite with the divine as a partner, through an act of will and a desire to reduce suffering on earth, so that new gifts might be given to the human race of such value that they shall endure through all ages of the world.

Magical Practice: Dialoguing

Learn to listen so well that Divine Providence considers you part of itself.

A dialogue is magical when we converse with another person or being in a multi-dimensional way so that the interaction involves our subconscious, conscious mind, soul, and spirit at the same time.

Bringing everything we are into the conversation, there is a soul to soul, heart to heart, mind to mind, and spirit to spirit communication.

In this act, we are both in time, a part of history with all our limitations and our personal perspective. And we are also outside of time—in an awareness free of form or self-image that transcends any attachments or desires or needs. In such moments, an exchange can occur, a trade, and a giving, between the essence of one being and the essence of another.

Preliminary Exercises

Dynamics of Dialoguing. Case Study #1 and #2

Common Virtue: gratitude, thankfulness, appreciation, and celebration of the gifts of the future. Two of Cups.

Magical Virtue: Role Playing the Future

Examples: Ancient Order of Women. My dreams.

Tips:

Part I: The world teachers play this game in order to get the world to change—they reveal the divinity within just one of the four elements in a way appropriate for their age and their society.

Take responsibility for the world—preserve its balance; establish justice and harmony. You can certainly do this for yourself, your family, your friends, your group or community. You can also do it for your society. Simply answer the question: What is missing from my life (the life of my friends, my group, my society, the world)? How far you go depends on how much light your soul can hold.

Part II: There is one additional problem belonging to world teachers. It is a requirement of Binah/Saturn that every genuine teacher pass down to at least one other person the essence of all that they are learned, their own inspiration, their authority and commission. But this is quite difficult to do.

Part III: Wisdom. Poem. “Become the person you were always meant to be”

Mysteries: Divine Missions

Whoever saves one life, it is as if he has saved an entire world.
--Talmud

Franz Bardon refers to divine missions in a number of places in his writing. For example, in his book, *The Practice of Magical Evocation*, Bardon describes Cigila, a spirit of the sign of Pisces in the earthzone. List of divine missions.

Sayings

Rule 1: Kether/Neptune, the Crown; the Oneness of all Things.

"The universe will not end until every soul is found and every heart becomes pure light."

Virtue: higher or divine conscience, the qualities of a guardian angel, participation in the Great Celebration for which the universe was created, making things right.

Vice: dreamy, otherworldly, not in your body, confusion over the differences between the inner and outer worlds, a lack of respect for karmic limitations, a lack of interest in mastering basic life skills, stuck—repeating experiences without learning.

Challenge: “We are all one” so much so that in time it becomes easy to see others as oneself in another form. Yet this is something each person must discover on his or her own. Without direct experience, the words have no meaning.

“And yet in the end, which is also found in the here and now of each moment, all worlds, all realms, and all lifetimes are arrayed around us—all needs are met, all desires satisfied, all dreams fulfilled, all ideals manifested, all missions attained, and all purposes accomplished.

“Here now in this moment—Look within. You can feel and sense it—we are already whole and complete. There are no boundaries here and time and space do not constrain us.

“The planet Neptune has been placed in the sky to remind us that we are all one. One life flows through all of us. One sacred energy animates and renews us. Here, amid divine vision, we finally discover for

ourselves that the journey was worth taking, for we see with perfect clarity there is no separation. Only oneness exists.”

Magical Practice: The Great Now—Mindfulness as Akashic Awareness

Blessed are those who let go and flow as each moment unfolds, for they shall see through the eyes of God.

My only wish is to be in the moment and to enjoy every second of it.

--Sun Twirl

There is no ‘I was’ or ‘I will be.’ Only ‘I am.’”

--Moran

The akasha principle ignores time and space, acting permanently in the present time, for the concept of time depends on our senses, the magician is advised to adapt himself as much as possible to akasha.

-- Franz Bardon

She is a clear mirror that invites you to look at yourself without judgment and decide who you want to be in each moment.

--Elle describing the hybrid child Lily

Relax. Imagine you are inside of a hologram of a magic ball. On the surface of this sphere, the vast depths of space and time open around you. Past, present, and future are equally present. They are all here, encompassed within a great Now.

And yet you are fully present in your historical circumstances and in your physical body. Reality has many dimensions and consciousness is simultaneously aware of collective unconscious, subconscious, physical, astral, mental, and akashic planes. Like a silent whirlwind whose wings embrace all of time and space, you are in the still center. Everything moves around this moment here and now.

“Mindfulness is the psychological process of bringing one's attention to the internal and external experiences occurring in the present moment.” (Wikipedia.org).

*By contrast, we can all this practice **akashic mindfulness**. Everything is occurring in this present moment. Your mother beating you when you were three years old or the moment when you met a woman you love?*

Those moments are also equally a part of “the internal and external experiences occurring in the present moment.”

Aspects of akashic mindfulness

Common Virtue: a thankfulness, gratitude, appreciation, and celebration of the gifts of elemental water, water in nature welling up and overflowing. Ace of Cups.

Magical Virtue: *balancing masculine and feminine--androgyny*

Masculine and feminine have never been in balance in Homo sapiens.

We have no idea what gender equality would be like where masculinity and femininity are treated with equal respect, given equal opportunity in society, and where their sacred union is understood as being the perfection of divine creativity.

The Feminine

The Masculine. Poem on receptivity.

Tips: Imbalances of Kether/Neptune. Kether too strong and Kether too weak.

Mystery: Multi-dimensional awareness

The magician calls many realms his home and many races of beings consider him one of their own.

It does not matter in what realm you are as long as in your soul you feel free.

--Mermaid Queen Isaphil

When you are outside of time every moment exists at once. It is hard for me not to talk about alternate realities because everything is happening right now. Eventually humans or their replacements will realize linear time is self-imposed. Time is an illusion but the experience of time is real.

--Elle

Let us take a look at this possibility of participating in different realities. On a practical level, this occurs when you are simultaneously aware of this world in which we exist and one or more other realms.

Realms of salamanders, mermaids, sylphs, and gnomes

Fairy Realms, astral Kingdoms, lineage Masters, planetary spheres, starseeds

To summarize, all worlds, all realms, and all lifetimes are arrayed around us. Whatever race of beings we are, we evolve by expanding our awareness to include and then move beyond the boundaries and limitations that define our lives. The hologram of the universe is reflected inside of us. In the end, to know ourselves is to become one with everything.

Appendix B: On Becoming a Man or How this Book Might Have Begun

(from the book, *Magic and Enchantment*)

Son: “Dad?”

Dad: “Yes son.”

Son: “I think this would be a good time for you to pass down to me your esoteric, oral tradition.”

Dad: “What kind of tradition did you have in mind?”

Son: “I was thinking that since you are a 32nd degree Mason and since 14 U.S. presidents were Masons along with 13 signers of the Constitution maybe you have some sort of Masonic truth you could whisper into my ear so that I can make the transition from childhood to manhood?”

Dad: “No. Actually, all my Masonic initiations were more or less just social events. It was about making business connections. The Masons at this time in history have lost all their ties to the original magic that governed the unfolding of the universe.”

Son: “Well then, in your travels in the Middle East, perhaps you met some Sufis who initiated you into the evocation of archangels which you

can pass down to me so that I can speak to the archangels myself face to face. I would like to see for example the sky filled with vast choirs of heavenly hosts as it does when one sees Gabriel. Or else I would like to speak to Michael so that any battle I undertake in life results in absolute victory.

“After all, I do not want to live the way Christians have lived for two thousand years—those people are in a terrible position in regard to their faith because they have no direct contact with the spiritual worlds. Everything for them is “through a glass darkly.” I mean, they believe whole heartedly in devils but, for all practical purposes, they think of angels as fiction.

Dad: “Actually, all the Sufi masters I met told me more or less that there are no Sufis without orthodox Islam. Though the magic is there in no small measure, it would have been like trying to get Billy Graham to explain to you how to enter the presence of God. He never had any interest in God, just on setting the world on fire with his brand of evangelism.”

Son: “Well, how about China? I mean you were the attorney for a number of major U.S. corporations when they set up their first factories in China. Did you perchance meet any Taoist masters who taught you how to gather and refine male yang jing, the masculine sexual essence, so that it transmutes into the Golden Flower producing a body of light and also astral immortality?”

“I mean I am on the verge of puberty. And I sure do not want to be a slave to my sexual desires the rest of my life, desires that can never truly be satisfied because they are in their essence insatiable and unending.”

Dad: “Well, actually I spent a few months with each of two Taoist masters. But it turns out that their practices only work within the context of a feudal society in which men dominate women.

“Believe me. If I had any capacity whatsoever to be free of my insatiable and utterly unsatisfactory sexual desires you would never have been born.”

Son: “Well, I know you lived in England for two years and were in cahoots with the aristocracy. Did any of them by chance make it part of their study to investigate the ancient traditions of the druids? I know for a fact that the poet, William Butler Yeats, was the chief of the Order of Bards, Ovates, and Druids, though no one in university literature departments knows that about his life.”

Dad: (Waving his hand). “Yes. Yes. I was required to put on a robe and attend druid ceremonies in groves and among standing stones. But the druids, like Steiner’s Waldorf schools, never reconciled the incomprehensible pace and acceleration of modern technology—you know, Ford, Edison, the Wright Brothers, Einstein, Heisenberg, Hubble, and Oppenheimer--with the exploration and integration of the soul. These two worlds, of the inner and outer self, have and still remain separate for thousands of years.

“Is that it? Or is there something else you have on your mind?”

Son: “Wait. What about theosophy and the West’s gradual understanding of yoga—you know, Shakti ascending the spine and joining with Shiva in the crown chakra through the refinement and purification of the nadis and vitality in the physical body? Weren’t you located in Mumbai for six months where you helped write the regulations governing the Bombay stock exchange?”

Dad: “It is true. You can’t really walk from one end of town to the other without running into several Swamis or students of gurus who invite you to meet their masters.

“Yes. Yes. I caught the scent of bliss in which the gurus sit with their intoxicating chants and their bright smiles and auras of radiant light. The thing is my body cannot twist and bend to sit in a lotus position. And

seeking God is not part of my family tradition in any way similar to what occurs every day and everywhere in India.”

Son: “Well, I know when you first got out of college you worked for two years in Tuba City. While you were there didn’t you ever attend a Navaho sand painting ceremony like the Blessing Way? You know, where the individual’s body and soul are renewed by identifying with the gods of creation. They chant:

*In Tsegihi [White House],
In the house made of the dawn,
In the house made of the evening light*

“Or else you must have met some Navaho or Hopi shaman who possessed mysterious psychic powers?”

Dad: “No. I never made it to a sand painting ceremony. I was once invited by a drummer to a sing that lasted all night until dawn. I was the only white man there. Luckily, I had a few cartons of cigarettes in the trunk of my car. I gave them out freely. I was very popular.

“As for shaman, try reading Carlos Castaneda’s writing on the Yaqui sorcerer Don Juan. His writing is very imaginative the way he romanticizes the desert. But in the end he died of liver failure and of too much sex. If you are trying to make it through puberty, Carlos Castaneda would be the wrong person to help you.

“No, the best that men have come up with in regard to taking command of their sexuality is found in the Amish, the Hasidic Jews, the Orthodox Muslims with their four wives, the orthodox Hindus, or the polygamists of Utah, etc. They have clearly defined gender roles and so the male is able to survive intact in those circumstances. But now everyone takes for granted that clear gender definitions have come to an end with the beginning of modern society.”

Son: "Okay. I am onto you. I see what you are up to here. You actually do have something worth saying to me, don't you? You just wanted me to set up a dramatic context so that what you say is appreciated for what it is."

Dad: (sighing and taking a deep breath, exhaling). "This is what they do not teach you in sex education in school or in the soft porn of Hollywood movies--

"A woman's form is a magic mirror. Her body is shaped in a way that a man's mind can neither grasp nor imagine. She distills and embodies the beauty of nature. Men have no such reflective power.

"A woman can pour a man a cup of love. She can offer a man to drink of her body and soul. In so doing, she gives him a taste and a vision of what is hidden in himself.

"But a woman cannot complete for a man the journey he must take in order to find that beauty and oneness with nature within himself. His union with her will always be incomplete if he cannot first unite with the feminine spirit.

"Value truth as much as love. Persevere with all your strength when you gaze into this mirror that is femininity. See beyond your personal desires.

"The path to self-knowledge is full of obstacles and barriers. There are places within the soul where men may not go. The waters are too deep. The flow is too pure. If a man dares enter the feminine mysteries he will drown.

"And there are places within the spirit where women may not enter: beyond the worlds of form opposites are overcome and the joy found there is infinite. If a woman dares to enter these masculine mysteries she will be burnt to a crisp.

"Now here is the epiphany, the risk, the reason why a man ejects 500 million sperm with the possibility of only one fertilizing the female's egg. This drama is played out on a microscopic level in every human birth that takes place on earth--

“If a man could so enter and survive the Earth's womb, to dissolve within that dark place and not lose his masculinity; if a woman could journey into the heart of the sun and survive its fires and its light without loss of her femininity, then their spirits would no longer be subject to the gender limitations imposed by their anatomy and by society--

“They will cast off their mortality and put on immortality. Such individuals are then appointed as the guides and Guardians of the Earth and of evolution.”

Son: “You would pass down to me a spirit quest for something that is impossible to attain?”

The father holds his hand out palm down and shakes it left and right. Then he says, “Well. Let me put it this way. I wish you luck and success where I myself failed.”

Son: “Is that it, then?”

Dad: “A Zen master once told me when I worked in Japan, as we were sipping sake while sitting late at night on the steps of an old Shinto shrine, ‘The perfect path is always easy to follow. Strive hard to find it!’”

Son: “I do not feel I am getting your full attention.”

The father looks at his son for a minute and then he says, “Okay. I was planning to set aside some money for your inheritance. But considering your relentless interest in initiation, I have a proposal.

“What if I put three million dollars into a foundation. When you are twenty-one years of age, you can take charge of this foundation. Call it a research institute dedicated to the rebirth of the Freemasons, but now it will be in another form without ties to any specific tradition.

“Rather, study all these traditions you have mentioned. Invite the various masters and gurus from all over the earth to come and give seminars. Extract the universal elements from each lineage and then use them to build a new system of spiritual training, one free of cultural bias.

Distill a wisdom that is in harmony with the greater universe, for originally that was the ultimate aim of the Freemasons.

“Then develop a curriculum that anyone can study who wishes to play both a productive and a creative role in society.

“As I once discovered, perhaps you too will realize that it is up to you to become the man you wished your father had been. I can give you a means to start a journey. But it is your task, as it is each man’s task, to become the person you wish to be.”

Son: “Thank you. I will finish what you have begun.”

